

# Wanderings

newsletter of the  
**OUTDOORS CLUB INC.**

[www.OutdoorsClubNY.org](http://www.OutdoorsClubNY.org)

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The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all pleasant adults 18 and over that engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety and the well-being of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full-day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. Nonmembers pay one-day membership dues of \$3.

We will miss Bob Ward who left NYC for sunny California. He has been such an important part of the Outdoors Club especially for his knowledge and help in running the Club, and for all the outings he has led for us. He knew the history, places to visit, and little known facts about the area. He started off as a Club Delegate for the New York-New Jersey Trail Conference, served on committees, was Chair of the New York Metro Trails Committee, and currently was Chair of the Queens Parks Trails Council which he founded about six years ago. Bob, thank you and have a wonderful life in your new home.

CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE! It takes 4-6 weeks to process your renewal, but only 1-2 weeks if you use PayPal. Some leaders will be asking members for proof of membership, so please carry your membership card or schedule of activities (the expiration date is on the top line of your mailing label).

NEED TO CONFIRM has been underlined in the outing write-up. Please be sure to confirm that the outing will take place, however, if a leader does not return phone calls or email inquiries presume it was cancelled.

**INQUIRIES, COMPLAINTS AND SUGGESTIONS** – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to [hbmanyee@yahoo.com](mailto:hbmanyee@yahoo.com).

**VOLUNTEERS:** The Club cannot function without volunteers. We need you to lead outings. We do have an outing book, and would be able to supply you with an outing to lead. Please contact Helen at [hbmanyee@yahoo.com](mailto:hbmanyee@yahoo.com) or 212-348-5344 if you would be able to help.

**TRANSPORTATION:** Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip.

May and June may be hot; please bring plenty of water, sunscreen, bug spray, and head protection.

Happy Trails,

Benay Bubar, Richard Lefkowitz, Helen Mangione-Yee and Henry Bierbaum

3/1 SUN, VALLEY STREAM. Very easy hike, 4 to 5 miles. Meet leader at 10:30 a.m. at the downstairs bench at the Valley Stream Long Island Rail Road station. Canceled if raining/snowing or ice/snow on the ground. Bring lunch. Possible visit to a historic house. Bring lunch/water. Check mta.info or call 718-217-LIRR for train issues. No need to call or register. Leader: John. Phone 516-359-1591, serious calls only, texting preferred; email Finch1149@yahoo.com. Will come back to same spot. Nonmembers: \$3.

3/7 SAT, A FEMINIST WALK THROUGH HARLEM. On the day before International Women's Day, we will visit places in Harlem between 136th Street and 116th Street that are associated with great women from A'Lelia Walker to Zora Neale Hurston. Stops include buildings, works of art, plaques on the sidewalk, and commemorative street corners. 2 miles slow walking for 3 hours. Meet at 1:15 p.m. on the benches outside the Schomburg Center for Research in Black Culture at 135th and Lenox (6th) Ave. Nearest subway: 2/3 to 135th Street. End at Amy Ruth's restaurant at 113 West 116th Street near Lenox Avenue. Steady rain cancels. Meetup OK. Leader: Leigh Hallingby, lhallingby@gmail.com or call/text 551-404-7514. Contact up to 10 p.m. or check Meetup to confirm. Nonmembers: \$3.

3/7 SAT, PLAYLAND & COASTAL LONG ISLAND SHORE. 8 miles, mostly flat, moderate pace. Explore Playland, Rye Beach, Oakley Beach, and Rye Nature Center on roads, trails, and shoreline. Bring lunch and water. Meet at 9 a.m. at Grand Central Terminal by the Information Counter. Round-trip \$20/seniors \$13. Leader: Ludwig Hendel, 929-471-7260. Call to confirm evening before the hike ONLY. Nonmembers: \$3.

3/8 SUN, CENTRAL PARK NORTH TO SOUTH. Slow pace, 6 miles. Starting at Dana Discovery Center, just inside the park at 110<sup>th</sup> Street just east of 7<sup>th</sup> Ave, we will walk around Harlem Meer and then do the North Woods, the Loch and Ravine, where the trail goes through a tunnel and past several waterfalls, then continue south around the Reservoir on the bridle path, past Delacorte Theater, Bethesda Fountain, Strawberry Fields, possibly doing the Ramble and ending at Columbus Circle. Drop-off points available. Bring food and water. Note this is the first day of daylight saving time. Meet inside Discovery Center building at 11:30 a.m. No go in rain, snow, or excessive wind. Leader: Ken King, 631-592-1937, nhochike@optonline.net, cell 516-238-7694, day of hike only. Nonmembers: \$3.

3/14 SAT, CHELSEA MARKET, ARTISTS' STUDIOS, HIGH LINE, CHELSEA PIER. 1+ miles, easy pace. Meet at 11:30 a.m. at 14th St. and 8th Avenue; NW corner. A,C,E train to 14th Street and 8th Avenue; L to 8th Avenue. Lunch at Chelsea Market or bring your own. On to art galleries, etc. Bring liquids and dress for cold. Leader Susan B., 718-275-7654. Call to confirm. Joint walk. No Meetup. Nonmembers: \$3.

3/14 SAT, FARSCHOU MUSEUM IN GREENPOINT. About 2 level miles, slow pace. Meet at 1 p.m. at Greenpoint and Manhattan avenues after lunch; Greenpoint Avenue stop on G train. Start by visiting Transmitter Park with views of Manhattan, then on to the newly opened museum featuring modern art (free). Then wander through a little of the historic district. Awful or dangerous weather cancels. Call to confirm. Leader: Richard Sklar 718-782-7732. Nonmembers: \$3.

3/15 SUN, OLD GREENWICH. 6 miles. Walk around a popular Old Greenwich beach in the off season, walk to Tod's Point. No swimming! Meet by clock at Grand Central station. Buy a round-trip ticket to Old Greenwich (\$20.50); train leaves at 9:36 a.m. As always, I will post on the Meetup page; please RSVP there and check for updates. Calls/texts accepted up to 9 p.m. the day before, 347-735-1086. Leader: Kristina. Nonmembers: \$3.

3/19 THURS, SCARSDALE TO VALHALLA. 5 miles at a moderate pace. No real ups and downs. Take Metro-North to Scarsdale. Train leaves Grand Central at 9:22 a.m. Bring lunch and water. Round-trip \$19.50 (seniors

\$12.50). Leader: Pat Belanoff, 212-568-2052, email [padaulton@gmail.com](mailto:padaulton@gmail.com). Call after Tuesday; no calls after 9:30 p.m., but you must check to see that hike is on. Joint hike with Urban Trail. Members only.

3/21 SAT, CLAY PITS POND. 9 miles at moderate pace, some ups and downs, 2 short bushwhacks. In southern Staten Island the trails, Bloomingdale Park, and Clay Pit Ponds State Park Preserve. Proceed to the Charleston neighborhood and explore sites associated with the Kreisler Brickworks. Bring lunch, water, and hiking boots. Meet at Staten Island Ferry Terminal, South Ferry, 2nd floor in front of Auntie Anne's, at 11:45 a.m. for noon boat departure. Take 1 train to South Ferry, R or W to Whitehall St/South Ferry, or 4 or 5 to Bowling Green. Rain cancels. Members only. Metrocard needed. Contact leader before 10:00 p.m. to confirm at 917-742-1819. Leader: Joel Pomerantz.

3/21 SAT, EVENING WALK IN LIBERTY PARK, JERSEY CITY, NJ. 9 miles. Enjoy an evening walk in Liberty Park with its breathtaking views of NY. Always a treat! Bring dinner! Late return (park closes at 10 p.m.). Meet at turnstiles at 32<sup>nd</sup> Street & 6<sup>th</sup> Avenue PATH Station for train to Grove Street. Fare \$2.75 each way. Return to Exchange Place PATH Station, Jersey City, via light rail (light rail fare \$1.90). Leader: Mike Puder, send an e-mail to [nyhiker50@verizon.net](mailto:nyhiker50@verizon.net) any time. Joint hike with other clubs. Members only.

3/22 SUN, BROADWAY JUNCTION TO SHIRLEY CHISHOLM PARK VIA STARRETT CITY, AND BEYOND. 8 to 12 miles at a moderately brisk pace on city streets and park paths. Brobdignagian subway infrastructure, residential buildings, and landfills (recently converted to parkland) along with more Lilliputian but interesting dots connected across East New York and beyond. End point to be determined. Bring lunch, snacks, and water. E-mail (preferred) or phone leader no earlier than a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or [dystopicnj@gmail.com](mailto:dystopicnj@gmail.com)). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 a.m. morning of hike if uncertain. Members and guests only.

3/28 SAT, GALLERIES IN WEST HARLEM/HAMILTON HEIGHTS/MORNINGSIDE HEIGHTS AND MORE. About 4 miles, moderately paced. We'll start by visiting the beautiful galleries of the American Academy of Arts & Letters to view the first of two annual high-quality art exhibitions there. Afterward, we'll walk through a bit of West Harlem, then enjoy the handsome domestic architecture of Hamilton Heights, probably traverse the City College campus, and continue into Morningside Heights. En route, we may visit a few more galleries in off-the-grid Manhattanville, including the Wallach Gallery on Columbia University's new campus north of 125th Street. We'll end in the vicinity of 110th Street and Broadway. There may be an early dinner option (Chinese, most likely). Meet (after lunch) at 12:45 p.m. at the gateway to Audubon Terrace on the west side of Broadway between West 155th and West 156th Streets. Take the 1 train to West 157 Street. Bring snacks and water. Steady rain and/or hazardous underfoot conditions will cancel. Updates may be posted and/or questions asked/answered on the club's Meetup website. Leader: Devra Zetlan, 212-662-8922 or [devzet235@gmail.com](mailto:devzet235@gmail.com). Joint walk. Nonmembers: \$3 day charge (exact change, please).

3/29 SUN, HIGH LINE AND HUDSON RIVER SOUTH. Slow pace, 5 miles. Meet at 10:45 a.m. in Penn Station, just outside LIRR waiting room, lower level, east end. We will walk west on 34<sup>th</sup> St, walk the High Line, and then walk the shore path along the Hudson River as far south as the Atrium of the World Financial Center. Drop-off points available, Bring lunch and water. No go in rain, snow, or excessive wind. Leader: Ken King 631-592-1937, [nhochike@optonline.net](mailto:nhochike@optonline.net), cell 516-238-7694, day of hike only. Nonmembers: \$3.

4/4 SAT, BRONX RIVER GREENWAY. 4 to 5 miles. This is said to be the only freshwater river in the city. We will be looking for signs of spring as we pass from the mouth to mid-Bronx by means of several parks and trails carved out at some points from the South Bronx's industrial detritus. Board the 10:41 a.m. Soundview-

bound ferry at Wall Street/Pier 11 or at 34th Street (10:57 a.m.) or 90th Street (11:11 a.m.). Bring lunch and water. Call to confirm. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Nonmembers: \$3.

4/5 SUN, AUDUBON BIRD MURAL PROJECT. 1 to 2 miles slow walking for 2+ hours with many stops to look at about two dozen murals of North American birds in the Harlem neighborhoods of Hamilton Heights and Washington Heights, where John James Audubon lived. The project is designed not only to help us appreciate the birds' beauty, but also to make us aware of the climate change challenges they face. Also visit Audubon's impressive gravesite in Trinity Church Cemetery. Meet at 10 a.m. at Hamilton's Eatery, 3570 Broadway (between 146th and 147th streets). Nearest subway: 1 to 145th Street. End at 1 train stop at Broadway & 157th Street. Steady rain cancels. Meetup OK. Leader: Leigh Hallingby, lhallingby@gmail.com or call/text 551-404-7514. Contact up to 10 p.m. or check Meetup to confirm. Nonmembers: \$3.

4/11 SAT, WESTPORT, CT. Everything old is new again. Join me on an approximately 6-mile walk to visit the charming town of Westport. See some repurposed buildings that are now art galleries, etc. Also, we'll visit the Westport Museum for History & Culture, (\$5) entrance fee. Spring is a lovely time of year in Connecticut! From Grand Central Station, buy a round-trip ticket (\$27) to Westport, CT. Take the 9:02 a.m. train—I'll be waiting beforehand by the GCT clock. Bring water and lunch. Leader: Kristina. Calls/texts up to 9 p.m. evening before: 347-735-1086, but use of Meetup page preferred. Nonmembers, \$3.

4/11 SAT, LONG BEACH TO POINT LOOKOUT CIRCULAR. 8-mile beach walk, moderate pace. Enjoy sun and surf along the ocean! Bring lunch and water. Meet 9 a.m. at Penn Station, LIRR level by ticket windows. Round-trip \$15/seniors \$10. Leader: Ludwig Hendel, 929-471-7260. Call to confirm evening before hike ONLY. Nonmembers: \$3.

4/12 SUN, FLATBUSH EXPLORATORY ON EASTER. About 7.5 miles, level, steady pace. Starting near Brooklyn College, we'll walk through varied neighborhoods of Victorian Flatbush, including Fiske Terrace, Ditmas Park, and Prospect Park South. They are green oases full of interesting domestic architecture. There'll be a bit of cinematic history thrown in. Take the 2 train to "Flatbush Avenue/Brooklyn College. Look for and use Flatbush Avenue exit from station. Meet (after lunch) at 1 p.m. on Hillel Place, a pedestrian plaza just off Flatbush Ave with outdoor tables and chairs where we'll gather. (For the geomappers among you, note a Starbucks at 33-42 Hillel Place and a Dallas BBQ at 2146 Nostrand Ave., at the junction with Flatbush.) Bring snacks and water. Steady rain cancels. Updates may be posted and/or questions asked/answered on the club's Meetup website. Joint walk. Nonmembers: \$3 (exact change, please). Leader: Devra Zetlan, 212-662-8922 or devzet235@gmail.com.

4/16 THURS, LONG PATH CIRCULAR. We'll meet at 10:00 a.m. at the George Washington Bridge Bus Station, visit the Fort Lee Historical Park, and walk on the Long Path, descend to the Hudson River shore, and return to the George Washington Bridge. Bring lunch and water. Leader: Pat Belanoff, 212-568-2052, email padaulton@gmail.com. Call after Tuesday; no calls after 9:30 p.m., but you must check to see that hike is on. For exact mileage, check email in advance of the hike. Joint hike with Urban Trail. Members only.

4/18 SAT, LOWER EAST SIDE. 2+ miles, city walk, easy pace. Meet: 1 p.m., after lunch, at corner of East Broadway and Rutgers Street, outside Wu's Wonton King, southwest side of park. History of LES; structures of fabled area remaining; is gentrifying, changing. Possible stop for refreshment; bring liquids, dress for windy conditions. F train to East Broadway or B, D to Grand Street and walk to meeting place. Leader Susan B.; 718-275-7654. Call to confirm. Joint walk; no Meetup. Nonmembers: \$3.

4/18 SAT, SCARBOROUGH TO TARRYTOWN ON OLD CROTON AQUEDUCT. 5 miles. Scenic flat hike along the Old Croton Aqueduct. We will maintain a moderate, steady pace. Meet at Grand Central Terminal in the

comfortable stationmaster's office across from Zoro's on street level (bring lunch and drinks). Fare: \$22.50 round-trip (seniors less); get tickets to Scarborough, same fare zone. Leader: Mike Puder. Can e-mail me at [nyhiker50@verizon.net](mailto:nyhiker50@verizon.net) any time up to 1 day before the hike. Joint hike with other clubs. Members only.

4/19 SUN, PAVONIA PATH STATION TO WEEHAWKEN, NJ. 4 to 6 miles. Time: 4 to 5 hours. Walk at a moderate pace (some ups and downs) along the Jersey side of the Hudson River waterfront, taking in the scenic views from Pavonia PATH station to Port Imperial Ferry Terminal, Weehawken. Visit Burr-Hamilton duel site. Rain cancels. Meet outside of Pavonia PATH terminal at 11 a.m. (take PATH train from 33rd Street and 6th Avenue to Pavonia PATH Station). Bathrooms available at Newport Mall across the street from Pavonia PATH station. To return to NYC, take ferry at Port Imperial or light rail to PATH station in Hoboken or Jersey City. Bring lunch and water. PATH fare: \$2.75/seniors \$1 (must contact PATH to obtain senior Smartlink fare card). Ferry fare \$9/seniors \$8.25. Light rail fare \$2.25/seniors \$1.10. Leader: Ed Leibowitz. Please call 908-623-3883 or email [eleibow@verizon.net](mailto:eleibow@verizon.net) to confirm walk status. Cell phone 201-850-9649 on day of walk only between 10:00 a.m. and 11:00 a.m. Rain or snow on day of walk cancels. Joint walk. Nonmembers of Shorewalkers and Outdoors Club: \$3.

4/25 SAT, EXPLORING INWOOD NEAR THE TOP OF MANHATTAN. About 5 miles, somewhat hilly, moderately paced. We'll enjoy some of the often overlooked neighborhood of Inwood, including scenic parks (Isham and a bit of Inwood Hill), a lovely memorial garden in the profuse bloom of spring, a surprising trove of Art Deco buildings, and other points of interest. Take the 1 train to Marble Hill-225th Street, exit on the east side of Broadway, go right on West 225th Street, and meet at 11:45 a.m. in the entry foyer of Target (40 West 225th Street; use restrooms inside). Bring lunch and water. Steady rain will cancel. Updates may be posted and questions asked/answered on the Club's Meetup website. Joint walk. Nonmembers: \$3 (exact change, please). Leader: Devra Zetlan, 212-662-8922 or [devzet235@gmail.com](mailto:devzet235@gmail.com).

4/26 SUN, MARINE PARK EASY HIKE. 2 miles. Visit Nature Center, Lott House, and historical sites. Optional early dinner. Meet at 3 p.m. at East 16th Street and Quentin Road (Q train to Kings Highway stop). Leader: Alan B. Hecht, 718-252-2161. Call to confirm. Nonmembers: \$3.

5/1 FRI, JANE'S LOWER EAST SIDE WALK. Meeting 1:00 PM at Essex Crossing at 88 Essex Street (F train to Delancey Essex Street). It is on the SE Corner of Essex and Delancey streets. We will meet inside the Market on the second floor near tables close to the Public Bathrooms. We will walk around the Lower East Side including some Art Galleries and a possible visit to a Synagogue. We will discuss some of the History of the Neighborhood from 1950-The Present. Walk about 1-2 miles, 2-3 hours, ending at 2nd Ave F train station. We will stop to taste a Knish and some dessert. Moderate pace with many stops. Leader: Sarina Meones, [SarinaMeones@gmail.com](mailto:SarinaMeones@gmail.com) 212-924-8412 (Email preferred), Telephone only on day of the walk).

5/2 SAT, BRIDGEBAGGING THE GOWANUS CANAL, THEN RED HOOK. 8 to 12 essentially flat miles at a moderately brisk pace, mainly on city streets and some park paths. Walk over all five pedestrian-accessible bridges crossing the Gowanus Canal. Then walk through Red Hook connecting interesting things with some focus on industrial sites. Bring lunch, snacks, and water. E-mail (preferred) or phone leader no earlier than a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or [dystopicnj@gmail.com](mailto:dystopicnj@gmail.com)). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 a.m. morning of hike if uncertain. Members and guests only.

5/3 SUN, LOWER EAST SIDE TO JEWISH WILLIAMSBURG. 4 to 6 miles. Moderate pace with many stops in Brooklyn. Meet at 11 a.m. at Essex Crossing at 88 Essex Street (F train to Delancey/Essex Street). It is on the southeast corner of Essex and Delancey streets. We will meet inside the market on the second floor near tables close to the public bathrooms. We will walk across the Williamsburg Bridge to Williamsburg, where we

will explore the Jewish section and stop at many food shops and kosher bakeries. We will return by subway close to Marcy Avenue (J, M trains). Ending about 3:30 p.m. Nonmembers: \$3. Leaders: Sarina Meones, SarinaMeones@gmail.com or 212-924-8412 (email preferred, telephone only on day of walk) and Mary Durkee, Marysz@gmail.com, 609-915-1949. Bring water and lunch or we may stop to eat or nosh.

5/9 SAT, MOUNTAIN STATE PARK TO NYACK. 8 miles. A delightful day awaits us here. We will walk in the park on the bike path, then on to the Long Path and the pier in Piermont with a brief stop there. Spectacular views of the Hudson River and the Tappan Zee Bridge. Continue on shady and very pleasant Long Path to Nyack. Bring water, snacks, and sunscreen. Late return. Meet at 42<sup>nd</sup> Street Port Authority Bus Terminal, at the statue of the commuters near ticket windows on the main floor. Purchase one-way ticket on bus to Palisades Oak Tree Road; return ticket can be purchased on bus in Nyack. Start e-mailing any time before the hike for meeting time and information. Leader: Mike Puder. E-mail at [nyhiker50@verizon.net](mailto:nyhiker50@verizon.net). Joint hike with other clubs. Members only.

5/10 SUN, EAST RIVER WALK TO NATURE SANCTUARY. Moderately paced walk along the East River path to 50th Street and 1st Avenue, walking on newly renovated promenades of the River path viewing two bridges. We will get into the UN headquarters to learn about its mission to keep world peace. Bring your photo ID. We may also visit a well-known actress's private garden. Post-lunch walk to Central Park, Hallett Nature Sanctuary is optional. Meet at 10:30 a.m. near the escalator of the South Ferry Station. Take the 4/5 train to Bowling Green or take the 1 train to South Ferry. Bring lunch, water, and snack. Call to confirm on the evening before the walk, up to 9:00 p.m. Leader: Youn, 917-670-3845. Joint walk. No Meetup. Members only. Please, no very slow walkers.

5/14 THURS, ROCKLAND LAKE AND HAVERSTRAW. About 7 miles at a moderate pace. Meet at the George Washington Bus Station by 10:30 a.m. at the latest to take the 10:40 a.m. 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There we can get the 4:15 p.m. ferry to Ossining and then Metro-North back to the city. Mostly flat. Bring lunch and water; wear sturdy shoes. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus \$10.20/less for seniors; ferry \$3.15; train \$2.50, less for seniors. Rain cancels. Leader: Pat Belanoff. Call after Tuesday (212-568-2052) or email [padaulton@gmail.com](mailto:padaulton@gmail.com) up to 10:00 the morning of the hike. No calls after 9:30 p.m., but you must check to see that the hike is on. Joint hike with Urban Trail. Members only.

5/16 SAT, HISTORIC HOMES AND WATERSIDE VIEWS. Meet at Grand Central Station by the clock. Buy a round-trip ticket (\$35.50) for 9:02 a.m. train to New Haven, CT. A moderate 4-mile walk will take us to view the City Point historic district and afterward walk along the Long Wharf trail by the water. Finish near the New Haven station or you may choose to visit the town of New Haven in the afternoon. Packing a lunch is recommended, as there are limited spots to get food. Please check the Outdoors Club Meetup page for this walk to get latest updates, RSVP, and ask questions. Leader: Kristina. Calls/texts up to 9 p.m. evening before: 347-735-1086, but use of Meetup page preferred. Nonmembers: \$3.

5/16 SAT, HUDSON YARDS AND HIGH LINE. 2 miles, city walk, easy pace. Newly constructed (and not quite finished yet) area: The Vessel (can climb up or take elevator); The Shed (art, performances, restrooms), The Shops—6 floors of luxury shops, 2nd floor restrooms, Bella Abzug Park. Then on to High Line at 34th Street—new areas. Transportation: 7 train to 34 Street, exit at 34 Street and Hudson Boulevard. There are escalators up to 34 St. Meet at 1 p.m. outside subway station at 34 Street and Hudson Boulevard after lunch. (Can bring your lunch with you and eat while walking.) Bring sun hat, liquids. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; no Meetup. Nonmembers: \$3.

5/17 SUN, SUNSET PARK. 5 miles, mostly on level ground. This polyglot Brooklyn neighborhood includes an old maritime terminal, a new waterfront park, a redeveloped warehouse complex, and the park itself, which offers a magnificent view of the harbor. We will meet in time to take the South Brooklyn ferry at 10:19 a.m. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Call to confirm. Nonmembers: \$3.

5/17 SUN, IRVINGTON CIRCULAR. 9 miles, moderate pace, with many gentle ups and downs. Clockwise from station: OC Aqueduct, the trails of Taxter Ridge Park Preserve and the Irvington Woods. Short bushwhack to the Macy Monument. Bring lunch, water, and hiking boots. No drop-out point. Rain cancels; members only. Meet 11:00 a.m. at Grand Central Terminal info kiosk for 11:20 train. \$19.50/seniors \$12.50. Call leader before 10:00 p.m. to confirm at 917-742-1819. Leader: Joel Pomerantz.

5/23 SAT, ASHOKAN RAIL TRAIL BETWEEN WEST HURLEY AND BOICEVILLE. 12 miles, flat compacted crushed stone. Moderate pace. \$30 one-way on Trailways bus to West Hurley. Meet at PABT commuter statue at 8:30 a.m. for 9:15 a.m. departure. Return via local bus (\$3.50 cash) and train, \$19.25/\$12.75 senior. Leader: Yon Lee 718-638-0010 or yonderwalker@gmail.com. Look for Yahoo Group email week of hike to confirm. Inclement weather cancels hike.

5/24 SUN, EAST HARLEM MURALS AND MOSAICS. The many colorful murals and mosaics of East (Spanish) Harlem reveal the history, culture, and politics of this neighborhood and its residents. Some include lush scenes of tropical vegetation; some are dedicated to accomplished citizens of New York and beyond; and some have strong political messages. A number of the gifted artists received commissions from the City of New York. Steady rain cancels. 1.5 miles slow walking for 2 hours. Meet at 10:15 a.m. at First Spanish United Methodist Church, 163 East 111th Street (corner of Lexington Avenue). Nearest subway: 6 to 110th Street. End at 100th Street and Lexington Avenue. Steady rain cancels. Meetup OK. Leader: Leigh Hallingby, lhallingby@gmail.com or call/text 551-404-7514. Contact up to 10 p.m. or check Meetup to confirm. Nonmembers: \$3.

5/25 MON, OWL'S HEADS ALONG BROOKLYN SHORE. 7 miles flat, meeting approximately 10:30 a.m. You must confirm week before hike for meeting location at walklover1@gmail.com or call to confirm with Helen 212-348-5344 on evening of 5/24, 7 to 9 p.m. ONLY. Leader: Julia W. Nonmembers: \$3.

5/30 SAT, PHASE 2 HUNTER'S POINT PARK SOUTH, QUEENS, TO DOMINO PARK, BROOKLYN, VIA GREENPOINT. Visit two of the city's newest waterfront parks, panoramic views guaranteed, with points of interest in rapidly gentrifying western Greenpoint as an interlude. About 7.5 miles, moderate pace, with a few rest stops and a drop-out point. Take 7 train to Vernon Blvd.-Jackson Ave. (Some station restoration work is underway, so likely station exit point will be Jackson Avenue and 50<sup>th</sup> Avenue.) Take a right on 50th Avenue and walk one block to meet at 12 noon in front of Cafe Henri (1010 50th Avenue) at the corner of Vernon Boulevard. Bring bag lunch, water, snacks. Steady rain cancels. Updates may be posted and questions asked/answered on the Club's Meetup website. Leader: Devra Zetlan, 212-662-8922 or devzet235@gmail.com. Joint walk. Nonmembers: \$3 (exact change, please).

5/31 SUN, CORTLANDT TO CROTON VIA PRESERVES. About 8 miles, passing through Oscawana Island Park, Graff Sanctuary, Brinton Brook Sanctuary, Lytle Arboretum, and Croton Landing Park. Optional extension into Croton Point Park. Moderate pace. All welcome. Meet at Grand Central Terminal for 8:25 a.m. for 8:45 a.m. Hudson Line train, one-way to Cortlandt. (Check train times!) Round-trip fare approx. \$24; seniors about half. Leader: Clive Morricks, 646-519-0905; clive.morricks@gmail.com. Yahoo Group Notice week of walk will confirm. Nonmembers: \$3.

6/6 SAT, MOTT HAVEN/PORT MORRIS. City streets, about 6 miles. Some parts of this South Bronx waterfront area are of historic interest; others struggle to rise from poverty or face the challenge of future gentrification. Parts along the Harlem River may convert from industrial to residential or recreational use. Meet at 11:30 a.m.; take any subway that stops at 125th Street, then walk or take crosstown bus to southwest corner of Third Avenue. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Call to confirm. Nonmembers: \$3.

6/7 SUN, SHIRLEY CHISHOLM STATE PARK WALK. 7 moderate miles, meeting approximately 10:30 a.m. You must confirm week before hike for meeting location at walklover1@gmail.com or call to confirm with Helen 212-348-5344 on evening of 6/6, 7 to 9 p.m. ONLY. Leader: Julia W. Nonmembers: \$3.

6/13 SAT, HARLEM REVISITED. 2 miles slow walking for 3 hours. Even if you are familiar with Harlem, there are great reasons to return: the famous Depression-era cycle of murals inside Harlem Hospital, once again on display to the public; two towering murals of Dizzy Gillespie painted in 2017 to honor the 100th anniversary of his birth; *The Spirit of Harlem*, a dazzling 2005 mosaic that was restored in 2018; the new Central Harlem Historic District (130th to 132nd streets). We will visit all those, plus see some of the iconic sights in Harlem: Apollo Theater, Harlem Walk of Fame, and Harriet Tubman statue. End at Hale House at 152 West 122nd Street (near the 2/3 at 125th and Lenox Avenue). Meet at 1:15 p.m. on benches outside the Schomburg Center for Research in Black Culture at 135th and Lenox (6th) Avenue. Nearest subway: 2/3 to 135th. Steady rain cancels. Meetup OK. Leader: Leigh Hallingby, lhallingby@gmail.com or call/text 551-404-7514. Contact up to 10 p.m. or check Meetup to confirm. Nonmembers: \$3.

6/13 SAT, SALT MARSH CENTER. A 4-mile walk, at a moderate pace, entering Marine Park and the wildlife refuge at the Nature Center, and trails therein. Meet at 10:30 a.m. outside station, at Kings Highway and East 16th Street. After sign-up, we will take the east bound Quentin Road B100 bus to Burnett Street and Fillmore Avenue. Bring lunch and water. Call leader, Marvin Malater, at 718-376-3608, for hike status or additional information. Nonmembers: \$3.

6/14 SUN, STATEN ISLAND GREENBELT. 10 miles. Moderate, steady pace; hilly terrain. We will take a nice hike on moderate hills in the woods of Staten Island. Lunch on top of Moses Mountain. Bring loads of water, bug spray, lunch, and trail-worthy shoes. Take the Staten Island Ferry from Manhattan and meet the leader on the Staten Island side. Leader: Brian J Dawson. Contact leader for exact times. Call week before to hear recorded message to confirm leader is not working, 718-967-0855. Registration is NOT required, but call to hear go-ahead. Questions best at night.hiker.nyc@gmail.com. Nonmembers: \$3.

6/20 SAT, CARRIAGE CONNECTOR TRAIL (GARRISON). 10 miles. Peppy pace Late return. Meet at Grand Central at the comfortable stationmaster's office across from Zaro's. Walk along old carriage roads past old ponds and a restored gazebo. Purchase round-trip ticket to Garrison. Bring lunch/drink or buy at store if we stop there for bathrooms or water. Rain does not cancel. Fare: \$30 round-trip, seniors less. Leader: Mike Puder. E-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. Joint hike with other clubs but members only.

6/20 SAT, CITY ISLAND, BRONX. 3 miles, city walk, easy pace. Tiny sea-surrounded area with short streets like spines of a fish radiating out from main spinal cord. Main Street has bus going both ways. Guess what the main food attraction here is! Lunch at end of main drag. Meet indoors at subway turnstile at Pelham Bay Park stop of #6 train (last stop) at 11 a.m. Allow time for restroom (at subway stop). Then we board bus Bx29 to City Island and get off once over bridge on City Island. Leader Susan B.; 718-275-7654; call to confirm. No Meetup. Joint walk. Nonmembers: \$3.



6/21 SUN, ED KOCH BRIDGE TO STRAND SMOKEHOUSE. Walking over the 59th Street Queensboro (Ed Koch) Bridge and LaGuardia Community College. A brief conversation of the historical formation of Sunnyside Gardens. We will walk about 12 blocks on Broadway in Astoria to reach Strand Smokehouse. Locally brewed beer and smoked fish or meat for an optional late lunch or snack is available. Meet at 10:30 a.m. at 61st Street near the Bed, Bath and Beyond on 1st Avenue. Take 6 or 4 train. Bring lunch, water, and snack. Call to confirm the evening before the walk, up to 9:00 p.m. Leader: Youn, 917-670-3845. Joint walk. No Meetup. Members only.

6/27 SAT, GREENWOOD LAKE ROCK RIDGE. 12 miles. Moderate pace, but hard terrain. Linear hike on the rocky ridge over Greenwood Lake. Excellent views, but we will sweat for it. Bring loads of water, bug spray, lunch, and trail-worthy shoes. Meet at Port Authority Bus Terminal, Manhattan. Contact leader for exact times. Late return. Leader: Brian J Dawson. Call week before to hear recorded message to confirm leader is not working, 718-967-0855. Registration is NOT required, but call to hear go-ahead. Questions best at night.hiker.nyc@gmail.com. Nonmembers: \$3.

6/27 SAT, THE LOWER UPPER WEST SIDE. 2 miles slow walking for 3 hours with many stops between 59th and 77th streets. We will explore the vast transformation of two parts of the neighborhood: Lincoln Center (from a former residential area) and Riverside South (from former NY Central railroad yards). We will stop at several statues and memorials and also see sites of iconic American movies. Other stops include historic districts, beautiful residential and institutional buildings, and the gorgeous interior of the Apple Bank. Meet 10 a.m. in the Time Warner building at Columbus Circle (A, B, C, D, 1 trains), on street floor at top of escalator that goes to Whole Foods. End at 1, 2, 3 trains at 72nd and Broadway. Steady rain cancels. Meetup OK. Leader: Leigh Hallingby, lhallingby@gmail.com or call/text 551-404-7514. Contact up to 10 p.m. or check Meetup to confirm. Nonmembers: \$3.

6/28 SUN, CONEY ISLAND TO SHEEPSHEAD BAY, along the boardwalk from Coney Island to Manhattan Beach. Flat terrain, moderate pace, 4 to 5 hours, approximate distance 4 to 6 miles. Lunch and possible swim at Manhattan Beach. From Manhattan Beach, the walk will continue along Shore Boulevard to West End Avenue, where we'll stop to visit the Holocaust Memorial. The walk will end at Sheepshead Bay Q subway station. Bring lunch/water and bathing suit. Meet in front of Nathan's, across the street from the subway station, at 11:00 a.m. Take D, F, N, or Q subway and exit at Surf and Stillwell avenues. Rain cancels. Joint walk. Please call 908-623-3883 or email eleibow@verizon.net to confirm walk status. Cell phone 201-850-9649 on day of walk only between 10:00 a.m. and 11:00 a.m. Rain on day of walk cancels. Joint walk. Nonmembers of Shorewalkers and Outdoors Club: \$3.

Check one box

- INDIVIDUAL (18 and older)...     1 yr. \$12.....     2 yrs. \$18                      MEMBERSHIP
- FAMILY (one address).....     1 yr. \$20.....     2 yrs. \$28                      APPLICATION
- SR's (65/older).....     1 yr. \$10.....     2 yrs. \$14
- CONTRIBUTING.....     1 yr. \$30.....     2 yrs. \$50

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ I AM interested in finding out about leadership: Yes \_\_\_\_\_

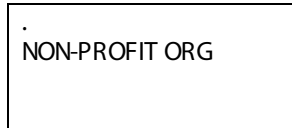
E- mail Address: \_\_\_\_\_ Mail to: The Outdoors Club (Lenox Hill Station address below)

The Outdoors Club Inc. is a non-profit 501(c) (3) volunteer organization. The leaders of these activities are volunteers, and are not paid professional guides or leaders. Participant is voluntarily participating with knowledge of the risks. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. All hikers assume the responsibilities and risks of hiking and release the Club, its officers, leaders or substitute leaders from any liability whatsoever for any loss, damage to personal property, and injury however caused of any kind, nature and description. It takes 4-6 weeks to process. However, if you use PayPal from our website it only takes 10 days to process.

\_\_\_\_\_  
 Signature (YOU MUST SIGN) - ALL FAMILY MEMBERS MUST SIGN

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THE OUTDOORS CLUB INC.  
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