



# Wanderings

newsletter of the  
**OUTDOORS CLUB INC.**

<http://www.outdoorsclubny.org>

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The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety, and the wellbeing of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. **Nonmembers pay one-day membership dues of \$3.**

**CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE!** RENEWAL NOTICES WILL NO LONGER BE SENT. **It takes 4-6 weeks to process your renewal.** Some leaders will be asking members for proof of membership, so **please carry your membership card or schedule on activities** (the expiration date is on the top line of your mailing label). PayPal payments are usually processed in a week.

**ELECTIONS:** If you would like to run for an officer position on the Board against an officer presently in office, please e-mail your resume and three references to [hbmanjee@yahoo.com](mailto:hbmanjee@yahoo.com) by September 1st. We are still looking for a co-president.

**VOLUNTEERS:** The Club cannot function without volunteers. We need leaders. We also need someone to log in checks with Word and Excel software programs on their computer. You should have bookkeeping or accounting knowledge. Please contact Helen at [hbmanjee@yahoo.com](mailto:hbmanjee@yahoo.com) or 212-348-5344 if you would be able to help.

**NEED TO CONFIRM** has been **underlined** in the outing write-up. Please be sure to confirm that the outing will take place. We have also underlined any special instructions from leaders.

**TRANSPORTATION.** Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip. Here are some useful transportation phone numbers: New York City Travel info: 212-330-1234 and 718-243-7777; Long Island Railroad: 516-822-5477 or 719-217-5477; Metro North: 212-532-4900. You can also log onto: [www.mta.nyc.ny.us](http://www.mta.nyc.ny.us).

**SUMMER TIME** and the weather may be hot. Please bring plenty of water, sunscreen, bug spray, head protection. Prevent Lyme disease and poison ivy by walking in the center of trails, and avoiding overhanging grass and bush. Use insecticide that repels ticks and mosquitoes. Other safeguards include wearing long-sleeved shirts, hats, pants tucked into socks, and shoes or sneakers that leave no part of the feet exposed. Light colored clothing makes it easier to detect ticks. Check yourself for ticks and don't overlook anything that at first glance may appear to be a speck but is in fact a tick the size of a poppy seed. It is also advisable to wash all clothes and shower immediately after spending a day outdoors.

**INQUIRIES, COMPLAINTS AND SUGGESTIONS** – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to [hbmanjee@yahoo.com](mailto:hbmanjee@yahoo.com)

**Many thanks** to all our volunteers and hike leaders! We could not do it without you!

**Come hike with us. You'll never know how much fun you might have until you try it.**

Benay Bubar, Dorothy Szorc, Helen Mangione-Yee, and Ray Lin

**7/1 SAT, FORT TRYON PARK, WITH A VISIT TO THE CLOISTERS.** About one mile at a very leisurely pace (not moderate! If walking at a slow pace drives you crazy, please don't come!). Take the A train to 190 Street and then the elevator up to Fort Washington Avenue, or take the #4 bus directly to 190 Street and Fort Washington Avenue. Meet at 11 A.M. at the benches just outside the entrance to Fort Tryon Park. We'll go through Linden Terrace (the highest point in Fort Tryon Park and the second-highest natural elevation in Manhattan, with great views of the Hudson and the city). After lunch (bring lunch and beverage or buy it in the Cloisters cafe) we'll visit the Cloisters (restrooms) where we can take a look at the famous Unicorn Tapestries and anything else people might want to see. Admission is pay-what-you-wish (\$1 is fine). Please email or call me to make sure that the walk is on, and if you have any questions. Bob Susser, 212 666-4371, rsusser@aol.com. Members only.

**7/1 SAT, SHEEPSHEAD BAY TO WILLIAMSBURG BRIDGE.** Meet Sheepshead Bay in Brooklyn. City streets to the Williamsburg Bridge. Look for Yahoo Group email week of walk for details. Email walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 6/30 Friday evening 7-9 P.M. ONLY. Leader: Julia. Nonmembers, \$3.

**7/2 SUN, DIM SUM, SUNSET PARK, AND WALK TO BROOKLYN HEIGHTS.** Meet 11 AM at Pacificana restaurant, 813 55th Street, Brooklyn. N train to 8th Avenue, upstairs at wait list. After brunch we will walk to Brooklyn Heights (about 7 miles, moderate pace), and we will stop in Cobble Hill for dessert. We will share an assortment of dishes and we will share the price plus tax and tip. No special diets. Leaders: Sarina Meones and Mary Durkee. Cell 212-924-8412 for day of event only or email to contact leader SarinaM@msn.com. Nonmembers, \$3.

**7/2 SUN, FAR ROCKAWAY.** Meet at 11:30 A.M. at last stop of A train, Far Rockaway Mott Avenue (you must go on Far Rockaway Mott Avenue train). Bring lunch, water, bathing suit. About 20 minutes' walk to boardwalk. We will go to boardwalk, eat, walk on boardwalk, and swim. Drop-off points available. I will come back to last stop; free parking for drivers. Meeting place is downstairs subway meeting room. Email preferred Finch1149@gmail, phone (serious calls only), 516-359-1591. Cancelled if raining. Nonmembers, \$3.

**7/4 TUE, HEMPSTEAD LAKE STATE PARK.** \*Circular 6 easy flat mile. Hike by a small lake, one medium lake, and around a big lake with gorgeous views on shore and forest trails. Lovely place, very impressive in every season. Bring lunch/plenty water. Light boots or good sneakers. **NO SMOKING ON HIKE.** From Penn Station, lower level, board the LIRR Babylon Line train to Rockville Centre at 10:30 A.M. From Flatbush at 10:12 and from Jamaica at 10:55 arriving at 11:11 (time changes, check schedule; if timing changed take time after). Fare: O/W \$9:75/Srs. \$6.75. Leader: Rolande Chapeau. (\*Cars may park by Station). Call to confirm with Helen 7/3 Monday evening 7-9 P.M. only 212-348-5344. Members only.

**7/6 THURS, LAMONT OBSERVATORY TO NYACK.** 7 miles at a moderate pace. We'll meet by 10:30 A.M. to take the 10:40 9A bus from the George Washington Bridge Bus Station. Return will be by bus from Nyack with an early drop-out at Piermont. Mostly flat, but we'll be on woods trails, where boots are best. We'll walk through the woods, through Piermont, and onto the Rail Trail to Nyack. Bring lunch and water. Bus fare \$9.50 one way, less for seniors. Rain cancels. Leader: Pat Belanoff, 212-568-2052 or email padaulton@gmail.com. Call after Tuesday; no calls after 9:30 P.M. You must, however, call to make sure hike is on. Joint hike with Urban Trails. Members only.

**7/8 SAT, BATT-BEAR TRAIL OAK TREE ROAD TO NYACK.** 7 miles on the Long Path, extending through Tall Mountain and the Old Erie RR bed. One steeper descent on route to an optional dinner in Nyack. Return by nearby bus stop. Meet at PABT South Wing by the commuter statues before 8:45 A.M. Bring lunch and water. Bus departure at 9:15 A.M. (bus 9A, gate 220 or at 9:40 AM from GWBBT). Leader: Marvin Malater 718-376-3608, must call for hike status or information. Joint hike. Nonmembers, \$3.

**7/9 SUN, HUDSON RIVER NORTH (IN REVERSE).** Slow but steady pace. After a short detour to visit Manhattan's highest natural elevation, we will walk south along the Hudson River, walking south to about 116 Street. Meet leaders Ken King (631-592-1937; cell day of walk only 516-238-7694; nhochike@optonline.net) and Bob Ward (718-471-7036; call after 8:00 P.M. and not on morning of the trip) on the northwest corner of 181 St. & Fort Washington Ave. at 12 noon. Bring lunch and beverage. Members only. Joint walk.

**7/9 SUN, WEST SIDE SHORE WALK NEAR HUDSON RIVER.** About 5 miles. West side shore walk north. Bring lunch and water. Walk will be on a path used by both bicycles and pedestrians from 72<sup>nd</sup> Street to 180<sup>th</sup> Street. Meet at 10:00 A.M. at 72<sup>nd</sup> Street subway stop. Use 1, 2, or 3 train. Leader: Ellen Juro, 212-861-4267. Call to confirm. Nonmembers, \$3.

7/15 SAT, BETHLEHEM BLUEBERRY FESTIVAL. 7 miles, flat paved dirt and gravel. Bethlehem SteelStacks, historic downtown, blueberry festival at Burnside Plantation; optional return on Delaware & Lehigh trail back to starting point. Meet at 7:30 A.M. at PABT commuter statue for 8:00 A.M. departure on casino bus. Rain date: Sunday, July 16. R/T \$35; \$10 festival admission. Yon Lee, 718-638-0010 or yonderwalker@gmail.com. Nonmembers, \$3.

7/15 SAT, BOWLING GREEN, WALL ST., SO. ST. SEAPORT. 2 miles, city walk. Bowling Green, the Bull and the Girl, Trinity Church and graveyard, Wall St., to So. St. Seaport. Historic area remnants, changes in area. Bring lunch or eat locally. Meet at 11 A.M., before lunch, outside Bowling Green stop in front of Museum of American Indian (4, 5 trains there or 1, R to So. Ferry and walk 2 blocks to Bowling Green). Restrooms free at museum. Bring sun hat, liquids. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; members and friends only. Nonmembers, \$3. No Meetup.

7/16 SUN, LIBERTY STATE PARK, JERSEY CITY, NJ. 9 miles. Enjoy a day at Liberty State Park, with its breathtaking views of NYC. A real treat. Dinner at a diner either inside or outside the park afterward. Dress for the sun. Possible late return. Meet at turnstiles at 32nd St. and 6th Avenue PATH station for train to Grove Street. Fare \$2.75 each way. Leader: Mike Puder. Email [nyhiker50@verizon.net](mailto:nyhiker50@verizon.net) the week of hike beginning Wednesday evening up to afternoon the day before the walk for all the details. Members only.

7/16 SUN, SOUTH COUNTY TRAIL. Meet at 241 Street subway station in the Bronx, end of #1 train. Look for Yahoo Group email week of walk for details. Email [walklover1@gmail.com](mailto:walklover1@gmail.com) or call to confirm with Helen 212-348-5344 on 7/15 Saturday evening 7-9 P.M. ONLY. Leader: Julia. Nonmembers, \$3.

7/16 SUN, WILLIAMSBURG TO PROSPECT PARK. We will be meeting in Williamsburg at 12 noon in front of Bedford Avenue stop of the L train, Driggs Avenue exit in front of Hot Dog Restaurant (where there is an available bathroom) in Greenpoint and then walk to Prospect Park via Bedford Avenue. We will stop for a break at the Pratt Institute campus to look at the sculpture and take a short rest and continue down Vanderbilt Avenue to Prospect Park. This is a moderately paced walk of about 4 miles. There is the option of an early dinner after the walk. Sarina M. and Mary D. Cell [212-924-8412](tel:212-924-8412) or 609-915-1949 for day of event only or email to contact leader [SarinaM@msn.com](mailto:SarinaM@msn.com). Nonmembers, \$3.

7/22 SAT, WEST SIDE RIVER WALK TO STATEN ISLAND FERRY TERMINAL. About 10 miles at a moderate pace, mostly on paved streets. Starting from Riverside Park and walking along the path to the waterfront to walk on the promenades. We will reach the High Line, the elevated 1930s freight rail track that has been transformed into a wild wonderland of city wilderness. We will walk West Side esplanades to view Hudson River Park and Piers 46, 45 & 26 as well as viewing marina for boat basin. Many well-known sculptures are assembled of the leadership of the Governor Mario M. Cuomo era. Many historical monumental artifacts: Universal Soldier, the Sphere & Living Memorial to the Holocaust will be the profound and unforgettable experiences. Meet 10:00 A.M. @ 72nd Street & Broadway at Trader Joe's lobby. Take 1, 2, 3 trains. Heavy rain or bad weather conditions cancels. Please, no flip-flop footwear and no slow walkers. Bring lunch and snacks. An optional late post-lunch snack is a possibility. Call for walk status a day before walk, no later than 9:30 P.M. Leader: Youn. Phone: 917-670-3845. Members only.

7/23 SUN, DOWNTOWN BROOKLYN TO PROSPECT PARK. Meet Downtown Brooklyn, walk to Brooklyn Heights and in Prospect Park. Look for Yahoo Group email week of walk for details. Email [walklover1@gmail.com](mailto:walklover1@gmail.com) or call to confirm with Helen 212-348-5344 on 7/22 Saturday evening 7-9 P.M. ONLY. Leader: Julia. Nonmembers, \$3.

7/23 SUN, RIVERSIDE PARK. A stroll of around a mile in Riverside Park and along the Hudson at a very slow pace (not moderate! if walking at a slow pace drives you crazy, please don't come!) followed by lunch at the Boat Basin Cafe (where we'll get a table on the terrace, overlooking Riverside Park and the Hudson). Riverside Park is widely regarded as Manhattan's most spectacular waterfront park and is one of only eight officially designated scenic landmarks in New York City. Meet at 11 A.M. on the benches or stone seats on the north side of the Broadway and 96th Street subway station (1, 2, or 3 train). Call or email to make sure that the walk is on, especially if the forecast calls for inclement weather. Also feel free to email or call if you have any questions. Bob Susser, [rsusser@aol.com](mailto:rsusser@aol.com), 212-666-4371. Members only.

7/29 SAT, RED HOOK TO BROOKLYN BRIDGE PARK ESPLANADE. 6 to 7 miles, easy hike on Brooklyn's newest gem and see the exciting future of the parks along the East River. Drop-off available. Bring lunch/plenty water or buy there to eat at the in or outdoor Fairway café picnic area. Visit the Art Galleries, Apple Pie Café, and the Pier and continue through the B. Bridge Park, all very scenic. NO SMOKING ON HIKE. Take any train to Staten Island Ferry (Manhattan side) and meet at 10:30 A.M. in waiting area OR walk to Pier 11 at end of Wall St. to take the delightful FREE FERRY to Red Hook. Fare: MetroCard. Call to confirm with Helen 7/28 Friday evening 7-9 P.M. only 212-348-5344. Leader: Rolande Chapeau. Nonmembers, \$3.

7/30 SUN, ROOSEVELT ISLAND. At a slow, steady pace, we will follow the 5-mile perimeter of the island. We will take the tram and return via subway. Meet Leaders Ken King (631-592-1937; cell day of walk only 516-238-7694; and Bob Ward (718-471-7036, after 8 P.M. and not on day of the trip) in the food court in the basement of the Citicorp Building at 12 noon. Bring lunch and beverage. Joint with other clubs. No go in rain or if temperature is 90°F or above. Members only.

7/30 SUN, STATEN ISLAND FERRY TERMINAL AND WALK SOMEWHERE. Look for Yahoo Group email week of walk for details. Email walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 7/29 Saturday evening 7-9 P.M. ONLY. Leader: Julia. Nonmembers, \$3.

8/5 SAT, SHORE ROAD, OWL'S HEAD PARK, DUMPLINGS. 4.5-mile hike, mostly flat, at a moderate pace along the East River's Shore Road in Brooklyn. Meet: 11 A.M. at the Brooklyn 95<sup>th</sup> Street R subway station (downstairs at 95<sup>th</sup> Street and 4<sup>th</sup> Avenue, NW corner). Following Shore Road to Owl's Head Park, we'll continue to 48<sup>th</sup> Street, in the Sunset Park section for an optional late lunch/early dinner. Here, a course of tasty dumplings comes at a reasonable cost. Bring snacks, food, and water. Leader: Marvin Malater, 718-376-3608, call for status or information. Joint hike. Nonmembers, \$3.

8/6 SUN, GOVERNOR'S ISLAND. 3 miles at a slow pace. We will spend the day walking through the historic part of the island, so there should be plenty of shade. Meet leader Bob Ward (718-471-7036 after 8:00 P.M. and not on morning of walk) at 11:00 A.M. in front of the entrance to the Governor's Island ferry terminal. Bring lunch and plenty of water. Joint with other clubs. Members only.

8/12 SAT, RIVERDALE AND FIELDSTON. 3 moderate miles. Some road walk and some woods walk along Wave Hill and the Hudson River. Meet at NE corner of Broadway and 207 Street at 1:30 P.M. Cost: \$2.75; bring MetroCard. No fast walkers! Rest stops. Leader: Mayer Wiesen, 516-671-2095. Call to confirm evening to 10:30 P.M. Joint hike. Members only.

8/12 SAT, SUNNYSIDE, ASTORIA, SCULPTURE GARDEN. 2.5 to 3 miles, city walk. Historic housing development of Sunnyside Gardens; Astoria movie studios; Socrates Sculpture Garden; pass Isamu Noguchi Museum (optional). Meet at 1 P.M., after lunch, in front of Dunkin' Donuts on Queens Blvd. between 45<sup>th</sup> and 46<sup>th</sup> streets; 7 line to 46 Street and Queens Blvd., north side. We may eat supper in a local place later if time-appropriate. Bring sun hat, liquids. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; members and friends only. Nonmembers \$3. No Meetup.

8/12 SAT, TRENTON CIRCULAR. 7 miles, moderate pace, level terrain. From station, cross historic downtown Trenton, then Delaware & Raritan Canal to Olmsted's Cadwalader Park. Return on the canal, the abandoned Del-Bel Railroad, passing the battle monument. Bring lunch and water. Meet 8:55 A.M. at Penn Station NJ Transit ticket windows for 9:14 train to Trenton. R/T \$33.50/seniors \$15.30. Leader: Joel Pomerantz, 212-691-3844. Call evenings before 10 P.M. Joint hike. Members only.

8/13 SUN, CENTRAL PARK TREE IDENTIFICATION WALK (NORTHERN PART). A relaxed stroll to identify some of the approximately 140 species of trees in Central Park, as described in the book *New York City Trees* by Ned Barnard. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. This walk will necessarily proceed at a snail's pace, with many stops to look at trees. Meet at 11 A.M. inside the Dana Discovery Center (bathrooms!), a short distance east inside the entrance to the park at 110 Street and Lenox Avenue. We'll have lunch underneath the wisteria at the pergola in the Conservatory Garden, so bring lunch and beverage. Email or call me to make sure that the walk is on, especially if it looks like it might rain. Bob Susser, rsusser@aol.com, 212-666-4371. Members only.

8/16 WED, FIRE ISLAND-LIGHTHOUSE CIRCULAR. 5 to 6 miles, flat, moderate pace. Hike and swim on Fire Island, visiting the lighthouse, chance to climb the tower. Bring lunch, water, and swimsuit. Meet at Penn Station L.I.R.R. ticket counters. Train: RR to Babylon and bus to beach. Must call for meeting time Tuesday evening Aug 15<sup>th</sup> ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only.

8/17 THURS, ROCKLAND LAKE AND HAVERSTRAW. About 7 mostly flat miles at a moderate pace. Meet at the George Washington Bridge Bus Station by 10:30 A.M. at the latest to take the 10:40 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There, we can get the 4:15 P.M. ferry to Ossining and then Metro-North back to the city. Bring lunch and water; wear sturdy shoes. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus fare \$10.20/less for seniors; ferry \$4/less for seniors; train \$9.75/less for seniors. Rain cancels.

Leader Pat Belanoff: call after Tuesday (212-568-2052) or email padaulton@gmail.com up to 10:00 the morning of the hike, but no calls after 9:30 P.M., please. Joint hike with Urban Trails. Members only.

8/19 SAT, TALLMAN MOUNTAIN STATE PARK TO NYACK. 8 miles. A delightful day awaits us here. We will walk in the park on the bike path, then on to the Long Path and the pier in Piermont with a brief stop at an ice cream parlor there. Spectacular views of the Hudson River and the Tappan Zee Bridge. Continue on shady and very pleasant Long Path to Nyack. Bring water, snacks, and sunscreen. Late return. Meet at 42nd Street Port Authority Bus Terminal at the statue of the commuters near ticket windows on the main floor. Purchase one-way ticket on bus to Palisades Oak Tree Road; return ticket can be purchased on bus in Nyack. Start emailing nyhiker50@verizon.net any time before the hike for meeting time and information or for additional details. Leader: Mike Puder. Joint hike with other clubs. Members only.

8/19 SAT, BROOKLYN BRIDGE PARK TO CHINATOWN. Moderate pace, about 6 to 8 miles on a paved street. Start walking from York & Jay streets in Brooklyn, observing a variety of sculptures and murals on the way to Atlantic & Flatbush avenue, viewing Middle Eastern stores for pastries and dried fruit. We'll explore newly renovated and created walking paths within the Brooklyn park and will attempt to identify newly planted bushes/flowers. The final phase of our walk will include a walk to DUMBO and over the Brooklyn Bridge. Optional post-lunch snacks at a Chinese café will be available. Meet at 10:30 A.M. on the corner of York and Jay streets in Brooklyn. Take the F train to York Street. Bring lunch, water, and snacks. Please, no flip-flop footwear and no slow walkers. Leader: Youn, Call to confirm day before walk, no later than 9:30 P.M. Phone: 917-670-3845. Joint walk. Members only.

8/19 SAT, ROCKAWAY PARK BEACH HIKE AND SWIM. 7 miles, moderate pace on flat terrain. Finish between 3:00 P.M. and 4:00 P.M. Walk along boardwalk from Beach 116th Street to Beach 9th Street. After lunch, walk back to subway station at Beach 44th Street, where walk will end. Drop-off points with access to subway along walk route. Bring lunch, water, and bathing suit. Meet at 11:00 A.M. outside subway station at Beach 116th Street. Take JFK A train to Broad Channel, change for S train at Broad Channel, and exit S train at Beach 116th Street. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709, email: eleibow@verizon.net; cell phone 201-850-9649 only on day of walk after 10:00 A.M. Nonmembers of Shorewalkers and Outdoors Club: \$3. Joint walk.

8/20 SUN, CENTRAL PARK TREE IDENTIFICATION WALK (SOUTHERN PART). Relaxed stroll partly along the southern Central Park "tree trail" described in the book *New York City Trees* by Ned Barnard, passing through the Mall, with its row of large shady elms, and ending at the Boathouse around 1 P.M. for lunch. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. Of course, it should be anticipated that the walk will proceed at a snail's pace, with many stops to look at and identify trees. Meet at 11 A.M. at the tables in Whole Foods—down the escalator inside the entrance of the Time-Warner building on 59th and Broadway. Email or call me to make sure that the walk is on, especially if it looks like it might rain. Bob Susser, 212 666-4371; rsusser@aol.com. Members only.

8/26 SAT, BROOKLYN'S "BEST" BLOCKS (PART VI). 6 to 10 essentially flat miles at a moderately brisk pace on city streets and park paths. Sixth in an indeterminate series of hikes aiming to connect some 200 or so "best" blocks in Brooklyn suggested in a series of articles published between 2010 and 2014 in *The L Magazine*. Connecting two TBD subway stations between Prospect Park and Carroll Gardens via Red Hook. Bring lunch, snacks, and water. E-mail (preferred) or phone leader no earlier than a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 A.M. morning of hike if uncertain. Members/guests only.

8/27 SUN, BATTLE OF BROOKLYN OBSERVANCE. Meet leader Eric Wollman at 10:30 A.M. for the Green-Wood Cemetery's Battle of Brooklyn observance and reenactment. Fought in 1776 on land that is now a part of Green-Wood, this was the first battle of the American Revolution to be waged after the signing of the Declaration of Independence. We will visit a morning of commemoration to honor all those who served to defend the young republic. We will march in a parade, hear cannon fire, and see horses, reenactments, and speeches. We will march to and visit the grave of the little drummer boy who fell during the Civil War. This is a joint hike with Urban Trails and is great event for members. Confirm by email stnonradio@yahoo.com not later than noon on Saturday, August 26. Meeting site is under the Gothic arch at the Green-Wood, at 10.30 A.M. Bring camera, lunch, water, sunblock, and hat. Heavy rain will cancel. This event will take under four hours. Take the R train to 25th Street station; check mta.info for updated service information. Members only.

9/2 SAT, BRONX BOTANICAL GARDEN. We'll take a look at the Rose Garden, the Native Plant Garden, and the Perennial Garden as well as walk through New York City's only primeval forest. Around 2 miles at a very leisurely pace (not moderate! If walking at

a slow pace drives you crazy, please don't come!) Take the 9:24 A.M. Harlem Line train from Grand Central, arriving at the Botanical Garden Station at 9:47 (get City Ticket, \$4.25). Alternatively, take the 4 or D subway to Bedford Park Blvd. and then the #26 bus east to the Mosholu Gate entrance or the 2 subway to Allerton Ave. and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 9:47. Admission to the Garden is free until 10 A.M. on Saturdays. If driving, park in the parking facility by the station (\$12) or on a nearby street (free). No coordination of rides. The 3:37 train gets you back to Grand Central at 3:59, or you can take the bus and subway back. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. No need to register, but call or email to confirm that the visit is on, especially if the weather forecast changes for the worse, or if you have any questions. Bob Susser, 212-666-4371; rsusser@aol.com. Members only.

9/3 SUN, CHINATOWN, MANHATTAN TO CHINATOWN BROOKLYN IN SUNSET PARK. 7 to 9 miles. Meet at 11:00 A.M. for Vietnamese lunch at Pho Viet Huong at 73 Mulberry Street (trains 6, N, Q, J, Z to Canal St.). Or meet us at 12 P.M. outside the restaurant if you do not want to eat before the walk. We will also eat noshes like dumplings, etc., in Brooklyn Chinatown. No special diets. Leaders: Sarina Meones and Mary Durkee. Call 9 A.M. to 10 AM only on day of walk for questions, 212-924-8412 or email to contact leader SarinaM@msn.com. Nonmembers, \$3.

9/4 MON, GLEN ISLAND, approx. 3 miles, easy pace. We'll walk around Glen Island in New Rochelle and take the same bus back to the Bronx. Bring snacks and water, and save your appetite for an optional late lunch after the walk. Rain cancels. Meet 11 am at IRT #6 Pelham Bay station token booth (last stop in Bronx) to catch W45 Bee-Line bus to New Rochelle. Bring MetroCard. Leader: Helen Mangione-Yee 212-348-5344. Call to confirm Sunday 9/3 evening 8–9 pm ONLY. Nonmembers: \$3.

9/9 SAT, ROCKLAND LAKE/HUDSON RIVER SHORE PATH/UPPER NYACK TRAIL. 5 miles at a moderate pace on mostly flat trails. One small hill up. Superb vistas at lake, shore road, and woodland trails. Bring lunch and water. Meet before 8:45 A.M. at the PABT, south wing by the commuter statues. Bus departs 9:15 A.M. to Rockland Lake, bus 9A, gate 220, arriving at Rockland Lake at 10:35 A.M. (Same bus at GWBBT, leaving at 9:40 A.M.) Leader: Marvin Malater, 718-376-3608. Call for hike status or information. Nonmembers: \$3.

9/10 SUN, ASTORIA. At a slow, steady pace, we will explore this quaint community and then return by the East River Ferry. Meet leaders Ken King (631-592-1937; cell day of walk only 516-238-7694, nhochike@optonline.net) and Bob Ward (718-471-7036 after 8:00 P.M. and not on day of trip) at noon on the corner at the Ditmars Boulevard N train station. Bring lunch and beverage. Joint with other clubs. Members only.

9/10 SUN, PARK SLOPE BROOKLYN. 5 miles, moderate pace, mostly focused on architecture and history, includes most of one of the largest historic districts in New York City. Take F or G train to 7th Avenue (Brooklyn) station and use 8th Avenue exit. Meet at 11 A.M. at SW corner of 9th Street and 8th Avenue. Bring lunch/water. Awful weather may cancel. Call to confirm. Leader: Richard Sklar, 718-782-7732. Nonmembers, \$3.

9/10 SUN, RED HOOK, BROOKLYN. About 4.5 miles, level, moderate pace. A quick walk down from Brooklyn Heights through its charming Willowtown area, then a bit of Brooklyn Bridge Park, after which we begin our leisurely walk to and through the distinctive cityscape of Red Hook, enjoying its watery vistas, industrial relics, art spaces and other attractions. Take #2 or #3 train to Clark Street, Brooklyn Heights and meet at 1 P.M. (after lunch) just outside station on Clark Street. Steady rain cancels. Optional early dinner in a Middle Eastern restaurant on Atlantic Avenue. Bring water and snacks. Joint with UTC. Leader: Devra Zetlan, 212-662-8922. Nonmembers, \$3.

9/14 THURS, RONKONKOMA TO BAYARD CUTTING ARBORETUM. 8 miles at a moderate pace on the Long Island Greenbelt. Terrain is almost all flat, but boots are best because the trail can be muddy in places. We'll walk through Connetquot State Park, look at the fish hatcheries there, and end up at Bayard Cutting Arboretum, where we can get tea/coffee. Meet at Penn Station/34<sup>th</sup> St. in the LIRR ticketing area, at 9 A.M. at the latest, to take the 9:14 A.M. train to Ronkonkoma, arriving at Ronkonkoma at 10:37 (check schedule for any changes). Return from the Great River LIRR station. Fare one way \$13.75/less for seniors. Rain cancels. Leader: Pat Belanoff (212-568- 2052) or email padaulton@gmail.com. Call after Tuesday; no calls after 9:30 P.M. You must, however, call to make sure hike is on. Joint hike with Urban Trails. Members only.

9/16 SAT, DUMBO, BROOKLYN BRIDGE PARK, BROOKLYN HEIGHTS PROMENADE. 2.5 miles, city walk, one hill, easy pace. Village area with artwork in unexpected places, cute little stores, bakeries, waterside parks, historic carousel, NYC skyline. Meet at 1 P.M., after lunch, outside F train station (exit at York Street, at York and Jay streets, Brooklyn). Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; members and friends only. Nonmembers, \$3. No Meetup.

**9/16 SAT, ED KOCH BRIDGE TO STRAND SMOKEHOUSE IN QUEENS.** Around 6 to 7 miles walking over the Queensboro Bridge and to Long Island City, LaGuardia Community College. Our walk will continue to Sunnyside, and will talk about the historical aspect of forming Sunnyside Gardens and Northern Boulevard. We will walk the last 12 blocks on Broadway in Astoria to reach the locally well-known Strand Smokehouse for locally brewed beer and smoked fish/meat or salad for an optional snack. Meet at 10:30 A.M. at 60th Street on 1st Avenue in front of the Bed Bath & Beyond. Take train #4, 5, or 6. Bring lunch, water, and snacks. Please, no slow walkers and no flip-flop footwear. Call to confirm, no later than 9:30 P.M. day before walk. Leader: Youn. Phone: 917-670-3845. Members only.

**9/16 SAT, SUNNYSIDE TO LONG ISLAND CITY.** About 5 miles in Queens, level and moderately paced. We'll tour Sunnyside Gardens (the first example of a planned community in the U.S.) and then walk east to Greenpoint Avenue, which we'll follow into a less developed and more industrial part of Long Island City. Then we'll continue across the train yard to the waterside park with its adjacent densely developed residential towers. Optional early dinner or dessert/drink stop at a French bistro. Meet at 12:30 P.M. at the NW corner of Queens Boulevard and 46th Street. Take the #7 train to 46th-Bliss Street (or take shuttle bus if weekend service on #7 is out). Bring water and snacks. Steady rain cancels. Leader: Devra Zetlan, 212-662-8922. Joint with UTC. Nonmembers, \$3.

**9/17 SUN, BAY RIDGE TO CONEY ISLAND.** 6 to 7 miles, moderate pace on flat terrain. Finish between 3:00 P.M. and 4:00 P.M. Walk along Narrows to Coney Island, taking in beautiful views of the bay area along the Narrows. Walk from subway station to pathway along the Narrows to Surf and Stillwell avenues and end by Nathan's in Coney Island. Subway (D, F, N, and Q) station at end of walk is across the street from Nathan's. Bring lunch and water or purchase lunch at Caesar's Bay Bazaar. Meet at 11:00 A.M. outside the last stop of R subway, 95th Street and 4th Avenue in Bay Ridge. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709. Email: eleibow@verizon.net; cell phone 201-850-9649 only on day of walk after 10:00 A.M. Joint walk. Nonmembers of Shorewalkers and Outdoors Club: \$3.

**9/17 SUN, BRANCH BROOK PARK.** 3 miles at a slow but steady pace. We will explore this park, which is the largest county park in the country and has traces of the historic Morris Canal. Meet leaders Bob Ward (718-471-7036, after 8:00 P.M. and not on day of trip) and Ken King (631-592-1937; cell day of walk only 516-238-7694) at 11:30 A.M. in front of the turnstiles of the PATH Terminal (32nd Street and 6th Avenue). Bring lunch and beverage. Members only. Joint walk with other clubs.

**9/23 SAT, BUSHWICK OPEN STUDIOS WEEKEND.** About 5 miles, moderate pace with 3 long stops. Pass a former brewery, some mansions, and on to a mix of trendy new and older spots. We will stop for about half an hour at a building converted to artist studios, then wander 2 blocks into Queens to visit an 18<sup>th</sup>-century Dutch farmhouse (\$3 admission). On to see lots of street art, ending at another old brewery near the Montrose Ave L train station. Meet at the Myrtle Ave station of the J and M trains at 11:45 A.M. Bring lunch/water. Call to confirm. Leader: Richard Sklar, 718-782-7732. Nonmembers, \$3.

**9/23 SAT, WESTPORT, CT TO SOUTH NORWALK, CT.** Brisk but steady 6-mile suburbia (moderate sidewalk) walking. Meet at Grand Central Terminal near the clock. Buy a one-way ticket to Westport station, leaving at 9:02 A.M., O/W \$13.25. Highlights: Westport 'burbs, Norwalk City Hall (large collection of restored WPA murals), lunch at the original Stew Leonard's supermarket, charming South Norwalk (SONO district), and visit to (free) SONO Switch Tower Museum. Return via the South Norwalk station. Watch email for any updates, changes to this walk. Call/text me, Kristina at: 347-735-1086, Friday evening up to 10 P.M. Nonmembers, \$3.

**9/24 SUN, QUEENS' WATERFRONT, PART 2.** 15 miles. Meet outside Main Street station, #7 train, at 9:00 A.M., northeast corner (by AT&T store). Walk the Queens waterfront from Flushing to Bayside. Walk through Flushing, College Point, Malba, Whitestone, Fort Totten, and Bayside. Moderate pace. Some drop-off points. Important: Bring water and lunch. There is no place to obtain food or water where we will be having lunch. Leader: Bill Wrublewski. Cell: 646-369-0279. Email: summer.time101@verizon.net. Nonmembers, \$3.

**9/30 SAT, MILLWOOD TO CROTON-HARMON.** 10 miles, moderate pace with some ups and downs. Hike through Kitchawan Woods, along the shores of the scenic Croton Aqueduct and Croton Reservoir and Croton Aqueduct out to Croton-Harmon. Bring lunch and water. Meet: GCT Information Booth, Get OW ticket to White Plains and free bus to Millwood (use MetroCard). Must call for meeting time Friday evening Sept 29 ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only.

**9/30 SAT, NEWARK MUSEUM,** about 4 miles, some ups & downs, easy pace. We'll stop for lunch in a Jewish deli before the walk (under \$15 tip/tax). Meet 11:45 am inside NEWARK Penn Station waiting room at ticket windows. Take 11:14 AM NJTransit

train w/leader or PATH to Newark Penn Station. Fare: O/W \$5.25/Srs \$2.45. Inclement weather may cancel. Leader: Helen Mangione-Yee 212-348-5344 call Friday evening 7-9 pm to confirm (message on answering machine). Members only.

10/1 SUN, PERIPATETIC PERAMBULATION PATERSON, NJ. 6 to 10 miles on city streets and trails, some of which are moderately rough with some elevation gain. Connect all sorts of things in the "Silk City," including the Paterson Great Falls National Historic Park, downtown, Garrett Mountain Reservation, and south Paterson with its farmers' market and lively Middle Eastern district. Bring lunch, snacks and water. E-mail (preferred) or phone leader no earlier than a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 A.M. morning of hike if uncertain. Members and guests only.

10/7 SAT, SUNNYSIDE TO ASTORIA. About 6 miles in Queens, level and moderately paced. We'll tour Sunnyside Gardens (the first example of a planned community in the U.S.), then cross the train yard to Northern Boulevard, where we'll visit (and lunch at or near) a rooftop farm at the edge of Astoria. After lunch, we'll continue walking in Astoria (with Kaufman-Astoria Film Studios, Athens Square Park, and other points of interest en route) to Welling Court, where we'll see this year's selection of many colorful murals. Bring lunch, water, snacks. Meet at 11:30 A.M. at the NW corner of Queens Boulevard and 46th Street. Take the #7 train to 46th-Bliss Street (or take shuttle bus if weekend service on #7 is out). Steady rain cancels. Joint with UTC. Leader: Devra Zetlan, 212-662-8922. Nonmembers, \$3.

10/7 SAT, WILHELM VON KNYPHAUSEN 1780 RAID MEMORIAL HIKE PART IV—THE ALTERNATIVE FACTS HIKE (MORRISTOWN TO SUMMIT). 8 to 12 essentially flat miles at a moderately brisk pace mainly on streets. Fourth and final in a series of hikes connected with the 1780 route Hessian commander von Knyphausen took in an unsuccessful attempt to destroy the Continental Army in Morristown. On this hike, we follow the route of George Washington leading the Continental Army from Morristown to meet Knyphausen at the Hobart Gap, an event which did not actually take place. Bring lunch, snacks, and water. E-mail (preferred) or phone one of the leaders no earlier than a week before the hike for meeting time and place. Leaders: Craig Nunn (dystopicnj@gmail.com or 551-206-6823) and Jim Schlenker (jims0331@gmail.com or 908-295-8178). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 A.M. morning of hike if uncertain. Members/guests only.

10/8 SUN, PELHAM BAY PARK AND HUNTER'S ISLAND CAR TRIP. Please call leader Bob Ward (718-471-7036 after 8:00 P.M.) at least one week in advance for reservations and information. Space limited. Joint with other clubs. Members only.

10/14 SAT, LOWER EAST SIDE. 2 to 3 miles, city walk. Historical area; some remaining structures of the fabled Lower East Side, in a changing, gentrifying neighborhood. Bring liquids; possible stop for refreshments. F train to East Broadway stop; B, D to Grand St. and walk to Seward Park. Meet at 1 P.M., after lunch, on corner of E. Broadway and Rutgers Street in front of Wu's Wonton King restaurant on the south side of Seward Park. Leader: Susan B.; 718-275-7654. Call to confirm. Joint walk; members and friends only. Nonmembers, \$3. No Meetup.

10/14 SAT, WEST SIDE RIVER WALK, ART AND DINNER. 5 miles. River vistas from 14<sup>th</sup> Street to 57<sup>th</sup> Street, along the Hudson. At 57<sup>th</sup> Street, a tour of some selected art galleries and a finish at Parnell's for an optional early dinner. Excellent fare and generous servings inclusive of a choice of drink for about \$21 to \$25, including tip. Meet at 10 A.M. at the NW corner of 8<sup>th</sup> Avenue at 14<sup>th</sup> Street (A/C/E trains). Bring a light lunch/snack and water. Leader: Marvin Malater 718-376-3608, co-leader Joan Auerbach. Call for status or information. Joint walk. Nonmembers, \$3.

10/15 SUN, GOWANUS CANAL. About 4 to 5 miles, walking on streets. Explore Brooklyn's own Venice, its vistas and occasional aromas. Learn about its unusual history and view examples of its ongoing gentrification even as the area seeks to emerge from more than a century of environmental damage. Possible stops at artists' studios. Meet at 11 A.M. outside Union Street stop in Brooklyn (R train only), NOT Union Square, Manhattan. Call to confirm. Leader: Robert Halasz, 917-482-9757 or rjhalasz@gmail.com. Nonmembers, \$3.

10/21 SAT, BALDWIN PLACE TO BREWSTER. 12 to 13 miles, moderate pace with some ups and downs. Hike the Putnam Rail Trail passing Lake Mahopac, Lake Gleneida and Carmel out to Brewster. Bring lunch and water. Meet at GCT information booth. Get OW ticket to Peekskill and free bus (use MetroCard) to Baldwin Place. Must call for meeting time Friday evening Oct. 20 ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only.

10/22 SUN, ROCKEFELLER PRESERVE. 12 to 13 miles at a moderate pace. Walk from Philipse Manor through Sleepy Hollow Cemetery to the Rockefeller Preserve. Walk on former carriage roads alongside brooks and the Pocantico River. Important:

Bring lunch and water. Meet at Grand Central Station at 9:00 A.M. by the information booth to take the 9:20 train to Philipse Manor, arriving at 10:16. Check schedule for possible changes. Round-trip fare from Grand Central: \$21.50/\$14.00 seniors 65 and older; round-trip from Marble Hill \$11/\$5.50 seniors 65 and older. Rain cancels. Leader: Bill Wrublewski: Cell: 646-369-0279. Email: [summer.time101@verizon.net](mailto:summer.time101@verizon.net). Members only.

10/22 SUN, EAST RIVER PROMENADE WITH A TWIST. 3 miles at a slow, steady pace. We will walk from 34 Street to Pier 11 and take an East River ferry back to 34 Street. Meet Leader Bob Ward (718-471-7036 after 8:00 P.M. and not on day of walk) at 11:45 A.M. on the SE corner of 34 Street and First Avenue. Bring lunch and beverage. Members only. Joint with other clubs.

10/25 WED\*, PHILADELPHIA. 9 miles, moderate pace, mostly level, mostly pavement. From Rittenhouse Square and the Schuylkill Banks Trail, enter Fairmount Park and explore the footprint of the 1876 U.S. Centennial Exhibition. End at SEPTA Wynneford Avenue Station. Will utilize light rail and PATCO. No drop-out points. Very late return. Bring lunch/water. Rain cancels. Meet at 8:40 A.M. at NY Penn Station at NJ Transit ticket windows for 9:01 train to Trenton. R/T \$52.50/ Seniors \$22.95. Leader: Joel Pomerantz, 212-691-3844. Call before 10 P.M. Joint hike. Members only. \*The commuter line where we are ending only runs Monday through Friday.

10/26 THURS, BLYDENBURGH COUNTY PARK. 7 miles at a moderate pace (plus a mile back and forth from train station), some ups and downs. Take the 9:15 A.M. train to Smithtown (change at Hicksville); return will be from the same station. We'll walk around Blydenburgh Lake and view the ducks and turtles. Bring lunch and water and wear boots, as the trail can be muddy in spots. Fare one way \$13.75/less for seniors. Rain cancels. Leader: Pat Belanoff (212-568-2052) or email [padaulton@gmail.com](mailto:padaulton@gmail.com), but you must call to make sure hike is on. Call after Tuesday, but not after 9:30 P.M. Joint hike. Members only.

10/28 SAT, CRANBERRY LAKE. 6 moderate miles, slow pace, rest stops, no fast walkers. View the Kensico Reservoir, the Cranberry Museum, and marked trails around Cranberry Lake. Meet 9:30 A.M. at Grand Central Terminal by the upper-level information booth. R/T is approximately \$20/seniors round-trip, half the fare if coming from and to the Bronx. Leader: Mayer Wiesen, 516-671-2095. Call to confirm evenings to 10:30 P.M. Joint hike. Members only.

10/28 SAT, FALL FOLIAGE HIKE ON THE AQUEDUCT. Easy walking. Starting on the River Park Esplanade to Lyndhurst Museum Ground to see more than a hundred life size fully dressed Halloween Characters. Beautiful ground with the foliage at its peak, Rose Garden and red tail hawks. Continue on to Dobbs Ferry or farther down. Bring lunch/plenty water. Sneakers OK. NO SMOKING ON HIKE. Take # 1 train to 242nd St, last stop and meet by the park at 10:40 A.M. (if the #1 train doesn't go to 242nd St, then take A train to 207 St, last stop and board any bus OR shuttle to Van Cortlandt Park). Call to confirm with Helen 10/27 Friday evening 7-9 P.M. only, 212-348-5344. Leader: Rolande Chapeau. Members and guests only.

10/28 SAT, HISTORIC GRAVESEND. 3 miles, easy walk. See historic houses and old roads, history of area. Optional early dinner in local restaurant. Meet at 3:00 P.M. at HSBC Bank at the corner of McDonald Avenue, 481 Kings Highway, Brooklyn. Take F train to Kings Highway stop. Leader: Alan Hecht, 718-252-2161. Nonmembers, \$3.

10/29 SUN, SOUTH BRONX WALK (MELROSE/MORRISANIA NEIGHBORHOODS), city walk, about 2-3 miles, rest stops, easy pace, ups/downs. Take 2, 4, 5 subway or Bx19, B1, Bx2 bus to 149th Street & Grand Concourse. We'll visit the Bronx Museum and circle back along the historic Grand Concourse to the meeting place for Italian food. Meet 11 AM at the post office corner of 149th St. & Grand Concourse. Use bathrooms before walk either at McDonalds or Lincoln Medical Center. Rain cancels. Leader: Helen Mangione-Yee 212-348-5344 call to confirm Saturday (10/28) evening ONLY 7pm-8pm (message on answering machine). Nonmembers: \$3.

**Check one box**

- INDIVIDUAL (18 and older)...     1 yr. \$12.....     2 yrs. \$18
- FAMILY (one address).....     1 yr. \$20.....     2 yrs. \$28
- SR's (65/older).....     1 yr. \$10.....     2 yrs. \$14
- CONTRIBUTING.....     1 yr. \$30.....     2 yrs. \$50

MEMBERSHIP

APPLICATION

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ I AM interested in finding out about leadership: Yes \_\_\_\_\_

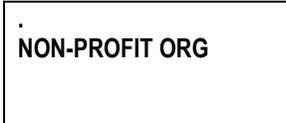
E- mail Address: \_\_\_\_\_ Mail to: The Outdoors Club (Lenox Hill Station address below)

The Outdoors Club Inc. is a non-profit 501(c) (3) volunteer organization. The leaders of these activities are volunteers, and are not paid professional guides or leaders. Participant is voluntarily participating with knowledge of the risks. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. All hikers assume the responsibilities and risks of hiking and release the Club, its officers, leaders or substitute leaders from any liability whatsoever for any loss, damage to personal property, and injury however caused of any kind, nature and description.

\_\_\_\_\_  
Signature (YOU MUST SIGN) - ALL FAMILY MEMBERS MUST SIGN

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