



Wanderings

newsletter of the
OUTDOORS CLUB INC.

<http://www.outdoorsclubny.org>
<https://www.meetup.com/outdoorsclubny/>

ISSUE NUMBER 126 PUBLISHED TRI-ANNUALLY JUL-OCT 2020

The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety, and the wellbeing of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. **Nonmembers pay one-day membership dues of \$3.**

CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE! RENEWAL NOTICES WILL NO LONGER BE SENT. It takes 4-6 weeks to process your renewal. Some leaders will be asking members for proof of membership, so **please carry your membership card or schedule of activities** (the expiration date is on the top line of your mailing label on the schedule). PayPal payments are usually processed in a week or two.

ELECTIONS: If you would like to run for an officer position on the Board please e-mail your resume and three references to hbmanjee@yahoo.com by September 1st.

VOLUNTEERS: The Club cannot function without volunteers. WE NEED MORE LEADERS.

ALL OUTINGS MUST BE CONFIRMED. The coronavirus has caused many of the outings in the last newsletter to be cancelled. If you do not receive a Yahoo Group Notice then call the leader the week of the outing to confirm. Please remember that the Club and its members must obey the laws and regulations regarding size of groups, social distancing, and face masks set forth by the government.

TRANSPORTATION. Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip. Here are some useful transportation phone numbers: New York City Travel info: 212-330-1234 and 718-243-7777; Long Island Railroad: 516-822-5477 or 719-217-5477; Metro North: 212-532-4900. You can also log onto: www.mta.nyc.ny.us.

SUMMER TIME and the weather may be hot. Please bring plenty of water, sunscreen, bug spray, head protection. Prevent Lyme disease and poison ivy by walking in the center of trails, and avoiding overhanging grass and bush. Use insecticide that repels ticks and mosquitoes. Other safeguards include wearing long-sleeved shirts, hats, pants tucked into socks, and shoes or sneakers that leave no part of the feet exposed. Light colored clothing makes it easier to detect ticks. Check yourself for ticks and don't overlook anything that at first glance may appear to be a speck but is in fact a tick the size of a poppy seed. It is also advisable to wash all clothes and shower immediately after spending a day outdoors.

INQUIRIES, COMPLAINTS AND SUGGESTIONS – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to hbmanjee@yahoo.com

Come hike with us. You'll never know how much fun you might have until you try it.

Craig Nunn and Helen Mangione-Yee

7/11 SAT, SALT MARCH ENVIRONMENTAL CENTER/MARINE PARK (BROOKLYN). 6-7 miles (Rain date 7/12). 7AM flat, leisurely pace - rise & shine walk. Keeping it local w/social distancing in mind. Join us for a delightful walk through the SMEC, Marine Park proper across from it and a connecting offshoot path that parallels Gerritsen Avenue to its end. We will stop at Gerritsen Bagels where you will have an opportunity to pick up fabulous enormous bagels! We will return to the SMEC to picnic at the shady picnic tables there. Bring or purchase food/drinks. Bring binoculars/camera for the many birds you may see - Ospreys, herons, egrets, ducks, geese, red wing blackbirds, robins... Masks must be worn. Dress for what will likely become strong sun. Call to confirm the day before. Directions: Q train to Kings Highway. Sit in first car and get out at E.16th St./Quenten Road exit. Take B31 bus across the street from station to Ave. U & Gerritsen Ave. (2 miles from subway). There's a mediocre bagel store at the E.16th St. bus stop which may be closed. Get off bus at the Subway eatery. You'll see a Key Food supermarket across the street from where you get off. We'll meet you at the Subway eatery. Leader: Lynn Albin 718-743-0920 Members only.

7/12 SUN, OWLS HEADS ALONG BROOKLYN SHORE. 7 miles flat, meeting approximately 10:30am. You must confirm week before hike for meeting location at walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 8/7 Friday evening 7 to 9 P.M. ONLY. Leader: Julia W. Nonmembers, \$3.

7/16 THU, LONG PATH CIRCULAR. We'll meet at 10:00 a.m. at the George Washington Bridge bus station, walk across the bridge, visit the Fort Lee Historical Park, and walk on the Long Path, descend to the Hudson River shore, and return to the George Washington Bridge. Bring lunch and water. Leader: Pat Belanoff, 212-568-2052, email: padaulton@gmail.com. Call after Tuesday; no calls after 9:30 p.m., but you must check to see that hike is on. Joint hike with Urban Trail. Members only.

7/18 SAT, SCARBOROUGH TO TARRYTOWN ON OLD CROTON AQUEDUCT. 5 miles. Scenic flat hike along the Old Croton Aqueduct. We will maintain a moderate, steady pace. Meet at Grand Central Terminal in the comfortable Station Master's office across from Zaro's on street level (bring lunch and drinks). Fare: \$22.50 RT (seniors less) (get tickets to Scarborough same fare zone). Leader: Mike Puder. Can E-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. Joint hike w/other clubs. MEMBERS ONLY. Need to check with leader due to Covid restrictions at this time.

7/19 SUN, BROOKLYN BRIDGE PARK TO CHINATOWN. 8 miles, moderate pace. We'll view a variety of public arts and murals. Swing bridge and walk over Brooklyn Bridge. Meet 10:30 AM, near the Dumbo Kitchen Coffee Shop (108 Jay Street) on the corner of Jay and York street. Take the F train to York Street. Look for Yahoo Group Notice week of walk for confirmation or call to confirm one day before the walk up to 9:00 PM. Leader: Youn: 917-670-3845. Cost: MTA fare R/T \$2.50 Seniors. Bring lunch, water, hat, sunscreen, etc. No Meet Up. Members only.

7/25 SAT, SHIRLEY CHISHOLM STATE PARK WALK. 7 miles moderate, meeting approximately 10:30am. You must confirm week before hike for meeting location at walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 8/21 Friday evening 7 to 9 P.M. ONLY. Leader: Julia W. Nonmembers, \$3.

8/13, THU, ROCKLAND LAKE AND HAVERSTRAW. About 7 miles at a moderate pace. Meet at the George Washington Bus Station by 10:30 a.m. at the latest to take the 10:40 a.m. 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There we can get the 4:15 p.m. ferry to Ossining and then Metro-North back to the city. Mostly flat. Bring lunch and water. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus \$10.20/less for seniors; ferry \$3.15; train \$2.50, less for seniors. Rain cancels. Leader: Pat Belanoff padaulton@gmail.com. Call to confirm after Tuesday (212-568-2052) or email up to 10:00 the morning of the hike. No calls after 9:30 p.m., but you must check to see that the hike is on. Joint hike with Urban Trail. Members only.

8/15 SAT, ROCKAWAY PARK BEACH HIKE AND SWIM. 7 miles. Moderate pace on flat terrain Finish between 3:00-4:00 PM. Walk along boardwalk from Beach 116th street to Beach 9th street. After lunch walk back to subway station at Beach 44th street where walk will end. . Drop off points with access to subway along walk route. Bring lunch, water, and bathing suit. MEET: 11:00 AM outside subway station at Beach 116th street. Take JFK A-Train to Broad Channel, change for S-train at Broad Channel or Rockaway Boulevard and exit S-train at Beach 116th street. Rain cancels. . Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 908-623-3883, Email: eleibow@verizon.net ; Cell phone 201-850-9649 only on day of walk after 10:00 AM. Nonmembers of Shorewalkers and Outdoors Club: \$3. Joint walk.

8/15 SAT, TALLMAN MOUNTAIN TO NYACK. 8 miles. A delightful day awaits us here. We will walk in the park on the bike path. Then, on to the Long Path and the pier in Piermont with a brief stop there. Spectacular views of the Hudson River and the Tappan-Zee Bridge. Continue on shady and very pleasant Long Path to Nyack. Bring water, snacks, and sunscreen. Late return. Meet at 42nd St. Port Authority Bus Terminal, at the statue of the commuters near ticket windows on the main floor. Purchase one-way ticket on bus to Palisades Oak Tree Road; return ticket can be purchased on bus in Nyack. Start E-mailing any time before the hike for meeting time and information. Leader: Mike Puder. E-mail at nyhiker50@verizon.net. Joint hike with other clubs. Members only. Need to check with leader due to Covid restrictions at this time.

8/23 SUN, (subject to the Green-Wood Cemetery) BATTLE OF BROOKLYN REENACTMENT AND CEREMONY. Meet group leader Eric W. under the Main Gothic Arch on 25th Street and 3rd Ave in Brooklyn. Take the R to 25 Street station or park free inside the grounds at 10:30 a.m. Bring lunch, water, hat and comfortable shoes for gentle hike over hill and dale. Joint Hike, No Meet Up. Look for Yahoo Group Notice or call week of walk at 917-929-4336 to confirm.

8/29 SAT, BRONX RIVER GREENWAY. The Bronx River runs eight miles through the borough. We will walk through the parks that run along the southern half, starting from the mouth of the river and ending at the entrance to the Bronx Zoo. Bring lunch and water. Board the Soundview ferry at Wall Street/Pier 11 (11:06), East 34th Street (11:27) or East 90th Street (11:41), but check the times first as they might change. Call to confirm. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Nonmembers: \$3.

9/5, EVENING WALK IN LIBERTY STATE PARK, JERSEY CITY, NJ. 9 miles. Enjoy an evening walk in Liberty Park with its breathtaking views of NY. Always a treat! Bring dinner! LATE RETURN (Park closes at 10 pm). Meet at turnstiles at 32nd St. & 6th Ave. Path Station for train to Grove Street. Fare \$2.75 each way. Return to Exchange Place Path Station, Jersey City via Light Rail (Light Rail fare \$1.90). Leader: Mike Puder send an E-mail to nyhiker50@verizon.net any

time for time and details. Joint hike w/other clubs. Members Only. Need to check with leader due to Covid restrictions at this time.

9/10, THU, VAN CORTLANDT PARK. 6 miles at a moderate pace. Exact trails will depend on the weather. Meet at 10:30 at the end of the #1 train (242nd St.). Bring lunch and water. Leader: Pat Belanoff, (212-568-2052); email padaulton@gmail.com or call after Tuesday, not after 9:30 PM but you must check to make sure hike is on.. Joint hike with Urban Trail. Members only.

9/12 SAT, LONG BEACH TO POINT LOOKOUT CIRCULAR. 8-mile beach walk, moderate pace. Enjoy sun and surf along the ocean - we cross the scenic Lido Path to the beach. Optional return bus to the train. Bring lunch and water. Meet 9 AM at Penn Station, LIRR level by the ticket windows. Round-trip \$15/seniors half. Leader: Ludwig Hendel, 929-471-7260. Call to confirm evening before hike ONLY. Nonmembers: \$3.

9/20 SUN, MOTT HAVEN/PORT MORRIS. City streets, about six miles. Some parts of this South Bronx area are of historic interest; others struggle to rise from poverty. Parts along the Harlem River may convert from industrial to residential or recreational use. Meet at 11:30; take any subway train that stops at 125th Street, Manhattan; then walk or take crosstown bus to the SW corner of Third Avenue. Call to confirm. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Nonmembers\$3.

9/26 SAT, PHILIPSE MANOR TO ELMSFORD. 9 miles, moderate pace, some ups and downs. Bring lunch, water, hiking boots. Rain cancels. East to Peabody Preserve, Sleepy Hollow Cemetery, OC Aqueduct, Andre Brook and Tarrytown Lakes Trails then south on newly blazed White and Blue trails thru Buttermilk Ridge Park and Glenville Woods. No drop-out point. Return by bee-line bus to Metro-North. Meet GCT info kiosk at 11:00 a.m. for 11:20 train. \$21.00/\$13.25. Leader: Joel Pomerantz, call to confirm 1-917-742-1819 eves. before 10 p.m. MEMBERS ONLY.

9/27 SUN, CORTLANDT TO CROTON VIA PRESERVES. About eight miles passing through Oscawana Island Park, Graff Sanctuary, Brinton Brook Sanctuary, Lytle Arboretum, and Croton Landing Park. Optional extension into Croton Point Park. Moderate pace. All welcome. Meet GCT for 8:25 am for 8:45 Hudson Line train. OW Cortlandt. (Check train times!) RT fare approx. \$24.00; seniors about half. Look for Yahoo Group Notice or call week of hike to confirm. Leader: Clive Morricks, 646-519-0905; clive.morricks@gmail.com. (Cancelled hike from May 31.)

Call or look for Yahoo Group notice around October 1 for date and details. Date TBA: ASHOKAN RAIL TRAIL BETWEEN WEST HURLEY AND SHOKAN. 6 miles, flat compacted crushed stone, moderate pace. \$30 O/W on Trailways bus to West Hurley, Meet at PABT commuter statue at 8:30 am for 9:15 am departure. Return via local bus \$3.50 cash & train \$19.25/ \$12.75 senior. Yon Lee 718-638-0010 or yonderwalker@gmail.com. Inclement weather, hike is canceled.

10/3 SAT, GEORGE WASHINGTON BRIDGE TO NJ. 7 miles, meeting approximately 10:30am. You must confirm week before hike for meeting location at walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 9/4 Friday evening 7 to 9 P.M. ONLY. Leader: Julia W. Nonmembers, \$3.

10/10 SAT, COBBLE HILL TO RED HOOK, BROOKLYN. Meeting at Barnes and Noble at 106 Court Street in Cobble Hill at 10AM. F train to Bergen street, A, 2,3 train to Boro Hall, R to Court

Street. Walk to Red Hook stopping at some bakeries and other fast food establishments along the way. You may bring your own food if you wish. We will visit Cobble Hill, Carol Gardens, Columbia Street, perhaps part of Brooklyn Bridge Park and then Red Hook Waterfront. We plan to keep socially distant if necessary. This walk may be cancelled or shortened if necessary or if it is not yet safe to do it. Everyone must wear a mask. 4-5 Miles. Expect to end around 4PM. Sarina Meones and Mary Durkee. SarinaMeones@gmail.com (212-924-8412). MarySz@gmail.com (609-915-1949). Look for Yahoo Group Notice or call week of walk to confirm.

10/11 SUN, NORTHERN BRONX TO PELHAM BAY PARK. 7 miles, meeting approximately 10:30am. You must confirm week before hike for meeting location at walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 9/18 Friday evening 7 to 9 P.M. ONLY. Leader: Julia W. Nonmembers, \$3.

10/15 THU, LOST BROOK PRESERVE AND LONG PATH. We'll meet at the George Washington bus station by 10:30 (latest) to take the 10:40 9A bus to the Clinton Avenue stop. We'll walk around the Preserve, visit the Tenafly Nature Center and perhaps do a piece of the Long Path. Bring lunch and water. \$6.25 round trip; less for seniors. The walk is mostly flat. Leader: Pat Belanoff, (212-568-2052) or email padaulton@gmail.com, but you must check to make sure hike is on. Call after Tuesday, not after 9:30 PM. Joint hike with Urban Trail. Members only.

10/17 SAT, LONG BEACH TO SILVER POINT PARK CIRCULAR. 8-mile beach walk, moderate pace. Enjoy sun and surf along the ocean. We hike past Atlantic Beach to the jetty at Silver Point. Optional return bus to the train. Bring lunch and water. Meet 9 AM at Penn Station, LIRR level by the ticket windows. Round-trip \$15/seniors half. Leader: Ludwig Hendel, 929-471-7260. Call to confirm evening before hike ONLY. Nonmembers: \$3.

10/17 SAT, GOWANUS CANAL. About 4 to 5 miles, on city streets. Explore Brooklyn's own Venice, its vistas and occasional aromas. Learn about its unusual history and view examples of its ongoing gentrification even as the area seeks to emerge from more than a century of environmental damage. Visit artists' studios. Meet at 11 outside Union Street stop in Brooklyn (R train only), NOT Union Square, Manhattan). Call to confirm. Leader: Robert Halasz, 917-482-9757) or rjhalasz@gmail.com. Nonmembers: \$3.

10/18 SUN, BAY RIDGE TO CONEY ISLAND. 6-7 miles. Moderate pace on flat terrain. Finish between 3:00-4:00 PM. Walk along Narrows to Coney Island taking in beautiful views of the bay area along the Narrows. Walk from subway station to pathway along the Narrows to Surf and Stillwell Ave and end by Nathan's in Coney Island. Subway (D, F, N and Q) station at end of walk is across the street from Nathan's. Bring lunch and water or purchase lunch at Caesar's Bay Bazaar. Meet 11:00 AM outside the last stop of R Subway Line 95th Street and 4th Ave in Bay Ridge. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 908-623-3883, Email: eleibow@verizon.net ; Cell phone 201-850-9649 only on day of walk after 10:00 AM. Nonmembers of Shorewalkers and Outdoors Club: \$3. Joint walk.

10/24 SAT, PEEKSKILL CIRCULAR. 9 miles, moderate pace, mostly rolling countryside on wood roads. Bring lunch, water, hiking boots. Rain cancels. The trails of Depew Park and Blue Mountain Reservation. Ascend Mt. Blue. Return to station by River Walk. No drop-out point. Meet GCT info kiosk at 10:30 a.m for 10:45 train. \$26.50/\$17.50. Leader: Joel Pomerantz, call to confirm 1-917-742-1819 eves. Before 10 p.m. MEMBERS ONLY.

10/24 SAT, WESTSIDE RIVER WALK, ART AND DINNER. 4-1/2 miles at a moderate pace. River vistas from 14th Street to 57th along the Hudson River. At 57th Street, a tour of some selected art galleries, and a finish at Parnell's (53rd Street and 1st Avenue) for an optional early dinner. Excellent fare, and generous servings inclusive of a choice of drink for about \$21-\$25, including tip. Meet: 10 AM at the N.W. corner of 8th Avenue at 14th Street (A/C/E subway trains). Bring a light lunch/snack and water. Leader: Marvin Malater 1-718-376-3608. Co-leader: Joani Auerbach. Call for status or information. Nonmembers: \$3.

10/25 SUN, HISTORIC GRAVESEND. 3 miles, easy walk. Historical houses and sights. History of the area. Meet: 3 PM at 481 Kings Highway, HSBC Bank, F train or B82 Bus. Nonmembers: \$3. Leader: Alan B. Hecht 718-252-2161. Confirm walk evening before or look for Yahoo Group Notice week of walk.

10/31 SAT, BABYLON TO BELMONT STATE PARK (maybe). Time depends on the LIRR schedule, but will be the first train after 10 AM. We will meet outside the LIRR waiting room. If you are coming by car if the school is closed, parking is free near the school. **BATHROOMS MUST BE OPEN** at the LIRR station and Belmont Lake State Park. However, if it rained the trails near the state park maybe unwalkable. The length of the hike is not that much shorter since the flooding is close to the State Park. You must call me at least a day before the hike to get the missing information, and to register. Joanne (516) 9312073. **ONLY** if lost the day of the hike – (516) 710 0352. Nonmembers: \$3.

Check one box

- | | | | |
|--|--|--------------------------------------|--------------------|
| <input checked="" type="checkbox"/> INDIVIDUAL (18 and older)... | <input type="checkbox"/> 1 yr. \$12..... | <input type="checkbox"/> 2 yrs. \$18 | MEMBERSHIP |
| <input checked="" type="checkbox"/> FAMILY (one address)..... | <input type="checkbox"/> 1 yr. \$20..... | <input type="checkbox"/> 2 yrs. \$28 | <u>APPLICATION</u> |
| <input checked="" type="checkbox"/> SR's (65/older)..... | <input type="checkbox"/> 1 yr. \$10..... | <input type="checkbox"/> 2 yrs. \$14 | |
| <input checked="" type="checkbox"/> CONTRIBUTING..... | <input type="checkbox"/> 1 yr. \$30..... | <input type="checkbox"/> 2 yrs. \$50 | |

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ I AM interested in finding out about leadership: Yes _____

E- mail Address: _____ Mail to: The Outdoors Club (Lenox Hill Station address below)

The Outdoors Club Inc. is a non-profit 501(c) (3) volunteer organization. The leaders of these activities are volunteers, and are not paid professional guides or leaders. Participant is voluntarily participating with knowledge of the risks. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. All hikers assume the responsibilities and risks of hiking and release the Club, its officers, leaders or substitute leaders from any liability whatsoever for any loss, damage to personal property, and injury however caused of any kind, nature and description.

Signature (YOU MUST SIGN) - ALL FAMILY MEMBERS MUST SIGN

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