



# Wanderings

newsletter of the  
**OUTDOORS CLUB INC.**

<http://www.outdoorsclub.info>

CLUB FOUNDERS: Alan Kaye, Dorothy Lovitz, Michael Pertain, Roger Coco

**ISSUE NUMBER 92      PUBLISHED TRI-ANNUALLY      Mar-Jun 2009**

The Outdoors Club is a non-profit 501 (c) (3) volunteer run organization open to all adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety and the well being of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. If unsure what to wear or bring with you on an activity telephone the leader. **Nonmembers pay one-day membership dues of \$3.**

**Helen Yee writes... It is with deepest sorrow that we bid farewell to Lili Rausen and Bob Aronson.**

Lili Rausen was a dear friend and co-leader of mine for 17-years. It is a very sad time for me, and if you would like to say goodbye to Lili, and offer your condolences to her family and me please join us on Sunday, March 15<sup>th</sup>.

Bob Aronson's obituary appeared in the Villager. We will certainly miss him. In memory of Bob two hikes will be led. The first on May 17<sup>th</sup> by Frank Bamberger to Fire Island; and another on June 28<sup>th</sup> by Ray Krant from Sleepy Hollow to Pleasantville. Please join them as we say goodbye to Bob.

**MEMBERSHIP DUES HAVE CHANGED FROM ONE YEAR TO TWO YEARS. One year dues are available at a higher rate. CHECK YOUR MAILING LABEL NOW FOR EXPIRATION DATE! RENEWAL NOTICES WILL NO LONGER BE SENT. Your dues will increase if we have to send out renewal notices. IT TAKES 8-TO-10 WEEKS TO PROCESS YOUR RENEWAL. PLEASE DO NOT STAPLE CHECKS OR SCOTCH TAPE ENVELOPES. Some leaders will be asking members for proof of membership so please carry your membership card or schedule on activities (the expiration date is on the top line of your mailing label).**

**INQUIRIES, COMPLAINTS AND SUGGESTIONS** – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to [hbmanjee@yahoo.com](mailto:hbmanjee@yahoo.com). If you do not receive your NEW schedule by the last week before it expires, please call Lenny at 917-842-9490 or send an email to [hbmanjee@yahoo.com](mailto:hbmanjee@yahoo.com).

**The Outdoors Club Yahoo Group! has been created to notify members via email of outing cancellations, changes, and impromptu outings not published in the schedule. Some leaders, like JohnCarr, are no longer publishing but using the Yahoo Group exclusively. We must have your email address for you to receive notices. If you did not submit it please email to [hbmanjee@yahoo.com](mailto:hbmanjee@yahoo.com).**

**We want to welcome Ludwig Hendel as a new leader for the Outdoors Club. Ludwig is a Rambler, and will be leading some challenging hikes on 3/26, 4/26 and 4/29. There are too many weekends with no easy walks. Please volunteer to lead an easy walk. Also, we need another editor with MsWord and email.**

**The following two hikes are for 2/28 SAT: BYRAM RIVER GORGE – 6 miles, moderate pace. See a hemlock gorge that stays green year round. Maybe there will be white snow, a blue sky and a yellow sun. Bring lunch and an extra pair of socks. Greenwich, Connecticut hike. No smoking on hike. Meet at Grand Central Terminal, upper level, information booth at 9:30 am. Fare: \$16, seniors \$10, ½ from Bronx. Leader: Mayer Wiesen (516-671-2095, before 10:30 pm). **TWIN LAKES PRESERVE**, Wantagh, L.I. 6-7 miles, flat circular hike. Spectacular scenery. This gem comprises 5 fresh water ponds with a variety of waterfowl and picturesque nature trails. Visit to a pet cemetery. Bring lunch/hot drink, and binoculars. Dress warmly. **NO SMOKING ON HIKE.** From Penn Station, board the LIRR train on the lower level at 10:40 AM to Wantagh. From Flatbush, Brooklyn at 10:42 (change at Jamaica), and from Jamaica at 11:05, arriv. at 11:34. Meet downstairs inside Wantagh Station. Fare: O/W \$7./Srs. \$4.75, less from Jamaica. Leader: Rolande Chapeau. Cars may park there. Light snow we go! Non-members \$3.**

Roz Reine and Helen Mangione-Yee

3/1 SUN, WESTCHESTER HUDSON SHORE WALK, Ossining to Croton Point & Back, 8 miles, moderate steady pace. We try to hike as close to the shore as possible. We begin in historic Ossining, hike the O.C.A. & Rt. 9 bike path to Croton Point Park, then to the Croton Nature Center, a recently re-opened beach & other points of interest in this 500 acre peninsula park. Snow or ice may limit route or cancel. Bring lunch/water. Take 10:20 MetroNorth to Ossining at Grand Central Station (check schedule for changes); drivers park/meet in Ossining at 11:10. Return is from Croton by rail. Leader: Hal Kaplan 914-376-3156, call for hike message on answering machine beginning Sat. a.m. (driving directions via google map: Secor Road, zip 10562).

3/7 SAT, BROOKLYN BOTANIC GARDENS TO GREENPOINT, 5-6 miles, residential and very industrial, easy/moderate steady pace. Eat lunch, use bathrooms and visit the Gardens/Museum BEFORE the walk! We'll walk through the neighborhoods of Prospect Heights, Ft. Greene, Clinton Hill, ending at a Polish restaurant in Greenpoint. Take #2 or #3 subway to Eastern Parkway stop. Meet outside the Eastern Parkway entrance to the gardens at 12:30 PM. Leader: Helen Mangione-Yee 212-348-5344 call day of walk only 8-9 AM. Rain, ice, snow, etc. may cancel call. Nonmembers: \$3.

3/7 SAT, DOBBS FERRY CIRCULAR, 11 miles, moderate with many ups and downs. North thru Juhring Park, Irvington Woods, East Irvington Nature Preserve and Taxter Ridge. South on OC Aqueduct. No dropout point. Rain/snow cancels. Bring lunch/water. Return by Bee-Line bus. Hiking boots essential. Meet 9:40 AM below 242<sup>nd</sup> Street station, park side, last stop on #1 train for Bee-Line bus. Cost: Metrocard. Leader: Joel Pomerantz 212-691-3844, confirm by 9:30 PM. Nonmembers: \$3.

3/8 SUN, FORT LEE and TOKYO in Weehawken, NJ. 5-6 miles, easy. Walk on the G.W. Bridge then visit Fort Lee Museum and trails. Continue down on sidewalk and path to Weehawken along the shore to eat lunch at Mitsuwa Market (Cafeteria). Bring lunch/water OR buy there. **NO SMOKING ON WALK.** Take A train to 175th St. Station and walk to GWBB Terminal, information area at 10:00 AM. Fare: way back, bus 188 either to G.W. or P. Authority, approx. \$1. to \$1.90, mini bus to PABT \$2. Leader: Rolande Chapeau. Blizzard cancels! Non-members \$3.

3/8 SUN, SOUTH BEACH TO OAKWOOD BEACH, STATEN ISLAND. 6.5 miles, moderate pace. Scenic hike along south shore of Staten Island among the attractive natural habitats there. Walk on Boardwalk and beach. Great views of lower New York Bay. Bring lunch/water. Meet 10:15 AM in waiting room on Manhattan side of Staten Island Ferry Terminal. Cost: Metro card. Nonmembers: \$3. Leader Ray Krant 718-435-4994. Joint hike. Nonmembers: \$3.

3/8 SUN, STATEN ISLAND GREENBELT, 8 miles, brisk pace - Walk Greenbelt from Willowbrook Park to La Tourette. Call for meeting time and to confirm. No drop offs. Mike Pollack 718-648-3424 [lpollsnop@yahoo.com](mailto:lpollsnop@yahoo.com). Nonmembers: \$3.

3/11 WED, BROOKLYN AND MANHATTAN BRIDGES, 3 miles, leisurely walk. Beautiful views of the Manhattan financial district, and panoramic views of the City. We'll walk across the Brooklyn Bridge, then the Manhattan Bridge, and have an early dinner in Chinatown. Inclement weather cancels. Meet at the base of the Brooklyn Bridge pedestrian overpass, Manhattan side, opposite Manhattan City Hall at 2 pm. Leader: Marvin Preiss (212-228-0484, evenings before 10 pm). Nonmembers: \$3

3/14 SAT, THE HISTORIC PUBLIC SCHOOLS OF CBJ SNYDER: FORT GREENE TO WILLIAMSBURG, about 8 miles, city streets, good pace. Take the #2, 3,4 to Nevins St., R or Q train to DeKalb, and meet at 11:00 a.m. in front of LIU (or in the lobby if it's cold) on Flatbush at DeKalb. We'll walk through Fort Greene, Clinton Hill, and Williamsburg, looking at public schools designed during the turn-of-the-century Progressive Era by CBJ Snyder, who influenced school design across the country. Those who want to at the end can walk (against the tide of immigrants) across the Williamsburg Bridge back to Manhattan. Bring a sandwich and water. Leader: Jean Arrington, 646-290-4119.

3/14, SAT, BAY HEAD TO MANASQUAN INLET. Around 8 easy miles on streets, fitful pace. Walk past inlets and ponds along Jersey shore between Bay Head and Manasquan Inlet, stopping from time to time to look for interesting wintering and migrating birds. Bring lunch and water – binoculars recommended. Meet 11:20 AM at Bay Head, NJ RR Station. Take 9:07 North Jersey Coast train from Penn Station to Bay Head. Leader will board train in Secaucus. Joint Hike. Leader: Craig Nunn 551-206-6823 (cell phone) or [dystopicnj@yahoo.com](mailto:dystopicnj@yahoo.com). Bad weather cancels. Call leader morning of hike after 6:00 AM if uncertain.

3/15 SUN, MEMORIAL WALK FOR LILI RAUSEN IN NORTHERN MANHATTAN, about 3-4 miles, some ups/downs, easy pace. The walk was researched and scouted by Lili who lived in Washington Heights for many years. It includes many of her favorite neighborhood places. Arrive early and have lunch, use the bathrooms, and visit the Hispanic Society of America Museum before the walk starts. Museum opens 1 PM and the North Building Galleries at 1:15 PM. Meet **PROMPTLY!!!** 1:45 PM in front of the Museum on Audubon Terrace (between 155<sup>th</sup> & 156th streets & Broadway). Join us after the walk for an early dinner in Inwood. Rain or shine! Take #1 train to 157th Street & Broadway. Leader: Helen Mangione-Yee questions call on morning of walk 9-10 AM only 212-348-5344.

3/15 SUN, ROCKWOOD HALL. A leisurely stroll of about 4 miles through this rolling section of the Rockefeller State Park Preserve with its sweeping views of the Hudson and old stately trees -- then continuing on the Old Croton Aqueduct to Scarborough, where we will end up in time for the 3:06 train back to the city. Lunch in Phelps cafeteria -- bring your own or

buy it there. Call or preferably email me beforehand to make sure that the walk is on. Take the 10:20 Hudson Line MetroNorth train from Grand Central, arriving in Philipse Manor at 11:12 (RT fare: \$15/\$10Srs.) This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway line (RT fare: \$7.50/\$3.50Srs.) Please sit in the first or second open car of the train. Buy round-trip ticket to Scarborough (same fare as to Philipse Manor). No pets; no children; no smoking. Joint with other clubs. Bob Susser, 212 666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

3/18 WED, BROOKLYN WALK, SUBWAY MUSEUM (free admission), easy walk. Mid-east food, Trader Joe, other interesting things. Meet at 10:15 at the outdoor plant showplace/shop just across from the Williamsburgh Bank Building. Atlantic Ave. Subway B,Q,2,3,4,5 trains. Bring a snack and water. No go in rain. You must call leader, Judy Mahler 718-692-2854, the day before between 5-8 PM to confirm. Nonmembers: \$3.

3/21 SAT, STATEN ISLAND GREENBELT, 4-5 miles, easy/medium steady pace. Celebrate spring in the Greenbelt, but wear good shoes, it might be muddy. Bring lunch and beverage. Take #1/R train to South Ferry to take the 10:30 boat and meet leaders at the S74 bus, B ramp. Drivers or people from Brooklyn, call for directions. Leaders: Steve & Bettye Soffer, call 7PM-9 PM (718) 720-1593; on day of hike (917) 270-9967. Nonmembers: \$3.

3/21 SAT, GRAND ARMY PLAZA TO CHINATOWN, 5 miles, slow relaxing pace - flat city hike. From Grand Army Plaza down Union St. and over to Court St. Then down Court St. to Brooklyn Bridge. Across bridge to Chinatown, ending hike at Chinese restaurant. Meet 10:30 AM at Brooklyn Library steps at Grand Army Plaza. Take 2 or 3 subway to Grand Army Plaza stop & walk towards the Soldiers' and Sailors' Memorial Arch. Leader Phil Tate 212-242-5384 (after 7 PM). Nonmembers: \$3.

3/22 SUN, FT. TILDEN TO BREEZY POINT, 10 miles, brisk steady pace. Meet at end of #2 subway (Brooklyn College - Flatbush Avenue stop). We will take Q35 bus to Ft. Tilden, walk to Breezy Point, and back to pizza store at 137th Street. You must call to confirm for details and time - Message on machine starting Thursday before walk. Leader: Julia W. 718-438-2642. Nonmembers: \$3.

3/25 WED, HAMILTON NJ TO PRINCETON NJ, a moderate paced hike along the canal towpath of about 11 miles. We will take NJ Transit (train) from NY Penn Station to Hamilton, NJ then start walking, going through the Institute of Advanced Study's woods and past a Revolutionary War battlefield to get to Princeton where we will either get a bus or a train back home. Bring lunch and something to drink. Call leader, Oliver Wayne, 917.415.2567, for meeting time at Penn Station NYC. Nonmembers: \$3.

3/26 THURS, HIGH BRIDGE CIRCULAR, New Jersey Hike, 8 miles, moderate steady pace, mostly flat. We'll take the Columbia Trail going through Ken Lockwood Gorge, and return on the Raritan River Road. Wear hiking boots. Bring lunch/water. Meet Penn Station, NJ Transit ticket windows (7<sup>th</sup> Avenue) at 9:10 to take 9:37 AM train to High Bridge. Must call leader to confirm, Ludwig Hendel 718-626-3983 Wed. (3/25) between 9PM-11PM only

3/28 SAT, GARRISON CIRCULAR, 10 miles, forested, rolling hills along generally unimpeded trails. Excursions on the Appalachian Trail, Curry Pont Traverse, and a return from the Arden Point River overlook of West Point. A moderate pace with climbs. Bring lunch and water. Meet GCT information booth in the ticketing area at 8:20 AM for the 8:50 AM train to Garrison NY (R/T). Total fares: \$20/\$13.50 seniors. Leader: Marvin Malater 718-376-3608 must call for hike status/schedule. Joint hike. Nonmembers: \$3.

3/28 SAT, FORT TRYON TO FORT LEE, 5 or 8 miles, on pavement but some hills. Starting from Dyckman St. we will walk up to the Cloisters then past sites of Fort Tryon and Fort Washington then over the George Washington Bridge to the Fort Lee Historic Park. Plan to eat lunch overlooking the Hudson. We will end 5 mile walk at the bus stop in Fort Lee. If conditions are good those who wish may continue to Shore Path - a steep down - to the Englewood boat basin and up to get a bus from Englewood Cliffs. Bring lunch/water. Meet at 10:30 SW corner of Dyckman and Broadway (A train stop). Use toilets in McDonalds or in playground. If you wish to visit the Cloisters do so before the walk, they open at 9:30 am, & we will pass in front at about 11. Rain, snow or high winds cancels. Leader Richard Sklar 718-782-7732. Nonmembers: \$3.

3/28 SAT, THE HISTORIC PUBLIC SCHOOLS OF CBJ SNYDER: RIDGEWOOD TO JAMAICA, 10-12 miles, city streets, good pace. In our exploration of turn-of-the-century Progressive Era schools by CBJ Snyder, we'll get to circle the Ridgewood Reservoir, which was abandoned in the 1960s. During one particularly hot spell during the 1920s, the walkway around the Reservoir was left open at night and 10,000 people slept there. Take the L train to Myrtle-Wyckoff, and meet 10:00 a.m. at the corner of Gates and Wyckoff, just outside the station. Bring lunch and water. Leader: Jean Arrington, 646-290-4119.

3/28 SAT, CRANBERRY LAKE CIRCULAR, moderate, 7 miles. Explore marked trails in a Westchester County Park, north of White Plains, lunch at picnic tables. Some boardwalk walking. No smoking on hike. Bring lunch/water. Meet 9:30 AM at GCT, upper level info booth. Fare \$15, half from Bronx. Leader: Mayer Wiesen 516-671-2095 call to confirm to 10:30 PM. Joint hike.

3/29 SUN, FLATLANDS TO PARK SLOPE, about 7 miles, easy/moderate steady pace, some ups/downs. We will visit 3 Dutch Reformed churches built according to the mandate of Governor Peter Stuyvesant. Meet at 11:30 am after lunch in front of McDonald's at 2154 Nostrand Avenue just off Flatbush Avenue. Use bathrooms in Target, McDonald's or Brooklyn College before walk. Take #2 subway to Flatbush Avenue (last stop). Bring MetroCard to take B41 bus to Kings Highway. Bring snacks, water, no lunch stop but optional early dinner. Rain may cancel call. Leader: Helen Mangione-Yee questions call morning of walk only 8am-9am 212-348-5344. Nonmembers: \$3.

3/29 SUN, AN APRIL FOOL'S JOKE ON NEW YORK CITY, city walk, 2-3 miles, very easy pace. We will see things in lower Manhattan that were not originally planned including a street that no longer exists. We also learn of a battle between two great artists who, when they were alive were probably neighbors. Meet me at 11:30 AM in the alcove on the southwest corner of 34<sup>th</sup> Street & Seventh Avenue. Leader: Bob Ward 718-471-7036. Joint walk. Nonmembers: \$3.

4/4 SAT, SOUTH MOUNTAIN RESERVATION, Milburn, NJ. 6 - 9 miles. Hike along two trails, possible 3 mile extension mid hike, where others can wait at picnic area if they choose. Some crossing of streams. One 400 ft. hill at start of hike- then small hills throughout. Moderate pace. No runners please. Wear hiking boots. Bring lunch and at least 1 quart of water. No dropoffs. Use bathroom on train. Hike rain or shine unless pouring in the a.m. NJ Transit train leaves Penn Station, 34th St. around 9 a.m. Hike lasts till about 4 p.m. Call to confirm and for exact time of departure. Approx. \$10. round trip. Call after 8 p.m. No calls returned. Judy Levine 718 482- 9659. Nonmembers: \$3.

4/4 SAT, HOBOKEN TO UNION CITY, 4-5 miles, moderate, mostly flat. We will begin our Hike at the Hoboken PATH Station and hike to Union City (Lincoln Harbor Light Rail Station), where you'll be able to take the light rail back to the Hoboken or Pavonia PATH Station. We'll see Sinatra Park, Stevens Institute of Technology, and other nice views of New York Harbor. Rain cancels! Bring water. Meet Hoboken Rail Station Terminal (Near Hoboken PATH station) in the waiting room at 12:45PM. Fare PATH \$1.75/Seniors, and Light Rail \$1.90/Seniors 95 cents. Joint Hike, Edward Leibowitz 201-332-1709; Cell 201-850-9649(Call on cellphone only Day of Hike after 12:00 PM). Nonmembers: \$3.

4/4 SAT, GARRISON. Woods roads and trails. A long fairly gradual uphill at the beginning, downhill at the end, but otherwise mostly gently rolling hills with no scrambling. Around 7 miles at a moderate pace. Call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:45 train from GCT arriving in Garrison at 10:58. Fare: RT\$20.50/Srs.\$13.50. Or, take the 9:40 local at the Marble Hill station (a short distance from the 225th St. stop of the #1 subway) changing at Croton-Harmon for the express. Fare: RT\$15.50/Srs.\$7.50. Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 4. No children; no pets; no smoking. Joint with other clubs. Bob Susser 212 666-4371; rsusser@aol.com.

4/5 SUN, GARRISON-ARDEN POINT & SUGAR LOAF SOUTH, 7 miles, moderate pace. We use the Blue trail which eliminates the road walking to Sugar Loaf South. A short lunch at the Sugar Loaf view point, then back to Arden Point with its Hudson River views for a second short lunch. Afterward a water break at the North end viewpoint and then back to Garrison Landing. Inclement weather cancels. Take 10:55 MetroNorth to Garrison at Grand Central Station (check schedule for changes); drivers park/meet at commuter lot at noon. Leader: Hal Kaplan 914-376-3156, call for hike message on answering machine beginning Sat. a.m. (driving directions via google map: Lower Station Rd zip 10524).

4/5 SUN, EAST RIVER WALK, moderate to steady pace - observe an amazing flower and fish display including tropical birds, parrots and turtles. Walk along the East River and see interesting sights along the way. Hike ends at South Street Seaport. Bring lunch, water, sunscreen. Meet at Rusk Institute 34<sup>th</sup> St & First Av at 12:45 PM. Take any train to 34<sup>th</sup> Street and crosstown bus to First Avenue. Leaders Sam & Esther Dorfman, no phone calls. Rain cancels. Nonmembers \$3.

4/5 SUN, BROOKLYN BRIDGE, PROMENADE, SUPPER IN BROOKLYN HEIGHTS, about 3 miles, wear walking shoes. Meet 5pm, near splashing fountain inside City Hall Park (outside City Hall). Take 4,5,6 to Bklyn Bridge/City Hall; R,W to City Hall, 2,3 to Park Place, J to Chambers St. Ask directions to fountain-it's nearby. Before walk use bathrooms in J&R or Starbucks. If rains hard-don't come. Leader: Susan B. Nonmembers: \$3.

4/11 SAT, HARRIMAN PARK, 7 miles, moderate pace. Come for a walk in the woods - some very steep climbing on rocks. Not for faint of heart. Call for meeting info and to confirm. Mike Pollack 718-648-3424 [lpollsnop@yahoo.com](mailto:lpollsnop@yahoo.com). Nonmembers: \$3.

4/11 SAT, LOOK WHAT THEY'VE DONE TO HOBOKEN & JERSEY CITY, 6 miles with many drop out points. All on pavement, along waterfront and streets. With moderate uphill to Jersey City Heights, on to Journal Square then downhill to Grove St. past City Hall and along waterfront to Pavonia. Take 9:12 PATH train from 32<sup>nd</sup> St. Meet by NJ Transit waiting room (use rest rooms) for 9:50 start. Bring lunch. Fare R/T PATH \$3.50. Leader: Richard Sklar 718-782-7732. Nonmembers: \$3.

4/11 SAT, ROCKAWAY PARK TO FORT TILDEN - 5 miles. Mostly beach hike from Rockaway Park 116<sup>th</sup> St. to Riis Park to Fort Tilden, then back to Bakery at 129<sup>th</sup> St. Belle Harbor, ending hike in Italian bakery. Meet 10:30 AM at 129 St. Rockaway

Park. Take Far Rockaway (A) train to Broad Channel. Take Shuttle to last stop Rockaway Park. Leader Phil Tates 212-242-5384 (after 7 PM). Nonmembers: \$3.

4/12 SUN, BROOKLYN/QUEENS PARKS, 8 -10 miles - Meet at Broadway Junction token booth (only one) – Take A,C, J,L train. We'll be walking through Highland Park and Forest Park. You must call for details, and time - Message on machine starting Thursday before walk. Leader: Julia W. 718-438-2642. Nonmembers: \$3.

4/15 WED, THE T.M.I. TRAIL FROM EAST TO WEST. We take a bus from the PABT building at 40th Street and 8th Avenue to Pomona, NY, where the T.M.I. trail starts, hike at our usual moderate pace doing some ups and downs along the way, ending at Tuxedo, NY where we will get a bus back to the city or if we arrive in Tuxedo early enough, a NJ Transit train back to the city. Wear hiking boots, bring lunch and something to drink, dress for the weather. Call me, Oliver Wayne, at 917.415.2567 for meeting time at the Port Authority building. Nonmembers: \$3.

4/16 THURS, SOUTH FERRY TO CHELSEA 3+ miles. Flat terrain, easy but steady pace. Walk along a refurbished West Side waterfront, including new-ish park &/or parklet areas. Lunch at Chelsea Market & continue in afternoon with exploration of selected Chelsea landmarks, ending with gallery visits in the West Chelsea Art District. MEET: 10:30 AM in front of South Ferry Terminal in Lower Manhattan (reached variously, #4 or #5 to Bowling Green, "R" to Whitehall Street, #1 to South Ferry). Leader: Devra Zetlan (917)526-3908 day of walk, (212)662-8922 prior. Snow or ice or steady rain cancels. Nonmembers: \$3.

4/18, SAT, RUTHERFORD TO NEWARK. Around 8 flat miles, moderate pace. Walk through parks along Passaic River and on suburban streets, from Rutherford ending in north Newark where famous cherry blossoms should be blooming. Return to Newark Penn Station via Newark Subway. Bring lunch and water. Check for Yahoo Group e-mail or phone or e-mail leader after Wednesday, April 15 to confirm hike, and obtain meeting place and time. Leader: Craig Nunn, 551-206-6823 (cell phone) or dystopicnj@yahoo.com. Awful weather cancels. Call leader morning of hike after 7:00 AM if uncertain. Nonmembers: \$3.

4/18 SAT, STATEN ISLAND LAKE WALK around Silver and Clove Lakes, about 4-5 miles, easy pace, relatively flat. Meet 11:15 AM inside Staten Island Ferry Terminal Manhattan side. Bring lunch & water. Leader: Jane Alexander. Nonmembers: \$3.

4/19 SUN, GARRISON TO MANITOU, 7-9 MILES. A linear hike - Osborn Loop connecting into the Appalachian Trail where it descends from Canada Hill into Manitou. Forested, rolling hills with climbs, moderate pace. At Manitou, we follow Mystery Point Road for an extended shore view. Return is from Manitou Sta. at 5:05 PM. Bring lunch, water. Meet GCT information booth in ticketing area 8:20 AM for 8:50 AM train to Garrison NY (R/T). Fare: \$20/\$13.50 seniors. Call Marvin Malater 718-376-3608 for hike status/schedule. Joint hike. Nonmembers: \$3.

4/19 SUN, VAN CORTLANDT PARK TO DOWNTOWN YONKERS via Putnam Trail & Tibbetts Brook Park, about 5-6 miles, easy trails, moderate steady pace, some ups/downs. Meet 10:45 AM in the Bronx (park side) at 242<sup>nd</sup> Van Cortlandt Park/Broadway. Last stop #1 subway, sit in first car of train, right token booth, and right staircase. Return via Metro North or bus. Rain CANCELS! Leader: Helen Mangione-Yee 212-348-5344 call morning of walk only 8-9 AM. Nonmembers: \$3.

4/25 SAT, ETHNIC WALK - 4 miles, city streets. Begin under #7 train Woodside 61st St. Optional route either along Roosevelt Ave to Greenpoint or along Northern Blvd. to Astor. Visit markets of different nations and snack at foreign eateries. Meet #7 train to 61st St. Woodside or LIRR. Meet 1 PM on street below in front of Irish Restaurant at corner (diagonal from train stairway across street). Eat lunch before meeting. Rain cancels. Fare \$2. half seniors. LIRR is higher price. Nonmembers: \$3. Leader Bernie (no telephone). Joint with Urban Trails.

4/25 SAT, ANNUAL DOGGIE STROLL, FOREST PARK, 3 miles, 3 hours. Afternoon stroll in Forest Park. People without dogs are welcome, but dogs must have an escort to attend. No smoking on trip. Meet at Queens Blvd. and Kew Gardens Road by the #10 bus stop, E or F to Union Turnpike, first car. Call Mayer to confirm, Candy and Mayer Wiesen at 516-671-2095 to 10:30 PM. Joint hike.

4/25 SAT, BROOKLYN BOTANIC GARDEN - PROSPECT PARK AND BEYOND , 4-8 mi, The Magnolias and Cherry Trees should be blooming. Come and enjoy. After touring Garden we explore the Park and then perhaps walk to the ocean. Call for time and to confirm. Mike Pollack 718-648-3424. [lpollsnop@yahoo.com](mailto:lpollsnop@yahoo.com). Nonmembers: \$3.

4/25 SAT, GREAT SOUTH BAY AND BAYARD ARBORETUM. Two options 6 or 11 miles – Brisk - Not suitable for beginners. Hike to a fantastic view of the Great South Bay in Heckscher State Park. Ending the day by exploring the beautiful Arboretum. Bring water and lunch; wear hiking boots. Rain, snow, icy conditions cancel. From Penn Station take the 9:14 AM LIRR train to Great River. Fare \$19 round trip/seniors \$13. Leader will meet group at Great River train station at 10:37 AM. (TIME CHANGE, CHECK SCHEDULE). Leader Quyen (Quinn) Pham 631-234-5486, 8PM - 10 PM and morning of hike. E: [qwpham@yahoo.com](mailto:qwpham@yahoo.com). Joint hike.

4/26 SUN, EAST VILLAGE WALK, 4 miles, moderate steady pace - city walk - Don't limit yourself to your neighborhood. Hop on a train and make your day an adventure. We will visit around Cooper Square with interesting stops along the way. Full of surprises! Bring lunch, water and sunscreen. Meet 11 AM at 14<sup>th</sup> Street and Broadway SE corner. Take A train to 14<sup>th</sup> Street, & the L to Union Square. Leaders: Sam & Esther Dorfman, no phone calls. Rain cancels. Nonmembers: \$3. Joint hike.

4/26 SUN, IVES TRAIL IN DANBURY CT, rugged terrain, about 14 miles, brisk steady pace, climbing, no drop out points. Experienced hikers only! Hiking boots essential. Bring lunch/water. Meet Grand Central Terminal near ticket windows at 7:45 to take 8:07 AM train. Must call leader to confirm, Ludwig Hendel 718-626-3983 Sat (4/25) between 9PM-11PM only.

4/29 WED, CHEESEQUAKE CIRCULAR, N. J. Hike, 8 miles, moderate steady pace, mostly level but some hills, trails, and boardwalk. Must wear hiking boots! Bring lunch/water. Meet 9:10 NJ Transit Penn Station (7<sup>th</sup> Ave.) ticket windows to take 9:37 AM train to Perth Amboy, and then short bus ride to Laurence Harbor. Must call leader to confirm, Ludwig Hendel 718-626-3983 Tues. (4/28) between 9PM-11PM only.

5/1 FRI, UNDERGROUND RAIL-ROAD; NATURE! AND ALL IN BROOKLYN. Easy walk. Meet Kings Highway, East 16 St - B,Q subway at 10:30 AM. Bring lunch and beverage. NO go in rain. You must call leader, Judy Mahler 718-692-2854 the day before between 5-8 PM to confirm. Nonmembers: \$3.

5/2 SAT, LONG PATH - 8 mi. few drop offs. Walk the Long Path from Closter Dock Road to GWB Bus Terminal. Some ups and downs. Call for time and to confirm. Mike Pollack 718-648-3424 [lpollsnop@yahoo.com](mailto:lpollsnop@yahoo.com).

5/2 SAT, EAST VILLAGE GARDENS- about 4 miles. Meet 11AM outside 51 Astor Place in front of Cooper Union Engineering Building (Starbucks has bathrooms). Trains to Astor Place and 8th St- #6,N,R,W; or E,F to W.4th St and walk east. If rains hard-don't come. Leader: Susan B. Nonmembers: \$3.

5/3 SUN, CULTURAL WALKING TOUR OF HISTORIC LOWER EAST SIDE, 4-5 miles, level street walking. Bring lunch or eat at an inexpensive Spanish restaurant with leaders. After lunch continue on this interesting educational walk. Bring sunscreen and water. Meet 11:30 AM - Take F train first car to Lower East side/2<sup>nd</sup> Avenue station, exit First Avenue and Allen Street - meet upstairs. Leaders: Sam & Esther Dorfman, no phone calls. Rain cancels. Nonmembers: \$3.

5/3 SUN, KINGSBRIDGE AND FARMER'S FREE BRIDGES, 6 miles, moderate pace. Visit the sites of the first two bridges connecting Manhattan to the Bronx, then trails through Riverdale Park across Fieldston to Van Cortlandt Park, possible extension south on OC Aqueduct. Bring water. Heavy rain cancels! Take #1 subway to 225<sup>th</sup> Street, and meet 12:30 PM (after lunch) in front of McDonald's. Leader: Joel Pomerantz 212-691-3844 call before 9:30 PM to confirm. Nonmembers: \$3.

5/9 SAT, WAGNER COLLEGE AND CLOVE LAKE PARK. 4 miles, easy pace. Walk the campus of Wagner College and then proceed to Clove Lake Park. Bring lunch/water. Meet: S.I.Ferry Terminal, Manhattan side, at 10:30 AM. Call week of walk to confirm between 8 pm and 10 pm. Leader: Sal Varbero, 1-718-420-9569. Joint walk. Nonmembers: \$3.

5/9 SAT, SMITHTOWN TO RONKONKOMA, 10 miles, easy to moderate with some ups and downs. Hike on the Long Island Greenbelt Trail in Suffolk County - combination of wooded and open areas on the trail and areas connecting with it. Bring lunch and water. Meet Penn Station lower level LIRR ticket windows 8:30 AM. Fare approx \$16/seniors approx \$13. Leader: Ray Krant 718-435-4994. Nonmembers: \$3.

5/10 SUN, BRIGHTON BEACH & BEYOND. We'll walk the boardwalk, savor an exhilarating international community, enjoy a Russian lunch, & then explore Manhattan Beach & areas of Sheepshead Bay (including its Holocaust Memorial) before heading home. MEET: 10:30AM in front of Nathan's. Bring water & snack. Take the D/F or Q to Coney Island-Stilwell Ave.(exit the front side of the station & you will spot Nathan's to the right across the street). Leader: Devra Zetlan (917)526-3908 day of walk, (212)662-8922 prior. Rain cancels. Joint with other clubs. Nonmembers: \$3.

5/10 SUN, ROCKEFELLER STATE PARK PRESERVE. Bring your mother on this leisurely stroll of around 6 miles along some of the shady carriage paths and intimate wooded lanes with panoramic vistas which characterize this beautiful preserve. *(Please note: this is not a "hike" and is obviously not designed for those looking for aerobic exercise.)* Take the 10:20 MetroNorth Hudson Line train from Grand Central, arriving in Philipse Manor at 11:12. (RT fare: \$14.50/Srs.\$9.50) This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway RT fare: \$7/Srs.\$3.50. Please sit in the first or second car of the train. No need to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. No children, no pets, no smoking. Joint with other clubs. Bob Susser 212-666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

5/16 SAT, CITY ISLAND, ORCHARD BEACH HIKE IN THE BRONX, 6 to 8 miles, moderate, ups and downs. Walk from Pelham Bay Park to City Island, a quaint fishing village in the Bronx. Lunch on City Island at an outdoor waterfront cafeteria,

or bring your own, then on to Orchard Beach and the Nature Center. The walk will start at Pelham Bay. Please call leader, Leonard Morgenstern, 917-842-9490 any time (24/7) 72 hours prior to the walk for meeting place and time. Nonmembers: \$3.

5/16 SAT, BRIARCLIFF-PEEKSKILL TRAIL AND OLD CROTON AQUEDUCT, 14 miles, moderate. Enjoy a woods walk in the Blue Mountain Reservation with lunch at the top. The last 5 miles will be on the Old Croton Aqueduct. No smoking on trip, 8 PM return to Grand Central. Bring lunch/water. Meet GCT upper level information booth at 8:30 AM. Fare \$16. (1/2 to and from Bronx). Call to confirm. Leader: Mayer Wiesen 516-671-2095 to 10:30 PM. Joint hike. .

5/16 SAT, GARRISON, EAST HUDSON HIGHLANDS, SUGARLOAF HILL SOUTH. The Appalachian Trail into the Curry Pond traverse, and return from the West Point lookout at Arden Point, 11 miles. Forested rolling hills along leaf and pine cone strewn trails. Moderate pace with climbs. Bring lunch, water. Meet at GCT information booth in ticketing area before 8:20 AM. Departure 8:50 AM to Garrison NY (R/T) total fares /\$20.50/\$13.50 seniors. CALL Marvin Malater 718-376-3608 for hike status and schedule. Joint hike. Nonmembers: \$3.

5/17 SUN, SCENIC FIRE ISLAND IN MEMORY OF BOB ARONSON, Pines to Atlantique, 7 miles, easy pace. Visit the Pines, Cherry Grove and Sunken Forest. Swimming, showers and Lemonade provided at AMC camp. Reduced Camp fee \$5. Sand may be soft. Rain cancels. Take 9:06 LIRR train from Penn station to Sayville. Check LIRR schedule 718 217 LIRR for changes. Meet on Sayville platform and take taxi to ferry for the Pines. Return by ferry from Atlantique to Bayshore. Call leader to confirm that hike will take place, Frank Bamberger 718 457 5159.

5/17 SUN, FOSTERFIELDS LIVING HISTORICAL FARM (Morristown, New Jersey), 4-5 miles, very easy pace. Walk back in time, and explore life at Fosterfields from 1880-1930. Meet 9:30 AM to take train (Morristown Line) at NJ Transit windows in new 7th Avenue Terminal in Penn Station Buy round trip to Morristown. Bring lunch/water. Rain may cancel call. Admission: Free today. R/T Fare: about \$17.75 (Srs. \$8.75). Leaders: Kelvin Domovs 973-267-2241 and Helen Mangione-Yee any questions call morning of walk from 7:30 to 8 only 212-348-5344. Nonmembers: \$3.

5/22 FRI, FERRY RIDE AND WONDERFUL SHORE-NATURE WALK. Easy Walk. Meet 10:30 at top of elevator in Ferry Terminal Battery Park. Take W,R,1,4,5 subway to first stop in Manhattan and walk to Ferry Terminal. Bring lunch and beverage. NO go in rain. You must call leader, Judy Mahler 718-692-2854 the day before between 5-8 PM to confirm.

5/23 SAT, BRONXVILLE TO SCARSDALE VIA THE BRONX RIVER PARKWAY, about 5 miles, moderate/easy pace. Bring lunch and water. Meet 11 AM at the upper level information booth in Grand Central Terminal. Rain may cancel call. Leader: Helen Yee 212-348-5344 questions call morning of hike 8-9 AM only. Nonmembers \$3.

5/23 SAT, (Memorial Day Weekend) AIR SHOW, AT JONES BEACH (JB - 516- 785 1600) 9:00 AM. Bring chair or blanket to sit on at the beach to watch the air show. After the show ends – approx. 3:00, we will walk the boardwalk and enjoy the exhibits and displays. Meet parking lot 4, southeast side, at the east tunnel leading to the center mall (flags). There is a bus/LIRR package. Ask bus driver to let you off at the Center Mall. Follow the path toward the flags, and then take the path on your right. This path will turn, and lead to the tunnel going under the road, this tunnel leads to the SE side of parking lot 4. Parking fee (\$\$\$00) will be collected, free with Empire Pass. Can wear shorts or swimsuit; bring lunch, liquid, sunscreen, sun-hat, sunglasses, binoculars. Call JB to determine if show will be cancelled because of weather. If you plan on arriving late please let me know so that I can attempt to leave space for you. The beach gets very crowded very fast. We will have a quiet breakfast on the beach before the crowds and noise. FYI the show is also Sunday. If lost the day of the show call Joanne's cell @ 516 503 3069 (will only be active the day of the hike). After the fun on the South Shore, there may be a great fireworks display on the North shore. If so, we will head there (after stopping for dinner). Arriving early will give us time to visit some really interesting architecture, or just hang out on the beach, after getting a prime parking spot. Those that came by train will be dropped off at the LIRR after the fireworks.

5/23 NISSEQUOGUE RIVER SPECIAL Two options 6 or 10 miles. Brisk - Not suitable for beginners. Hike along hilly bluffs to Sunken Meadow with awesome view of Nissequogue River and LI Sound. Optional hike further south to Smithtown Landing. Bring water,lunch, wear hiking boots. Rain cancels. From Penn Station take the 9:14 a.m. LIRR train to Kings Park. Fare \$19 round trip/seniors \$13. Leader will meet group at Kings Park train station at 10:39 a.m. (TIME CHANGE, CHECK SCHEDULE). Leader Quyen (Quinn) Pham 631-234-5486, 8PM - 10 PM and morning of hike. E: qwpham@yahoo.com.

5/24 SUN, ACROSS 14<sup>TH</sup> STREET, easy pace, couple of hours. Historic walk of past and present. Meet 10 AM 8<sup>th</sup> Avenue & 14<sup>th</sup> Street, NW corner (in front of former bank building w/beeive). Rain Cancels! Leader: Dan Singer. Nonmembers: \$3.

5/24 SUN, GREENWOOD LAKE AREA HIKE – You must call for details and time - Message on machine starting Thursday before hike. Leader: Julia W. 718-438-2642. Nonmembers: \$3.

5/25 MON, JONES BEACH, 4-6 miles. Walk on boardwalk and some trails. Bring bathing suit for possible swimming, also bring lunch, water, and suntan lotion. Old shoes or slippers are a good idea as we will be walking on the beach. Meet; 12:00 PM

at Freeport LIRR Station waiting room. Take LIRR train arriving Freeport at 11:46 AM (leaving Penn Station around 11 AM or Jamaica around 11:20 AM – schedule changes monthly - check LIRR for schedule changes). Cost: \$6.75/\$4.50 OW, plus MetroCard for bus. Leader: John Socolick, 516-791-6453, call between 6 PM and 10 PM. Rain Cancels. Nonmembers: \$3.

5/30 SAT, BRONX BOTANICAL GARDEN. Roses, tulip trees, forest walk and optional visit to conservatory. (*Please note: this approximately 4-mile walk is not a "hike" but simply a garden visit, and is obviously not designed for those eager to get aerobic exercise.*) Take the 10:23 Harlem Line train from Grand Central, arriving at the "Botanical Garden" Station at 10:42. Fare OW \$3.25 with "City Ticket." Alternatively, take the 4 or D subway to "Bedford Park Blvd." and then the #26 bus east to the Mosholu Gate entrance -- or, the 2 subway to "Allerton Ave." and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 10:45. Admission to the Garden is free on Saturdays until noon. Conservatory admission: \$8/Srs.\$7. Visit will end by 3, but of course you are free to leave earlier or stay later. You must call or preferably email me beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. Joint with other clubs. Bob Susser 212-666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

5/30 SAT, WHITE PLAINS, 8-9 miles, moderate with many ups and downs, bushwack. From Hartsdale station, north on Bronx River Pathway, then cross downtown White Plains. In Silver Lake Park, using white, blue, yellow and Heritage trails visit historic cemetery, battlefield and The Hermit's Cave. No dropout point. Rain cancels. Bring lunch/water/hiking boots. Return by Bee-Line bus. Meet Grand Central Terminal info booth at 9:35 AM. Cost: Metrocard plus \$6.50/seniors \$4.25, one-day dues \$3 nonmembers. Leader Joel Pomerantz 212-691-3844, confirm by 9:30 PM. Nonmembers: \$3.

5/31 SUN, NOTTINGHAM PARK & VICINITY. Walk 2 miles, easy pace. Plan to see Colonial houses, interesting homes, nice gardens, learn history of area. Optional early dinner local restaurant. Take Brighton Q train to Avenue N or M or B9 bus to Ocean Av & Av M. Meet Chadash Pizza 1919 Av N at 1:30 PM. Leader: Alan B. Hecht 718-252-2161. Nonmembers: \$3.

5/31 SUN, PELHAM BAY - Meet at token booth, last stop #6 subway in Bronx. You must call for details and time - Message on machine starting Thursday before walk. Leader: Julia W. 718-438-2642. Nonmembers: \$3.

6/6 SAT, GLEN ISLAND TO THE BRONX, approx. 4 miles, easy steady pace, some road walking. We'll walk around Glen Island in New Rochelle and stop for a snack. After lunch we'll walk through Pelham back to the Bronx. Bring snacks & water, and save your appetite for an optional IHOP stop after the walk. Heavy rain may cancel call. Meet 11 AM at IRT #6 Pelham Bay station token booth (last stop in Bronx) to catch W45 Bee-Line bus to New Rochelle. Bring MetroCard. We will return via Bx16 bus to #2 subway. Leaders: Ted Gabay 914-632-3684 and Helen Mangione-Yee 212-348-5344. Questions call morning of walk 8-9 only. Nonmembers: \$3.

6/6 SAT, HIKE THE HEIGHTS on National Trails Day, 4-5 miles, easy pace. We will join City Life Is Moving Bodies (C.L.I.M.B.) for a walk along the heights retracing General Washington's retreat for part of the way and ending up at the High Bridge Water Tower. Water and t-shirts will be distributed. Lunch will be provided at the end of the walk as part of Hike the Heights 5 and in celebration of National Trails Day. We will meet at the North West corner of Central Park (110<sup>th</sup> street and Central Park West). Call Bob Ward 718-471-7036 one week in advance for meeting time and details. Honorary Co-Leader: Dr. Lourdes J. Hernandez-Cordero. Joint hike.

6/7 SUN, NYU BUILDINGS, WASHINGTON SQUARE CAMPUS AND ITS PERIPHERY, about 3 miles - See how NYU has expanded its geographical area. Meet 11:00 am outside 51 Astor Place in front of Cooper Union Engineering Building. (use bathrooms in Starbucks before walk). Many trains go to Astor Place and 8th St. -N,R,W to 8 St; 6 to Astor Place, many trains to W.4th St (walk East and 4 blocks north). Lunch in area - my favorite is Around the Clock 3 Av. and 9 St. If rains hard-don't come. Leader: Susan B. Nonmembers: \$3.

6/7 SUN, GARRISON CIRCULAR. White Rock East, carriage trail into the Appalachian Trail traverse, and a return from the West Point lookout at Arden Point, 9-12 miles. Views of Hook Mountain and the Bear Mountain Bridge. Forested, rolling hills on varied terrain. Moderate pace with several climbs. Bring lunch/water. Meet at GCT information booth, in ticketing area, before 8:20 AM. Departure 8:50 AM to Garrison NY (R/T). Total fares: \$20.50/\$13.50 seniors. Call Marvin Malater 718-376-3608 for hike status and schedule. Joint hike. Nonmembers: \$3.

6/7 SUN, SCENIC FIRE ISLAND, Pines to Atlantique, 7 miles, easy pace. Visit the Pines, Cherry Grove and Sunken Forest. Swimming, showers and Lemonade provided at AMC camp. Reduced Camp fee \$5. Sand may be soft. Rain cancels. Take 9:06 LIRR train from Penn station to Sayville. Check LIRR schedule 718 217 LIRR for changes. Meet on Sayville platform and take taxi to ferry for the Pines. Return by ferry from Atlantique to Bayshore. Call leader to confirm that hike will take place, Frank Bamberger 718 457 5159.

6/13 SAT, RANDALLS & WARD ISLANDS, 6 miles, easy/moderate pace. We'll walk along the east side to Randalls & Ward Islands. We will pass the stadium and enjoy East River views. Bring lunch/water. Meet 11 AM at 96th Street & Lexington Avenue. Leader: Sal Varbero 718-420-9569 CALL TO CONFIRM week of walk evenings 8-10 PM. Nonmembers: \$3.

6/13 SAT, LEATHERSTOCKING TRAIL "A" hike aprox. 10 Miles. We will wander this trail to the reservoir and back. Why the "A" you ask? We will go from one end to the other in New Rochelle, come back and do some of the side trails and stop at the reservoir for lunch. Then back to the station in the late afternoon (when the light is the most beautiful) or a stop in town for a quick dinner. LATE RETURN Bring a flashlight just in case. Bring lunch/water. Meet at Grand Central Terminal in the Stationmaster's office near the Transit Museum store. Leader: Mike Puder 718-743-0920 can start calling Wed. night for recorded message with details. Nonmembers: \$3.

6/14 SUN, PIERMONT CIRCULAR, 10 mile moderate country hike to NYACK on long path and return via abandoned railroad bed (no tracks) to Piermont. Scenic wooded areas. Bring lunch and water. Meet 9:45 AM at PABT commuter statues. Fare: approx \$16/seniors approx \$8. Ray Krant 718-435-4994. Nonmembers: \$3.

6/20 SAT, RETRACTILE BRIDGES OF NYC (DUTCH KILLS to GOWANUS CANAL). Around 12-14 flat miles mostly on city streets (residential and industrial). Lots of drop-off points. Two of four extant retractile bridges in the US are in NYC. Visit both, and stuff in between including the Newtown Creek Nature Walk and sites in Greenpoint, Williamsburg, etc. Bring lunch and water. Meet 10:00 AM at the Vernon Blvd./Jackson Ave. stop on the #7 Train. Leader: Craig Nunn, 551-206-6823 (cell phone), or dystopicnj@yahoo.com. Awful weather cancels. Call leader morning of hike after 7:00 AM if uncertain. Nonmembers: \$3.

6/20 SAT, WESTSIDE PROMENADE, 5 level miles, moderate pace. Visit the Museum of the American Indian then continue along the Hudson River to view some interesting sights. Bring lunch or purchase at Winter Garden. After lunch we continue to Chelsea Market for a snack and to enjoy the stores. Meet Museum of the American Indian at 11 AM (#4 or 5 train) to Bowling Green, R train to Whitehall, or #1 train to South Ferry. Leaders: Sam & Esther Dorfman, no phone calls. Rain cancels. Joint walk. Nonmembers: \$3.

6/21 SUN, FLAT ROCK NATURE CENTER (NEW JERSEY), about 4 miles, leisurely, easy pace, ups & downs on trails. Bring lunch, water, sunscreen, and insect repellent. Dress for poison ivy, ticks, mosquitoes and nature trails. Wear hiking boots! Rain or muddy trails cancels! Meet 11:15 AM inside George Washington Bus Terminal near information and ticket windows to take NJ Transit bus #171 at 11:45 AM. Take A to 175<sup>th</sup> St. stop. Fare: Approx. \$2.50 one-way. Leader: Helen Mangione-Yee 212-348-5344 questions call morning of walk 8-9 AM only, and Pat O'Malley. Nonmembers: \$3.

6/26 FRI, PLUM BEACH. Interesting old Brooklyn area (with some gentrification) and beach. Meet 10:30 at Sheepshead Bay Station, B,Q, train. Bring lunch and drink. NO go in rain. You must call leader, Judy Mahler 718-692-2854 the day before between 5 and 8 PM to confirm.

6/27 SAT, HIKE IN COLD SPRING. We will take an exploratory hike in the Cold Spring area. This is a slightly challenging day on several trails, especially the Nelsonville Trail. Late return possible. Meet at Grand Central Terminal in the Station Master's office Details on answering machine. Start calling Tues. night for details. Fare: \$20.50 R.T. Leader: Mike Puder 718-743-0920. No charge to non-members for this one.

6/27 SAT, INWOOD PARK, FT. TRYON PARK, RIVERBANK STATE PARK AND ALONG THE HUDSON, about 7 miles, easy/moderate pace. Bring lunch & water. Take A subway to 207<sup>th</sup> Street and meet 10:30 AM at the corner of 207<sup>th</sup> Street & Broadway. Rain or shine. Leader: Jane Alexander. Nonmembers: \$3.

6/28 SUN, MEMORIAL WALK FOR BOB ARONSON, SLEEPY HOLLOW TO PLEASANTVILLE, 8 miles, moderate pace. This hike will start from Rockwood Hall State Park with its fine views of the Hudson, and then follow the Aqueduct to Rockefeller State Preserve. We'll follow the ups and downs of the carriage roads, taking the Equestrian Trail into Pleasantville. Bring lunch & plenty of water. Meet 9:00 AM GCT Info Booth **to** take the 9:20 AM train from Grand Central to Philipse Manor. Times change, check schedule. Return from Pleasantville. Fare: \$15; seniors less. Leader: Ray Krant 718-435-4994. Nonmembers: \$3.

6/28 SUN, TRIBECA, easy pace. Heavy Rain Cancels. See converted buildings, new offices, restaurants & college atmosphere. Meet 2 PM Chambers & Greenwich Sts. in front of McDonalds. Take #2 or 3 subway to Chambers St. Leader: Ina Stone 212-877-9623. Nonmembers: \$3.

6/28 SUN, BEAR MOUNTAIN. Over Timp and Bald. Two nice uphill and a moderately steep descent from Bald, but some fairly easy walking on woods roads as well. Around 8 miles at a moderate pace. Out around 4. Parking fee \$6 per car. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. No children, no pets, no smoking. Joint with other clubs. Take the 8:45 ShortLine bus from the PABT, arriving at "Bear Mountain" at 10:15. Fare: RT\$26.70/Srs.\$13.30 (with Jersey Transit half-fare coupon). Joint with other clubs. Bob Susser 212 666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

**Check one box**

<input type="checkbox"/>	INDIVIDUAL (18 and older)...	<input type="checkbox"/>	1 yr. \$12.....	<input type="checkbox"/>	2 yrs. \$18
<input type="checkbox"/>	FAMILY (one address).....	<input type="checkbox"/>	1 yr. \$20.....	<input type="checkbox"/>	2 yrs. \$28
<input type="checkbox"/>	SR's (65/older).....	<input type="checkbox"/>	1 yr. \$10.....	<input type="checkbox"/>	2 yrs. \$14
<input type="checkbox"/>	CONTRIBUTING.....	<input type="checkbox"/>	1 yr. \$30.....	<input type="checkbox"/>	2 yrs. \$50

**MEMBERSHIP**

**APPLICATION**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ I AM interested in finding out about leadership: Yes \_\_\_\_\_

E- mail Address: \_\_\_\_\_

**Mail To:** Outdoors Club Inc.  
P. O. Box 227 - Lenox Hill Station  
New York, NY 10021-0014

The Outdoors Club Inc. is a non-profit 501(c) (3) volunteer organization open to all adults 18 and over. The leaders of these activities are volunteers, and are not paid professional guides or leaders. Participant is voluntarily participating with knowledge of the risks. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. All hikers assume the responsibilities and risks of hiking and release the Club, its officers, leaders or substitute leaders from any liability whatsoever for any loss, damage to personal property, and injury however caused of any kind, nature and description.

\_\_\_\_\_  
Signature (**YOU MUST SIGN**) - **ALL FAMILY MEMBERS MUST SIGN**

*FOLD HERE*-----

THE OUTDOORS CLUB INC.  
LENOX HILL STATION  
P. O. BOX 227  
NEW YORK, NY 10021-0014

NON-PROFIT ORG

**RETURN POSTAGE GUARANTEED**

**TREKKING AROUND ALL YEAR AROUND**