



Wanderings

newsletter of the
OUTDOORS CLUB INC.

<http://www.outdoorsclubny.org>

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The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety, and the wellbeing of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. **Nonmembers pay one-day membership dues of \$3.**

CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE! RENEWAL NOTICES WILL NO LONGER BE SENT. **It takes 4-6 weeks to process your renewal.** Some leaders will be asking members for proof of membership, so **please carry your membership card or schedule on activities** (the expiration date is on the top line of your mailing label on the schedule). PayPal payments are usually processed in a week.

ELECTIONS: If you would like to run for an officer position on the Board please e-mail your resume and three references to hbmanjee@yahoo.com by September 1st.

VOLUNTEERS: The Club cannot function without volunteers. **We need leaders.** We also need someone to log in checks with Word and Excel software programs on their computer. You should have bookkeeping or accounting knowledge. Please contact Helen at hbmanjee@yahoo.com or 212-348-5344 if you would be able to help.

NEED TO CONFIRM has been **underlined** in the outing write-up. Please be sure to confirm that the outing will take place. We have also underlined any special instructions from leaders.

TRANSPORTATION. Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip. Here are some useful transportation phone numbers: New York City Travel info: 212-330-1234 and 718-243-7777; Long Island Railroad: 516-822-5477 or 719-217-5477; Metro North: 212-532-4900. You can also log onto: www.mta.nyc.ny.us.

SUMMER TIME and the weather may be hot. Please bring **plenty of water**, sunscreen, bug spray, head protection. Prevent Lyme disease and poison ivy by walking in the center of trails, and avoiding overhanging grass and bush. Use insecticide that repels ticks and mosquitoes. Other safeguards include wearing long-sleeved shirts, hats, pants tucked into socks, and shoes or sneakers that leave no part of the feet exposed. Light colored clothing makes it easier to detect ticks. Check yourself for ticks and don't overlook anything that at first glance may appear to be a speck but is in fact a tick the size of a poppy seed. It is also advisable to wash all clothes and shower immediately after spending a day outdoors.

INQUIRIES, COMPLAINTS AND SUGGESTIONS – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to hbmanjee@yahoo.com

Many thanks to all our volunteers and hike leaders! We could not do it without you!

Come hike with us. You'll never know how much fun you might have until you try it.

Richard Lefkowitz, Dorothy Szorc, Harvey Fishman, and Helen Mangione-Yee

6/30 SAT, CENTRAL PARK, “BOB’S” TREE IDENTIFICATION WALK . . . A MEMORIAL WALK FOR BOB SUSSER. A relaxed stroll to identify some of the approximately 140 species of trees in Central Park, as described in the book *New York City Trees* by Ned Barnard. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. This walk will necessarily proceed at a snail’s pace, with many stops to look at trees. Meet at 11 A.M. at the Vanderbilt Gate (main entrance) to the Conservatory Garden at 5th Ave. & 105th St. We’ll have lunch underneath the wisteria at the pergola in the Conservatory Garden, so bring lunch and beverage (there is also a Maoz vegetarian snack bar near gardens). We will tour the gardens, walk to the Harlem Meer, the Ravine, the Loch, the Pool and follow the Bridle Path as we identify trees along the way. This walk will be somewhat flat. . .no steep hills. Not necessary to register, but you must call on Friday, June 29th in the evening 7pm-9pm to make sure that the visit is on. Jim Peborde and Helen Mangione-Yee 212-348-5344.

6/30 SAT, EISENHOWER PARK FIREWORKS AND CONCERT. This fireworks display is tied for first place with the Memorial Day display. We will meet at 4:45 PM at the corner of Hempstead Tpk and East Meadow Ave. at the light to cross Hempstead Tpk. into the park. (There is a huge parking lot on the other side of the office building). The walk is only about 1 mile and safe to walk. Driving in is terrible, and driving out is just as bad, so walking is much faster and more pleasant--and besides we are a walking group! **YOU NEED TO GET A FREE TICKET FROM ANY TD BANK IN NASSAU** (and maybe other areas—call bank). We are meeting at this time so that we can be at the gate when it opens, or soon after, and find room at my favorite spot. They close the field when they decide it is too crowded. I will not hear the phone when the music starts. Leader: Joanne: Home Phone: (516) 931 2073 before the event or cell after 4:00—emergency only—(516) 710 0352. If you attempt to find us, we will be under the trees on the west side of the field. Bring jacket, dinner, and chair or blanket to sit on. I never had to spray but you may want to bring insect repellent. I would appreciate it if you do call me at home so that I know to look for you. The date of the event is as yet uncertain: please call to confirm. Members only.

7/1 SUN, ED KOCH BRIDGE TO STRAND SMOKEHOUSE IN QUEENS. About 9-10 miles walking over the Queensboro Bridge on paved streets to Long Island City and LaGuardia Community College. Our walk will continue to Sunnyside and Sunnyside Gardens. The historical and social aspects of establishing Sunnyside Gardens and housing development will be the main topic of a presentation. Finally, we will walk about 12 blocks on Broadway in Astoria to reach the locally well-known Strand Smokehouse for locally brewed beer and smoked fish/meat for optional snacks. Meet 10:30 AM at 60th Street and 1st Avenue in front of Bed, Bath & Beyond. Take # 4, 5, or 6 train and get off at the 59th Street and Lexington Ave. station and walk to 1st Avenue. Bring lunch, water, and snacks. Call to confirm up to 9:30 PM a day before the walk. Leader: Youn, phone: 917-670-3845. Please, no slow walkers. Members only.

7/1 SUN, GREENWOOD CEMETERY. Meet leaders Ken King (631-592-1937) & Bob Ward (718-471-7036 after 8:00 pm and not on day of trip) at 12:00 pm just in front of the cemetery gate. We will take a trolley tour of one of America’s oldest rural cemeteries seeing the final resting places of some of the rich and famous and infamous. After which, we will walk around a little bit. Take the R train at 25th Street and walk upward on 25th St. to the cemetery. No Go if temperature is forecast to reach 80 or higher. Look for Yahoo Group notice for any changes. Bring lunch and water. Joint with other clubs. Members only.

7/5 THURS, VAN CORTLANDT PARK. 6 miles at a moderate pace. Exact trails will depend on the weather. Meet at 10:30 at the end of the No. 1 train (242nd St.). Please match your footwear to weather conditions; hiking boots are best. Bring lunch and water. Hike ends where it began. Leader: Pat Belanoff, 212 568 2052. Call after Tuesday, but not after 9:30 at night or email padaulton@gmail.com, but you must check to make sure hike is on. Joint hike. Members only.

7/7 SAT, LIGHT OVERNIGHT BACKPACKING TRIP (now known as fastpacking or slackpacking). We will meet to go on an overnight backpacking trip to an easy area for first timers. This will be an easy trip on old woods roads. The gear required for this trip will be minimal. I will supply some of the essentials, but a minimum of gear is a quilt or blanket and a flashlight and a tarp or plastic sheet. Interested? For information and a fuller list, please e-mail me at: nyhiker50@verizon.net well before the trip. Leader: Michael Puder. Members only.

7/8 SUN, BAY RIDGE BROOKLYN VIA FERRY. 3 miles at a slow but steady pace. Meet leaders Ken King (631-592-1937) and Bob Ward (718-471-7036, please call after 8:00 pm and not on day of trip) at 11:30 at the last M-34 Bus. Make sure the bus you are on goes to 34th St. East River. We will take a ferry to Wall St. and transfer to the South Brooklyn Ferry to its last stop and then walk along the waterfront till almost under the Verrazano-Narrows Bridge and return by train. No Go if temperature is forecast to be 90. Look for Yahoo Group notice for any changes. Bring lunch and water. Joint w/ other clubs. Members only.

7/13 FRI, JOHN GOLDEN / CROCHERON PARK, CROSS ISLAND WALKING PATH, BAYSIDE. 5-6 miles. Moderate paced hike on paved trails. Lots of water views, some stairs, slight hills. Bring lunch and beverage. Directions: If by auto, Northern Blvd, or Cross Island Parkway, to Bell Blvd. Turn onto 33rd Ave, drive a few blocks to end of street and gates to park. If using mass transit, 7 train to Flushing, take Q13 bus, get off at 33rd Ave. Walk down 33rd Ave to 215 PL and gates to park. Meet at field house at 10:30. Leader: Kathy de Vos 718-423-4221, cell 646-661-0122. If questionable weather call/text to see if it's a go. Look for Yahoo Group notice for any changes. Joint hike. Nonmembers \$3.

7/14 SAT, BOWLING GREEN, WALL STREET, TO SOUTH STREET SEAPORT. 2-3 miles, easy pace, good summer walk. Meet in front of Museum of American Indian (formerly U.S. Custom House) at 11 am. If weather inclement, can visit inside museum with its Native American art and indoor murals. Will also cover Bowling Green area, Trinity Church, Wall St, Broad and Pearl St. up to and including So. St. Seaport. There are restrooms in museum, and museum is free. We will eat on Broad St.—cafes or bring your lunch—there are places to sit. Transportation: #4, 5 to Bowling Green, #1 to South Ferry, R to Whitehall St. Leader: Susan B; 718-275-7654. Call to confirm. Bring fluids, sunhat. Joint walk; members, friends only. Nonmembers \$3.

7/14 SAT., KINGSLAND POINT PARK to ROCKWOOD HALL PARK. 7 to 8 miles, easy with short hills. Visit to Sleepy Hollow Lighthouse, then along scenic Riverside Dr. through beautiful North Tarrytown and Fremont Lake. View the Phelps-James House and W. Rockefeller's Hudson River Estate with spectacular vistas with meadows, woody area, a pond and cascading brook. Bring lunch/plenty water. Good sneakers OK. **NO SMOKING ON HIKE.** Board the Hudson Line train from GCT (42nd St) at 10:20 AM to Philipse Manor OR from Marble Hill (near 225th St #1 subway) at 10:42, arriv. 11:16. Fare: O/W \$10.75/Srs. \$7. (less from Marble Hill). Look for Yahoo Group notice for any changes. Leader: Rolande Chapeau. Members only.

7/15 SUN, ASTORIA. 3 miles at a slow but steady pace. Meet leaders Ken King (631-592-1937) & Bob Ward (718-471-7036 call after 8:00 pm and not on the day of the trip) near the foot of the stairs at the end of the "N" train near the SW corner of 31st St. and Ditmars Blvd. at 11:30. We will walk through Astoria and then along an upper East River promenade before returning by ferry. No Go if temperature is forecast to reach 90 or higher. Look for Yahoo Group notice for any changes. Bring lunch and water. Joint w/ other clubs. Members only.

7/21 SAT, BEAR MOUNTAIN. 8 miles. We will climb Bear Mountain on the Appalachian Trail on the new section which is on stairs and come down on the other side on an easy road (Perkin's Drive). There is some uphill involved but there are great views! Meet at Grand Central Station in the comfortable Station Master's office across from Zaro's on street level to take the train to Manitou. I'll get the schedule that day but Late Return, bring a flashlight, on the last train around 7:30. Start e-mailing Tues. night of the week of the hike at nyhiker50@verizon.net any time up to 1 day before the hike (e-mails preferred). Fare \$29 RT. Leader: Mike Puder. Members only.

7/21 SAT, BETHLEHEM BLUEBERRY FESTIVAL. 7 miles, flat paved dirt and gravel: Bethlehem Steelstacks, historic downtown, blueberry festival at Burnside Plantation, with optional return on the Delaware & Lehigh trail back to the starting point. Meet 7:30 A.M. PABT commuter statue for 8:00 A.M. departure on the casino bus. Rain date: Sunday, July 22. R/T \$38; \$10 festival admission. Look for Yahoo Group notice for any changes. Leader: Yon Lee, 718-638-0010 or yonderwalker@gmail.com. Outdoors Club members only.

7/22 SUN, AMERICAN AIRPOWER MUSEUM IN FARMINGDALE. Moderate 5 mile walk. Meet at Penn Station facing the departure board, 8:45am-ish. Buy a one-way ticket to Pinelawn (\$11.50) boarding the 9:08 A.M. train. Walk to the end of the train platform at Penn Station and board the last 2 open cars. Ask the train conductor if you're not sure. We'll join a guide-led tour of the patriotic American Airpower Museum (\$10.00 admission), lunch at Stew Leonard's ("the Disneyland of food stores"). Walk along leafy suburban streets to the endpoint of Farmingdale train station (the lovely main street of Farmingdale is a few blocks away). Leader: Kristina. Please check the Outdoors Club Meetup page for this walk to get latest updates, to RSVP, and to ask questions. Calls/texts up to 9 P.M. evening before: 347-735-1086, but use of Meetup page preferred. Nonmembers, \$3.

7/28/ SAT., BUTTERMILK HILL AREA ON THE ROCKEFELLER STATE PARK PRESERVE. 12 miles moderate all day hike with some hills. No drop off point. Hike along beautiful marked trails including along the Fergusons Lake. Scenic with great views of the Saw Mill River Valley. Bring lunch/plenty water. Good sneakers OK. **NO SMOKING ON HIKE.** Take the Harlem Line train from GCT (42nd St) to White Plains at 9:10 AM OR from Fordham near D subway at 9:28, train arrives at 9:48. We'll take W14 Bus at 10:22. Fare: \$9.25/Srs. \$6.00, Metro-card for Bus W14. Look for Yahoo Group notice for any changes. Leader: Rolande Chapeau. Members Only.

7/28 SAT, MANITOU NATURE PRESERVE/OUTWARD BOUND TRAILS. 6 miles on forested trail paths and creeks. Vivid views from high bank overlooking the Hudson River. A moderate pace on flat trails and small hills. Newly recontoured pathways and modifications. Bring along a hiking pole or use tree branches for same. Meet at 8:15 A.M. in GCT by the big clock at the information booth. Tentative schedule: Hudson Line train departs at 8:43 A.M. arriving Manitou Station at 9:55. Return from Manitou at 4:26 P.M.; arriving GCT at 5:48. Bring lunch and water. Leader: Marvin Malater, 718-376-3608 call for hike status/ information. Nonmembers: \$3.

7/29 SUN, VAN CORTLANDT. Meet 10:30am at token booth 241st last stop on #1 train, walk in Van Cortlandt Park, approximately 7 miles. Email walklover1@gmail.com week before walk to confirm, if no email call Helen 212-348-5344 on 7/28 evening 7pm-8pm only to confirm. Nonmembers: \$3.

8/2 THURS, FORT TRYON TO WAVE HILL. 6 miles at a moderate pace. Meet 10 AM at the entrance to Ft. Tryon Park, at the end of Fort Washington Ave. Take the M4 bus to the entrance to Ft. Tryon Park or the “A”-train to 190th Street and the elevator up. Return via bus to the #1 train. We’ll walk through Ft. Tryon and Inwood Hill Parks, and on to Wave Hill. Wave Hill admission: \$8/\$4 seniors. We’ll be on paved walks much of the time except for well-maintained woodland trails in Inwood and later in the Bronx in Riverdale Park. Hiking boots are recommended as the trail can be muddy. A few gradual ups and downs. Bring water and lunch or buy late lunch at Wave Hill. Leader: Pat Belanoff, 212 568 2052. Call after Tuesday, but not after 9:30 at night, or email padaulton@gmail.com, but you must check to make sure hike is on. You can also call up to 9 AM morning of hike. Joint hike with Urban Trail. Members only.

8/4 SAT, CONEY ISLAND AND WALK TOWARDS CITY. Meet Coney Island and city street back towards city, approximately 7 miles. Email walklover1@gmail.com week before walk to confirm, if no email call Helen 212-348-5344 on 8/3 evening 7pm-8pm only to confirm. Nonmembers: \$3.

8/5 SUN, FAR ROCKAWAY. 5-6 miles. Meet at 11:30 at the last stop of the A train at Mott Avenue (must take the A train going to Far Rockaway or Mott Ave.). We will meet in the downstairs waiting room—small, you can’t miss us. About 20 minute walk to the beach, then we will have lunch, walk and swim. Bring lunch and bathing suit. We will come back to the same place (there are places to drop out if you want). Email Finch149@gmail.com. Cancelled if raining. Phone 516-359-1591, serious calls only. Nonmembers \$3.

8/10 FRI, KISSENA PARK AND KISSENA CORRIDOR. 5-6 miles. Moderate paced hike in lovely Queens park. There is a lake, many paved trails, tall trees and some stairs. Learn about the history of this park as the first nursery in America beginning in 1735. Meet up at 10:30 at 164th St and Oak St, Flushing. Parking on street. Transit: 7 train to Flushing, Q 65 bus to 164th and Oak. Bring lunch and water. Look for Yahoo Group notice for any changes. Leader: Kathy de Vos 718-423-4221, cell 646-661-0122. Questionable weather, call/text. Joint hike. Nonmembers \$3.

8/11 SAT, CENTRAL PARK NORTH AND EAST SIDE SHOREWALK SOUTH. About 3 miles. Bring water, lunch, sun hat, sun screen. Easy pace. We will walk along Central Park path and small part of reservoir. Meet: 10:30 A.M. Take #6 train to 68th Street stop of Lexington Avenue Subway near south side of Hunter College. Leader: Ellen Juro 212-861-4267. You must call to confirm that walk is on. Nonmembers, \$3.

8/11 SAT, OSBOURNE LOOP (GARRISON). 10 miles. Peppy pace with possible stop at a grocery store to meet thru hikers. Late return. Meet at Grand Central Station at the comfortable Station Master’s office across from Zaro’s. Walk along old carriage roads past old ponds and a restored gazebo. Purchase R/T ticket to Garrison. Bring lunch/drink or buy at store if we stop there for bathrooms or water. Rain does not cancel. Fare: \$29.00 round trip. Leader: Mike Puder. LATE RETURN. E-mail me at nyhiker50@verizon.net any time up to 1 day before the hike for details. Joint hike w/ other clubs but MEMBERS ONLY!

8/12 SUN, DOWNTOWN BROOKLYN TO PROSPECT PARK. Meet 10am at Jay Street on multiple subway lines, walk to and in Prospect Park, approximately 7 miles. Email walklover1@gmail.com week before walk to confirm, if no email call Helen 212-348-5344 on 7/21 evening 7pm-8pm only to confirm. Nonmembers \$3.

8/18 SAT, SUNNYSIDE TO ASTORIA. 2 1/2-3 miles, easy pace, good summer walk. Meet 1 pm on sidewalk on north side Queens Blvd. between 45-46 St., near Dunkin Donuts. Take #7 line to 46th St. and Queens Blvd. Learn historic development of Sunnyside Gardens dwellings, pass Astoria movie studios and their lots, and visit lobby of Museum of Moving Image (restrooms there). We go down Broadway towards East River; visit Historical Society (Astoria), pass

Noguchi Museum and end up at Socrates Sculpture Garden. Bring liquids, sunhat. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; members, friends only. Nonmembers \$3.

8/18 SAT, ROCKAWAY PARK BEACH HIKE AND SWIM. 7 miles. Moderate pace on flat terrain. Finish between 3:00—4:00 PM. Walk along boardwalk from Beach 116th Street to Beach 9th Street. After lunch, walk back to subway station at Beach 44th Street where walk will end. Drop. Off points with access to subway along walk route. Bring lunch, water, and bathing suit. Meet: 11:00 AM outside subway station at Beach 116th Street. Take JFK A-Train to Broad Channel, change for S-train at Broad Channel or Rockaway Boulevard and exit S-train at Beach 116th street. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709; Email: eleibow@verizon.net; Cell phone: 201-850-9649 only on day of walk after 10:00 AM. Joint walk. Nonmembers of Shorewalkers and Outdoors Club: \$3.

8/19 SUN., ROCKAWAY BEACH/FORT TILDEN. A few easy miles walk on the boardwalk and nature trails to Fort Tilden area a defender of N.Y. Harbor. Climb up the stairs to the top of a gun bunker for views. Bring lunch/plenty water, and your bathing suit. Sneakers OK. NO SMOKING ON WALK. Take any train to Wall Street and walk East to Pier 11 to purchase our ticket to Rockaway inside the building, \$2.75 (can't use metro card). Meet not later than 10:10 AM. Ferry leaves at 10:30 AM sharp (week-end time departure) into the delightful 1-hour ride on the Brand New Big White Ferry to Rockaway 8th St. with a free shuttle near the beach to Jacob Riis Park! We may return the same way OR take the Shuttle train at 116th St. to A train OR we can return on the Q35 Bus to #2 subway. Queens Residents may take the LTD Q53 Bus to Woodhaven/Queens Blvds. OR to Jackson Heights to connect to any subway. Fare MetroCard. Look for Yahoo Group notice for any changes. Leader: Rolande Chapeau. Nonmembers \$3.

8/24 FRI, FORT TOTTEN AND LITTLE BAY PARK. 5-6 miles. Moderately paced hike on the grounds of a former Civil War fort. Water views, old restored buildings, paved walks. Meet up at 10:30. Bring lunch and water. Leader: Kathy de Vos 718 423-4221, cell 646-661-0122. Driving: Cross Island Parkway, exit Bell Blvd, left at light, drive .5, left at signs for fort, parking lot 300 ft on left. Transit: 7 train to Flushing, take Q 13 or Q 16 bus to Ft Totten, last stop. If temp very high, might cancel. Call/text. Look for Yahoo Group notice for any changes. Joint hike. Nonmembers \$3.

8/25 SAT, MARINE PARK AND VICINITY. 3 miles, easy pace. We will visit Marine Park, the nature center, and see the Lott House. Optional early dinner in local restaurant. Meet 3 P.M. Take Q Train to Kings Highway Station. Use E. 16 Street Exit. Meet at East 16th Street and Quentin Road. Leader: Alan Hecht 718-252-2161 call to confirm before 10 PM. Nonmembers: \$3.

8/25 SAT, NASSAU SUFFOLK TRAIL, SMITHTOWN TO SUNKEN MEADOW. 12 miles, flat terrain. Moderate pace. Bring lunch/drink. Meet in Penn Station at the LIRR waiting room on the lower level. See the mighty Nissaquoge River and pass by the Smith House which is over 300 years old. LATE RETURN. Leader: Mike Puder, 718-743-0920. Call beginning Thursday eve (till 9:30 PM) the week of hike for a recorded message with details or e-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. Joint hike w other clubs. Fare: \$27.50 RT, seniors less. MEMBERS ONLY.

8/25 SAT, ROCKLAND LAKE/HUDSON RIVER SHORE PATH/ESTATE ROADS TO NYACK. 6 miles at a moderate pace on mostly flat trails. One small hill up. Superb vistas at lake and shore road. Bring lunch and water. Optional dinner in Nyack, near the return bus stop. Meet before 8:45 A.M. at PABT South Wing by the Commuter Statues. Bus departs at 9:15 A.M. to Rockland Lake, Bus 9A, Gate 220, arriving Rockland Lake at 10:35 A.M. (same bus at GWBBT, leaving at 9:40 A.M.). Leader: Marvin Malater 718-376-3608. Call for hike status or information. Nonmembers: \$3.

8/26 SUN, BATTLE OF BROOKLYN RE-ENACTMENT. At 10:30 a.m. sharp. Meet leader Eric W. for this annual event at the Main Gate to Green-Wood Cemetery. The Battle of Brooklyn, fought in 1776 on land that is now part of Green-Wood, was the first battle of the American Revolution to be waged after the signing of the Declaration of Independence. Green-Wood hosts a day of commemoration to honor all those who served to defend the young republic. See parades, cannon fire, horses, and re-enactments. This is a great event for members only. R train to 25th Street in Brooklyn, be sure to check subway service at the MTA website. Pre-registration at stnonradio@yahoo.com. Bring lunch, water, sunscreen, wear a hat. Members only.

9/1 SAT, ASTORIA TO MANHATTAN. 8 miles, moderate pace mostly level on pavement. Crossing the Triboro Bridge explore Wards and Randall Islands. Side loop into the Bronx. Cross Wards Island Bridge to Manhattan. End at Q Train 96th Street Station. Bring lunch/water. Take N or W train to Astoria Blvd. (sign on station platform reads "Astoria Blvd Hoyt Avenue"). Meet 10:45 AM at SW corner of Hoyt Avenue South and 31st Street in front of Dunkin Donuts/Baskin

Robbins. Metrocard. Leader: Joel Pomerantz 212-691-3844. Call to confirm evenings before 10 P.M. Rain, extreme heat, cancels. MEMBERS ONLY.

9/2 SUN, ROOSEVELT ISLAND, about 2- 3 miles, easy/slow pace, rest stops. We'll walk around the island & take the tram back to Manhattan for an early dinner. Meet 2 PM (after lunch and bathrooms) near F-subway token booth on Roosevelt Island stop. Bring water. Take Tram, F train or Q102 bus. Leader: Helen Mangione-Yee call ONLY morning of walk 9-10 AM to confirm 212-348-5344. Nonmembers: \$3.

9/03 MON., HIKE ALONG THE HUDSON RIVER, SOUTH. 7-8 mile easy flat hike. Drop off available. Hike along the river to see new spots, autumn flowers, shrubbery's and spectacular views of the Hudson. We'll continue downtown. Bring lunch/water. Sneakers OK. NO SMOKING ON HIKE. Take any train to 34th St Station and meet in front of Macy's by the benches at 34th St/Bway at 10:15 AM. Fare: Metro-card. Look for Yahoo Group notice for any changes. Leader: Rolande Chapeau. Optional Labor Day dinner at end to Chinatown. Nonmembers \$3.

9/7 FRI, ALLEY POND PARK. 5.5 – 6 miles at a moderate pace. Hilly terrain, some trails paved others wood chips. Meet at 10:30 outside park field office. Bring water and lunch. Trail shoes recommended. Directions: If driving, Union Tpke to Winchester Blvd, large parking lot on left. Transit: E or F train to Kew Gardens/Union Tpke. Take Q 46 bus to Winchester Blvd, walk short distance to park. Look for Yahoo Group notice for any changes. Leader: Kathy de Vos 718-423-4221, cell 646-661-0122. Joint hike. Nonmembers: \$3.

9/8 SAT, DOUGLSTON & LITTLE NECK. Moderate 6 mile walk through the suburban enclave of Douglaston & Little Neck. Meet 9amish at Penn Station, facing the departure boards in front of the tracks. Buy a one-way ticket for the 9:18 am train (\$7.50). Historical architecture and homes with back stories, walk Shore Road and enjoy the water views. Since we are walking in mostly residential areas, bathroom access is limited—up to 3 hours gap between bathroom stops—be warned!). Leader: Kristina. Please check the Outdoors Club Meetup page for this walk to get latest updates, to RSVP and ask questions. Calls/texts up to 9pm evening before: 347-735-1086, but use of Meetup page preferred. Nonmembers: \$3.

9/9 SUN, NASSAU COUNTY MUSEUM OF ART AND EASY HIKING. We will meet at 10 AM in front of the Information Window at Penn Station of the LIRR. We will take the train to Greenville, LI where we will walk approximately 1.2 miles to the Nassau Museum in Roslyn. Train departs at 10:25 AM but subject to change so need to check with leaders and email changes about possible train schedule change. Fare RT Adults \$19.50, Seniors \$13.50. Those coming from LI can meet us at the train station or at the Museum (Parking \$2). Please call us for meeting time and details if you are meeting us in LI. Museum admission Adults \$10, Seniors \$4. We will visit the Museum and grounds which are very beautiful. You can bring lunch and eat on the grounds. They also have a Café with limited food options. We will have a Docent Tour of the museum at 2PM. After visiting the museum we will walk on the many beautiful trails on the grounds of the Museum, 4-6 miles. After visit we will walk back to the train station to return to NYC, Penn Station around 5PM. Leaders: Sarina Meones, SarinaMeones@gmail.com, 212-924-8412) and Mary Durkee, Marysz@gmail.com (609-915-1949). Look for Yahoo Group notice for any changes. Nonmembers: \$3.

9/13 THURS, EXPLORATIONS OF THE LONG ISLAND GREEN BELT. Exact route to be determined later. Check the web or call. Rain cancels. Leader: Pat Belanoff, 212-568-2052 or email padaulton@gmail.com. Call to confirm after Tuesday, but no calls after 9:30 pm. Joint hike with Urban Trail. Members only.

9/15 SAT, SHORE ROAD, OWL'S HEAD PARK, DUMPLINGS. 4-5 mile hike, mostly flat, at a moderate pace along the East River's Shore Road in Brooklyn. Meet: 11 A.M. at the Brooklyn 95th Street R subway station (downstairs at 95th Street and 4th Avenue, NW corner). Following Shore Road to Owl's Head Park, we'll continue to 48th Street, in the Sunset Park section for an optional late lunch/early dinner. Here, a course of tasty dumplings comes at a reasonable cost. Bring snacks, food, water. Leader: Marvin Malater, 718-376-3608, call for status or information. Joint hike. Nonmembers: \$3.

9/15 SAT, SUNNYSIDE TO ASTORIA. 5-7 miles in Queens, level & moderately paced. We'll tour Sunnyside Gardens (the 1st example of a planned community in the U.S.), then cross the train yard to Northern Blvd., where we'll visit (& have lunch at) a rooftop farm @ the edge of Astoria. After lunch, we'll continue walking in Astoria (Kaufman-Astoria studios, Athens Sq. Park & other points of interest en route). We may explore commercially lively 30th Ave. & loop back to Broadway or continue to Welling Court to see mural art. Bring lunch, water, snacks. Likely early dinner option. Taking #7 to "46th-Bliss Street," MEET @ 11:30 AM in the seating area under the "El." Steady rain cancels. Look for Yahoo Group notice for any changes. Joint walk. LEADER: Dev Zetlan, 212-662-8922 or devz@aol.com. Nonmembers, \$3.

9/16 SUN, BROOKLYN BRIDGE PARK AND GOVERNOR'S ISLAND. 3 miles at a slow but steady pace. Meet leaders Ken King (631-592-1937) & Bob Ward (718-471-7036 after 8:00 pm and not on day of the trip) outside the turnstiles of the Clark Street station (2 or 3 train) at 11:30. We will walk through Brooklyn Bridge Park, take a free ferry to Governor's Island, walk around and then return by ferry. Bring lunch and beverage. Look for Yahoo Group notice for any changes. Joint w/ other clubs. Members only.

9/22 SAT, GREEN-WOOD CEMETERY at 25th St. and 5th Ave., one block from R subway. 2-3 miles, easy pace, some hills. National historic landmark, beautiful brownstone gates, landscaped cemetery with many famous (Leonard Bernstein) and infamous (Johnny Torio) people buried here, as well as Civil War heroes. R train to 25th St. and 4th Ave. where we meet at 1 pm after lunch. Bring liquids, sunhat. Restrooms at entrance to cemetery. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk. Members, friends only; nonmembers \$3.

9/23 SUN, SOUNDVIEW, BRONX VIA NEW FERRY ROUTE. Meet leaders Ken King (631-592-1937) & Bob Ward (718-471-7036 after 8:00 and not on day of the trip) at 11:30 at the last stop of the M-34 bus. Be sure that the bus you are on goes to 34th St. East River. We will take a ferry to Soundview in the Bronx and explore Pugley's Creek Park before returning. Bring lunch and beverage. Look for Yahoo Group notice for any changes. Joint with other clubs. Members only.

9/29 SAT, 116TH STREET, NEARLY RIVER TO RIVER. About 4 miles, a few ups and downs, moderately paced. Includes crossings: Columbia campus & Morningside Park, followed by an amazing confluence of cultures (Puerto Rican, African, African-American, Mexican, Italian). Old buildings with stories. Marquetas, mosques, flea markets. As we proceed east, we may loop around a bit looking for vestiges of Italian East Harlem, maybe even find an early dinner option there (but don't count on Rao's). MEET @ 1 PM (after lunch) @ gate to Columbia University, 116th St. & Broadway. Take #1 train to "116th St.-Broadway." Steady rain cancels. Look for Yahoo Group notice for any changes. Joint walk (UTC). LEADER: Dev Zetlan, 212-662-8922 or devz@aol.com. Nonmembers, \$3.

9/30 SUN, SUKKOTH WALK THRU WILLIAMSBURG BROOKLYN. We will meet on the street in front of Driggs Ave exit of the Bedford Ave L train station at 11 AM. We will walk down Bedford Avenue into Williamsburg where we will see the Sukkoth terraces and backyards of the Religious Jews. We'll turn onto Myrtle Avenue and take a brake to admire the sculptures and art at the Pratt Institute campus. We'll continue down DeKalb Avenue to Vanderbilt Avenue with a stop for ice cream at Ample Hills. The walk ends at Prospect Park, with the option of either visiting the park or going to the Brooklyn Museum. We can also meet for optional dinner near Atlantic Avenue. 5-7 miles, moderate pace. We can also continue to walk to Brooklyn Heights for additional transportation. Look for Yahoo Group notice for any changes. Leaders: Sarina Meones, SarinaMeones@gmail.com (212-924-8412) only on day of walk and Mary Durkee, Marysz@gmail.com (609-915-1949). Nonmembers \$3.

9/30 SUN, WEST SIDE RIVER WALK. Moderately paced walk, around 7-10 miles walking on paved streets, starting from Riverside Park and then on to the promenades of the two piers on 69th Street to view the waterfront of N.J. We'll view various wild flowers, shrubs, and sculptures funded by the NYC Public Arts Project. Finally, we'll reach the elevated 1930 freight rail, the High Line, the railroad line converted into a wild wonderland of NYC. Visiting St. Luke's flower garden in the West Village will be a memorable experience. An optional late post-lunch snack at an ice cream store or pizza place will be a possibility. Meet 10:00 AM at 72nd Street and Broadway, Trader Joe's Lobby. Take #1, 2, 3 to 72nd Street. Bring lunch, water, and snacks. Leader: Youn, 917-670-3845. Call to confirm the walk status no later than 9:00 PM a day before the walk. No slower walkers, please. Members only.

10/6 SAT, OSSINING TO PHILIPSE MANOR. 8 miles, moderate pace with some ups and downs. Ascent Sing Sing Kill Greenway to OC Aqueduct. Follow latter south to the trails of the Rockefeller State Park Preserve. Cross Sleep Hollow Cemetery; visit graves of Chrysler, Gompers, Carnegie, Washington Irving and others. Bring lunch/water. Meet Grand Central Station info kiosk at 9:25 AM for 9:45 train to Ossining. R.T. \$21.50, seniors \$14.00; Leader: Joel Pomerantz 212-691-3844, call to confirm before 10 P.M. Rain cancels. MEMBERS ONLY.

10/07 SUN., EAGLE HILL AREA on the ROCKEFELLER STATE PARK PRESERVE. 12-13 miles hike on moderate terrain with some hills. No drop off point. Hike on different trails crossing many bridges, including vista of a special mansion, all very scenic. Bring lunch/plenty water. Good sneakers OK. NO SMOKING ON HIKE. Take the Hudson Line Train from GCT (42nd St) to Philipse Manor at 9:20 AM and from Marble Hill (near 225th St Station of #1 subway) at 9:42, arriv. 10:16 (TIMES CHANGES, CHECK SCHEDULE). Will post the new timing on the Internet. Fare: O/W \$10.75/Srs. \$7.00.. Leader: Rolande Chapeau. Members only.

10/7 SUN, JACKSON HEIGHTS TO FLUSHING. Meet at Token booth at 74th Street, Jackson Heights at 11:00 AM. We will walk to Flushing where we will have an option of Seafood Lunch or eating in the Food Court or . . . Then we will walk through Flushing to the Queens Botanical Garden. If people are up to more walking we may visit a Hindu Temple, where they also have inexpensive vegetarian food for lunch. Must remove shoes to enter Temple. We will end at the Main Street subway station. 7-8+ miles moderate pace. Look for Yahoo Group notice for any changes. Leaders: Sarina Meones SarinaMeones@gmail.com (212-924-8412) and Mary Durkee Marysz Marysz@gmail.com (609-915-1949). Nonmembers: \$3.

10/13 SAT, MARBLETOWN O & W RAIL TRAIL. 10 miles, moderate pace, paved dirt & gravel. O & W rail trail, part of the D & H Heritage Corridor between Hurley and High Falls, NY. Inclement weather, hike is cancelled. Meet: GCT clock at 6:30 am for 6:45 departure to Poughkeepsie. Late return time. O/W fare to Poughkeepsie \$18.50, bus fare (cash) \$5.00 r/t, Trailways return bus \$27.25. Look for Yahoo Group notice for any changes. Leader: Yon Lee, 718-638-0010, yonderwalker@gmail.com. Members only.

10/13 SAT, END OF AN AQUEDUCT AND START OF AN AFTERLIFE. 5 hilly miles, relaxed pace. We will walk the entire 3 block length of Force Tube Avenue then proceed uphill, partly on stairs to the Ridgewood Reservoir, the terminus of the Brooklyn aqueduct. After circling the reservoir stop for lunch, then continue on streets to the Evergreens Cemetery which is the 3rd most populous in NYC. They are known for outstanding trees. Bring lunch. Meet downstairs at the Norwood Ave. stop of the J train at 11 AM. Awful or dangerous weather may cancel. Call to confirm. Leader: Richard Sklar: 718-782-7732. Nonmembers \$3.

10/13 SAT, LAMONT-DOHERTY EARTH OBSERVATORY OPEN HOUSE SCIENCE FAIR. Science lectures (Columbia professors), films, tent exhibitions, and about 2 miles of Long Path trails. Meet: Port Authority Bus Terminal, South Wing, by the commuter statue before 8:45 A.M. Bus departs at 9:15 A.M. (bus 9A, Gate 220) arriving state line/L-DEO, at 10:03 A.M. Bring lunch and water. Free return transportation to 120th Street and Amsterdam Avenue starting mid-afternoon every half-hour. Morning bus also available at George Washington Bus Terminal at 9:40 A.M. Leader: Marvin Malater, 718-376-3608. Nonmembers: \$3.

10/14 SUN, “JUNIPERLAND” IN QUEENS. (Pray for good weather this time.). About 4 mi. on level terrain, easy but steady pace. So there was once a “phantom village” in Queens? And what did Arnold Rothstein, the gangster, have to do with it? See the place & hear the story. Stroll through the verdant 55-acre Juniper Valley Park after walking through a commercial (& ethnic) section of Rego Park. We may briefly visit St. John Cemetery. We’ll wend our way through the streets of Rego Park Crescent & see varieties of domestic architecture. Possibility of an early dinner option in a Bukharan restaurant. Take the “R” train to “63rd St.-Rego Park” station. MEET @ 12:45 PM @ 63rd Dr. & Queens Blvd. in front of Rite-Aid (95-14 63rd Dr.). Steady rain cancels. Bring snacks and water. Look for Yahoo Group notice for any changes. Joint walk (UTC). LEADER: Dev Zetlan, 212-662-8922 or devz@aol.com. Nonmembers, \$3.

10/14 SUN, FORT TRYON PARK AND INWOOD. 2 miles at a slow, steady pace. Meet leaders Ken King (631-592-1937) & Bob Ward (718-471-7036 after 8:00 pm and not on day of hike) just outside the building (upper level) of the 190th St.—Overlook Terrace station of the “A” train at 11:30. We will walk through Fort Tryon Park, taking in the vistas and north along Broadway to see the oldest farmhouse, still in existence, in Manhattan, plus other interesting things. Look for Yahoo Group notice for any changes. Bring lunch and beverage. Joint w/ other clubs. Members only.

10/20 SAT., LEATHER STOCKING TRAILWAY. 8 miles, easy with some hills. Visit the Sheldrake Lake, Larchmont Reservoir, and Larchmont Lake. Bring lunch/plenty water. Hiking boots recommended. NO SMOKING ON HIKE. From GCT (42nd St) board the New Haven Line train at 10:36 AM to Mamaroneck OR from Fordham Sta. near D subway, Bronx at 10:54, arriving at 11:18. Meet on the platform. Fare: O/W \$9.25/Srs. \$6.00. Return from Larchmont same zone fare. Also Bus W60 to #2 subway in Bronx. Look for Yahoo Group notice for any changes. Leader: Rolande Chapeau. Members only.

10/20 SAT, LOWER 3RD AVENUE, BOWERY AND MORE. 2 miles, easy pace. Note history of area, changes on lower 3rd Ave. and other places as St. Marks and Astor Places; side streets of 3rd Ave. and Bowery as McSorley’s Ale House; optional visit to New Museum of Contemporary Art at 235 Bowery near Prince St. Meet at 14th St. and 3rd Ave., SW corner, at 1 pm after lunch. Restrooms at Barnes & Noble on 17th St. or coffeehouses in area. Any train to Union Square, walk one block east to 14th and 3rd. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; members, friends only. Nonmembers \$3.

10/20 SAT, GOWANUS CANAL. About 4 to 5 miles, walking on streets. Explore Brooklyn’s own Venice, its vistas and occasional aromas. Learn about its unusual history and view examples of its ongoing gentrification as the seeks to emerge

from more than a century of environmental damage. Possible stops at artists' studios. Meet 11 A.M. outside the Union Street stop in Brooklyn (R train only), NOT Union Square, Manhattan. Call to confirm. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Nonmembers \$3.

10/20 SAT, WEST SIDE RIVER WALK, ART AND DINNER. 5 miles. River vistas from 14th Street to 57th Street, along the Hudson. At 57th Street, a tour of some selected art galleries and a finish at Parnell's for an optional early dinner. Excellent fare and generous servings inclusive of a choice of drink for about \$21 to \$25, including tip. Meet 10 A.M. at the NW corner of 8th Avenue at 14th Street (A/C/E trains). Bring a light lunch/snack and water. Leader: Marvin Malater 718-376-3608, co-leader Joani Auerbach. Call for status or information. Joint walk. Nonmembers: \$3.

10/21 SUN, BAYRIDGE TO CONEY ISLAND, 6-7 miles; moderate pace on flat terrain. Finish between 3:00-4:00 PM. Walk along Narrows to Coney Island taking in beautiful views of the bay area along the Narrows. Walk from subway station to pathway along the Narrows to Surf and Stillwell Ave and end by Nathan's in Coney Island. Subway (D, F, N, and Q) station at end of walk is across the street from Nathan's. Bring lunch and water or purchase lunch at Caesar's Bay Bazaar. Meet 11:00 AM outside the last stop of R subway line, 95th Street and 4th Ave in Bayridge. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709; Email: eleibow@verizon.net; Cell phone 201-850-9649 only on day of walk after 10:00 AM. Nonmembers of Shorewalkers and Outdoors Club: \$3. Joint walk.

10/21 SUN, ROCKAWAY BOARDWALK. 3 miles at a slow but steady pace. Meet leaders Ken King (631-592-1937) & Bob Ward (718-471-7036 after 8:00 pm and not on day of trip) on the corner of Beach 20th St. and Seagirt Blvd., Far Rockaway, at 11:30. Take a Far Rockaway bound "A" train to the last stop, walk half block to 21st St. and take the Q-22 bus to Seagirt Blvd. Free transfer from subway to bus if using Metrocard. We will walk the boardwalk to 108th St. and then over to the Rockaway Ferry Terminal. Look for Yahoo Group notice for any changes. Bring lunch and beverage. Joint with other clubs. Members only.

10/25 THURS, STONE BARNS AND ROCKEFELLER PRESERVE. 7 miles at a moderate pace, some ups and downs. We'll walk around Rockefeller Preserve and then go over to Stone Barns where we'll have lunch or you can buy something at their café. Meet at Grand Central Station by the information booth to take the 9:20 train to Phillipse Manor, arriving at 10:12. Check schedule for any possible changes. This train can also be boarded at Marble Hill at 9:40. Leader will be boarding at Marble Hill. Fare one way: \$10.75/7.00 (Grand Central); less at Marble Hill. Rain cancels. Leader: Pat Balanoff, 212-568-2051 or padaulton@gmail.com. Call or email to confirm after Friday: no calls after 9:30 PM. Joint hike with Urban Trail. Members only.

10/27 SAT., FALL FOLIAGE HIKE on the AQUEDUCT. 7 to 8 miles, easy walking. Starting on the River Park Esplanade to Lyndhurst Museum Ground to see more than a hundred life size fully dressed Halloween Characters. Beautiful ground with the foliage at its peak. Rose Garden and red tail hawks. Continue on to Dobbs Ferry or farther down. Bring lunch/plenty water. Good sneakers OK. NO SMOKING ON HIKE. Take #1 train to 242nd St, last stop and meet by the park at 10:40 AM. Fare MetroCard. Look for Yahoo Group notice for any changes. Leader: Rolande Chapeau. Members and guests only.

10/27 SAT, HISTORIC GRAVESEND WALK. 3 miles. Easy walk, historic homes, old roads, history, and an early optional dinner in area. Take F train to King's Highway. Meet 3 P.M. at 481 King's Highway, at HSBC Bank by McDonald Avenue. Leader: Alan Hecht 718-252-2161. Call to confirm before 10 P.M. Nonmembers \$3.

Check one box

- INDIVIDUAL (18 and older)... 1 yr. \$12..... 2 yrs. \$18
- FAMILY (one address)..... 1 yr. \$20..... 2 yrs. \$28
- SR's (65/older)..... 1 yr. \$10..... 2 yrs. \$14
- CONTRIBUTING..... 1 yr. \$30..... 2 yrs. \$50

MEMBERSHIP

APPLICATION

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ I AM interested in finding out about leadership: Yes _____

E- mail Address: _____ Mail to: The Outdoors Club (Lenox Hill Station address below)

The Outdoors Club Inc. is a non-profit 501(c) (3) volunteer organization. The leaders of these activities are volunteers, and are not paid professional guides or leaders. Participant is voluntarily participating with knowledge of the risks. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. All hikers assume the responsibilities and risks of hiking and release the Club, its officers, leaders or substitute leaders from any liability whatsoever for any loss, damage to personal property, and injury however caused of any kind, nature and description.

Signature (YOU MUST SIGN) - ALL FAMILY MEMBERS MUST SIGN

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