



Wanderings

newsletter of the
OUTDOORS CLUB INC.

<http://www.outdoorsclubny.org>

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The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety, and the wellbeing of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. **Nonmembers pay one-day membership dues of \$3.**

CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE! RENEWAL NOTICES WILL NO LONGER BE SENT. **It takes 4-6 weeks to process your renewal.** Some leaders will be asking members for proof of membership, so **please carry your membership card or schedule on activities** (the expiration date is on the top line of your mailing label). PayPal payments are usually processed in a week.

ELECTIONS: In November we will be electing an officer for the position of treasurer. The present treasurer, Al McKee will be running for re-election. Helen Mangione-Yee, will be running for the Chairman of the Board. If you would like to run for treasurer or Board Chairman against an officer presently in office, please e-mail your resume and three references to hbmanjee@yahoo.com by September 1st.

VOLUNTEERS: The Club cannot function without volunteers. We need leaders. We also need someone to log-in checks with Word and Excel software programs on their computer. You should have bookkeeping or accounting knowledge. Please contact Helen at hbmanjee@yahoo.com or 212-348-5344 if you would be able to help.

NEED TO CONFIRM has been **underlined** in the outing write-up. Please be sure to confirm that the outing will take place. We have also underlined any special instructions from leaders.

TRANSPORTATION. Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip. Here are some useful transportation phone numbers: New York City Travel info: 212-330-1234 and 718-243-7777; Long Island Railroad: 516-822-5477 or 719-217-5477; Metro North: 212-532-4900. You can also log onto: www.mta.nyc.ny.us.

SUMMER TIME and the weather may be hot. Please bring **plenty of water**, sunscreen, bug spray, head protection. Prevent Lyme disease and poison ivy by walking in the center of trails, and avoiding overhanging grass and bush. Use insecticide that repels ticks and mosquitoes. Other safeguards include wearing long-sleeved shirts, hats, pants tucked into socks, and shoes or sneakers that leave no part of the feet exposed. Light colored clothing makes it easier to detect ticks. Check yourself for ticks and don't overlook anything that at first glance may appear to be a speck but is in fact a tick the size of a poppy seed. It is also advisable to wash all clothes and shower immediately after spending a day outdoors.

INQUIRIES, COMPLAINTS AND SUGGESTIONS – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to hbmanjee@yahoo.com

Many thanks to all our volunteers and hike leaders! We could not do it without you!

Come hike with us. You'll never know how much fun you might have until you try it.

Benay Bubar, Dorothy Szorc, Helen Mangione-Yee, Richard Lefkowitz, and Ray Lin

7/2 SAT, KINGSLAND POINT PARK to ROCKWOOD HALL PARK. 7-8 miles, easy with short hills. Visit to Sleepy Hollow Lighthouse, then along scenic Riverside Dr. through beautiful North Tarrytown and Fremont Lake. View the Phelps-James House and W. Rockefeller's Hudson River Estate with spectacular vistas. Meadows, woody area, a pond and cascading brook. Bring lunch/plenty water. NO SMOKING ON HIKE. Board the Hudson Line train from GCT (42nd St) at 10:20 AM to Philipse Manor OR from Marble Hill (near 225th St #1 subway) at 10:42, arriv. 11:16. Fare: O/W \$10.25/Srs. \$6.75 (less from Marble Hill). Leader: Rolande Chapeau. (Cars may park by Philipse Manor station.) Members only.

7/2 SAT, TD BANK CELEBRATE AMERICA CONCERT AND FIREWORKS AT EISENHOWER PARK, LI. Celebrate America 2016, July 2 at 5 P.M. at Eisenhower Park with World Class Fireworks by Grucci. Ticket and music info to be provided in spring. We will meet at the corner of Hempstead Turnpike and East Meadow Ave. at the light to cross Hempstead Turnpike into the park. There is a huge parking lot (on the other side of the office building) and plenty of places to buy dinner. The walk is only about 1 mile, on a very safe walking trail. Walking is much faster than driving and way more pleasant. You need to get a free ticket from any TD Bank in Nassau County (and maybe other places). We are meeting at this time so that we can be at the gate when it opens or soon after and find room at my favorite spot. While the concert doesn't start when the gates open, they do close the field when they decide it is too crowded. I will not hear my phone when the music starts. Leader: Joanne Tow. Home 516-931-2073 before the event, or cell after 4 (emergency only), 516-503-3069. If you want to attempt to find us, we will be under the trees on the west side of the field. Bring a jacket, dinner, and a chair or blanket to sit on. You may want to bring insect repellent. I would appreciate it if you call me at home so that I know to look for you. Members only,

7/3 SUN, FAR ROCKAWAY. Meet 11 A.M. A train stop Mott Ave Far Rockaway, last stop. Walk to beach and boardwalk, 5 miles, easy drop-off points available. Bring lunch, water, and suit; will swim if warm and walk on beach. Cancelled if raining. Leader: John Socolick. Must confirm. If questions, Finch1149@gmail.com or phone 516-359-1591 (email strongly preferred). Nonmembers: \$3.

7/4 MON, JONES BEACH WALK, DINNER, FIREWORKS. Walk along a beautifully paved path; then return to cars to collect picnic stuff: food, blankets, chair, radio, etc.; then head to the beach to enjoy dinner, conversation, and fireworks. (Bring dinner; the line to buy is huge.) After the fireworks, we will leisurely walk the boardwalk until the parking lot empties. Meet parking lot 5, at 6:30 P.M., at eastern end by the east tunnel leading to the east bathhouse, same side as the theater (not the west side leading to the flags!), on the parking lot side of the tunnel. Parking fee (\$10) will be collected (free with Empire Pass). Call Jones Beach at 516-785-1600 if not sure the fireworks are happening). Leader: Joanne Tow's cell 516-503-3069 to be used ONLY if lost. Home 516-931-2073. For event simulcast, tune to WALK 97.5 FM or K-98.3 FM. Members only,

7/9 SAT, BATT-BEAR TRAIL: STATELINE TO NYACK. 7 miles on the Long Path, extending through Tall Mountain and the Old Erie RR bed. One steeper descent en route to an optional dinner in Nyack. Return by nearby bus stop. Meet: PABT South Wing by the Commuter Statues before 8:45 A.M. Bring lunch and water. Bus departure at 9:15 A.M. (bus 9A, gate 220 or at 9:40 A.M. from the GWBBT). Leader: Marvin Malater, 718-376-3608, must call for hike status or information. Joint hike. Nonmembers \$3.

7/9 SAT, BRONX BOTANICAL GARDEN. Looks like a fine day to visit the Garden. We'll take a look at the Rose Garden, the Native Plant Garden, and the Perennial Garden as well as walk through NYC's only primeval forest. Around 2 miles at a very leisurely pace. Take the 9:24 Harlem Line train from Grand Central, arriving at the Botanical Garden station at 9:47. (Get "City Ticket" for \$4.25.) Alternatively, take the #4 or D subway to Bedford Park Blvd. and then the #26 bus east to the Mosholu Gate entrance or the #2 subway to Allerton Avenue and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 9:47 A.M. Admission to the Garden is free until 10 A.M. on Saturdays. If driving, park in the parking facility by the station (\$12) or on a nearby street (free). No coordination of rides. The 3:37 train gets you back to Grand Central at 3:59, or you can take the bus and subway back. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. No need to register, but call or email to confirm that the visit is on, especially if the weather forecast changes for the worse or if you have any questions. Bob Susser 212-666-4371; rsusser@aol.com. Members only,

7/9 SAT, OSBOURNE LOOP (GARRISON). 10 miles. Peppy pace with possible visit to Graymoor Monastery to meet thru hikers in the ball field. Late return. Meet at Grand Central at the comfortable Stationmaster's office across from Zaro's. Walk along old carriage roads past old ponds and a restored gazebo. Purchase R/T ticket to Garrison. Bring lunch/drink, or buy at store if we stop there for bathrooms or water. Rain does not cancel. Fare: \$28 round-trip. Leader: Mike Puder. E-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. Joint hike but members only.

7/9 SAT, 42ND STREET LIBRARY GREENWICH VILLAGE. About 4-5 miles. Visit the main library; bring lunch and water. Lunch at Chelsea Market. See sites of Greenwich Village. Meet 10:00 A.M. at 42nd Street and 5th Avenue Main Library on steps. Leader: Ellen Juro, 212-861-4267. Call to confirm. Nonmembers: \$3.

7/10 SUN, ROOSEVELT ISLAND, about 3 miles, easy/slow pace, rest stops. We'll take the tram back to Manhattan for an early dinner. Meet 2 PM (after lunch) near F-subway token booth on Roosevelt Island stop. Bring water. Take Tram, F subway or Q102 bus. Leader: Helen Mangione-Yee call ONLY morning of walk 9-10 AM to confirm 212-348-5344. Nonmembers: \$3.

7/16 SAT, BETHLEHEM BLUEBERRY FESTIVAL. 6-7 miles, flat paved dirt and gravel. Bethlehem Steelstacks, historic downtown, blueberry festival at Burnside Plantation, to return on the short section of Delaware and Lehigh trail back to starting point. Can buy lunch at food court. Meet 7:30 A.M. PABT for 8:00 A.M. departure on casino bus. Rain date: Sunday, July 17. R/T \$35; \$10 festival admission; \$15 pie (optional). Yon Lee, 718-638-0010 or yonderwalker@gmail.com. Members only.

7/16 SAT, NEW ROCHELLE PARKS ALONG THE WATER. 3-4 miles, easy/slow pace, rest stops, drop-off points. We will walk along the water, passing by the College of New Rochelle. Bring lunch, water, and sunscreen. Too hot & rain may cancel; call. Meet 11 A.M. at IRT #6 Pelham Bay station token booth (last stop in Bronx) to catch W45 Bee-Line bus (bring MetroCard for Bee-Line bus). Leader: Helen Mangione-Yee, 212-348-5344; call to confirm Fri. evening (7/15) 8-9 P.M. ONLY. Nonmembers: \$3.

7/17 SUN, BROOKLYN'S "BEST" BLOCKS (PART VI). 8-12 essentially flat miles at a moderately brisk pace on city streets and park paths. Sixth in an indeterminate series of hikes aiming to connect some 200 or so "best" blocks in Brooklyn suggested in a series of articles published between 2010 and 2014 in *The L Magazine*. Connecting two TBD subway stations. Probably "best blocks" in Red Hook, Carroll Gardens, and Park Slope, but perhaps something different. Bring lunch, snacks and water. E-mail (preferred) or phone leader no earlier than a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 A.M. morning of hike if uncertain. Nonmembers: \$3.

7/17 SUN, GOVERNOR'S ISLAND. Join us and you will see a fort built as part of the defenses of New York Harbor during the War of 1812 and an area that has been completely restored after the ravages of Sandy. Meet leaders Ken King (631-991-8170) and Bob Ward (718-471-7036; call after 8:00 P.M.) in front of the Governor's Island Ferry Terminal at 11:30 A.M. Take N/R to Whitehall Station. Bring lunch & beverage. Joint walk. Members only.

7/17, SUN, LEATHER STOCKING TRAIL. 8 miles, easy with some hills. Visit the Sheldrake Lake, Larchmont Reservoir, and Larchmont Lake. Bring lunch/plenty water. Hiking boots recommended. NO SMOKING ON HIKE. From GCT (42nd St) board the New Haven Line train at 10:36 AM to Mamaroneck OR from Fordham Sta. near D subway, Bronx at 10:54, Arriving 11:18. Meet on platform. Fare: O/W \$8.75/Srs. \$5.75. Return from Larchmont, same zone fare. Also Bus W60 to #2 Subway. Leader: Rolande Chapeau. Members only.

7/21 THURS, BLYDENBURGH COUNTY PARK. 6 miles at a moderate pace, some ups and downs. Take the 9:14 train to Smithtown (change at Hicksville); return will be from the same station. We'll walk around Blydenburgh Lake and view the ducks and turtles. Bring lunch and water and wear boots, as the trail can be muddy in spots. Round-trip fare \$19/13.25 seniors. Rain cancels. Leader: Pat Belanoff, 212-568-2052 or email padaulton@gmail.com, but you must check to make sure hike is on. Call after Tuesday, but not after 9:30 P.M. Joint hike. Members only.

7/23 SAT, A TALE OF TWO BRIDGES. City walk, about 4 miles over the Brooklyn and Manhattan Bridges, bridge inclines and declines. Take a leisurely walk across two famous New York City bridges with spectacular views of our great city. Use the 4, 5, or 6 train and get off at Brooklyn Bridge station. Meet at the corner of Spruce Street and Park Row at the statue of Benjamin Franklin (across the street from City Hall) at 1:00 P.M. Bring water and, if desired, food (as an alternative, some people may want to eat out in Chinatown after the walk). Inclement weather cancels. Call Marvin before the trip if you intend to come and leave a brief message on the machine (call before 10:00 P.M.), 212-228-0484. Nonmembers, \$3.

7/23 SAT, BOWLING GREEN, WALL STREET, SOUTH STREET SEAPORT. 2 miles, city walk. Bowling Green, the Bull, Trinity Church and graveyard, Wall Street to South Street Seaport, historic area remnants; see changes in area—real estate supreme! Bring lunch or eat locally. Meet 11 A.M., before lunch, at Bowling Green (#4, #5 trains) in front of Museum of American Indian (#1 and R trains stop at South Ferry). Bring sun hat, liquids. Leader: Susan B., 718-275-7654. Call to confirm; joint walk; members and friends only (nonmembers \$3).

7/24 SUN, TWIN LAKE, Eastchester. 7 miles, easy hike with one hill. Scenic along five lakes and Nature Study Woods along the Hutchinson River on flowery trails. Continue to Larchmont Lake. Bring lunch/plenty water. Light boots recommended. NO SMOKING ON HIKE. Take the Harlem Line Train from GCT (42nd St) to Crestwood at 10:24 AM OR from Fordham near D subway, Bronx at 10:42 arriving at 11:07. Meet on the platform. Fare: O/W \$7.75/Srs. \$5.25. Return from Larchmont on New Haven Line Train a little more, (less to Fordham, OR Bus W60 back to # 2 Subway. Leader: Rolande Chapeau. Members only.

7/28 THURS, JONES BEACH CIRCULAR. 7-8 miles, flat, moderate pace on boardwalk and beach. See the Nature Center, boat basin, and jetty. Time for a swim. Bring lunch/water and swimsuit. Meet at Penn Station LIRR ticket area at 9 A.M. for 9:25 A.M. departure R.T. to Freeport and bus to beach. Must call for hike status Wed. evening July 27th ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only.

7/30 SAT, QUEENS WALK. Approx. 8 miles. Meet at Kew Gardens station on E and F train at token booth closer to front of train coming from Manhattan. Look for Yahoo Group email the week of walk for details. Leader: Julia; questions, email walklover1@gmail.com or call to confirm with Helen 212-348-5344 on 7/29 (Friday) evening 7-9 P.M. ONLY. Nonmembers: \$3.

7/30 SAT, RIVERSIDE PARK. A very leisurely stroll of around 1.5 miles in Riverside Park and along the Hudson, followed by lunch at the Boat Basin Café (where we'll get a table on the terrace, overlooking Riverside Park and the Hudson). Riverside Park is widely regarded as Manhattan's most spectacular waterfront park, and one of only eight officially designated scenic landmarks in NYC. Meet 11 A.M. on the stone seats on the north side of the Broadway and 96th Street subway station (# 1, #2, or #3 train). Call or email if the weather appears inclement; otherwise, just show up—but feel free to email or call if you have any questions. Bob Susser, rsusser@aol.com, 212-666-4371. Members only.

7/31 SUN, LIBERTY STATE PARK. We will visit this lovely state park, which was established to honor the Bicentennial of the United States. This will be an easy walk along a marina and then New York Harbor. Meet leaders Bob Ward (718-471-7036, call after 8:00 P.M.) & Ken King (631-991-8170) at 11:15 A.M. in front of the turnstiles of the PATH Terminal (32 St. & Sixth Ave. Bring dollar bills, as the MetroCard is not valid on PATH or light rail. Bring lunch and beverage. Members only. Joint walk.

8/4 THURS, ROCKLAND LAKE AND HAVERSTRAW. About 6 miles at a moderate pace, mostly flat. Meet at the George Washington Bus Station by 10:30 A.M. at the latest to take the 10:40 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There we can get the 4:15 ferry to Ossining and then Metro-North back to the city. Bring lunch and water; wear sturdy shoes. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus \$10.20 (less for seniors); ferry \$3.15; train \$2.50 (less for seniors). Rain cancels. Leader Pat Belanoff; call after Tuesday (212-568-2052) or email padaulton@gmail.com up to 10:00 A.M. the morning of the hike, but no calls after 9:30 P.M., please. Joint hike. Members only.

8/6 SAT, GARVIES POINT PRESERVE and MORGAN PARK. 5 to 6 miles. A circular easy hike through a forested preserve and along the shore with a beach. Very scenic ride along the L. I. Sound. Bring lunch/plenty water, and insect repellent. Also your bathing swimwear (optional). NO SMOKING ON HIKE. Take IRT # 7 train to last stop in Flushing and meet at Bus Pole N20 behind the elevator bldg. on Roosevelt Ave. Bus leaves at 10:45 AM, arriving in Great Neck at 11:16. After many complaints, NICE CO. put back the N21 Bus to Glen Cove, we'll board at 11:30 and will arrive at 12:06 PM, (cars my park around there and join us at the Pratt/Bridge Bus Stop). Fare: Bring Metrocard. Leader: Rolande Chapeau. Members only.

8/6 SAT, SUNNYSIDE TO ASTORIA. 2.5 to 3 miles, city walk. Historic housing development of Sunnyside Gardens; Astoria movie studios, Socrates Sculpture Garden; pass Isamu Noguchi Museum (optional). Meet 1 P.M., after lunch, in front of Dunkin Donuts on Queens Blvd. between 45th and 46th streets; take #7 line to 46th Street and Queens Blvd., north side. Bring sun hat, liquids. Leader, Susan B., 718-275-7654; call to confirm. Joint walk, members and friends only (nonmembers, \$3).

8/7 SUN, BAYARD CUTTING ARBORETUM FREE CONCERT. 3 to 4 miles, slow, easy, flat. Must contact leader before Sunday. Take a leisurely walk and around the beautiful gardens, ponds, and Connetquot River. Followed by a free outdoor concert featuring Soundswell, which fuses rock, jazz, and blues and is composed of teachers, artists, poets, and free spirits—each member draws from a vast array of influences with the collective goal of creating a joyful noise. Rain cancels. From Penn Station, take the 9:15 A.M. LIRR train to Great River. Fare \$26.50 round trip/seniors \$18. Leader will meet group at Great River train station at 10:33 A.M. Check mta.info/lirr for current train schedule. Leader Quyen (Quinn) Pham 631-234-5486, Email: qwpham@yahoo.com. Joint hike. Members only.

8/7 SUN, RIVERDALE AND FIELDSTON. 3 easy miles stroll. View the Hudson River and estates within the NYC limits. See Fieldston, where the serfs live better than you do. Meet at 1:30 P.M. at the northeast corner of Broadway and 207th Street, A train last stop. Cost is \$2.75; bring MetroCard. Leader: Mayer Wiesen, 516-671-2095. Call to confirm evening until 10:30 P.M. Joint hike. Members only.

8/13 SAT, FIELDSTON, RIVERDALE PARK, and possibly INWOOD PARK, 7 to 10 miles, moderate pace, some hills. Several drop off points. Walk through the residential area of Fieldston and the wilderness of Riverdale Park. Bring lunch and water. Please call 917-842-9490 any time (24/7) starting Wed. (8/10) for the meeting place and time. Leader: Leonard Morgenstern. Nonmembers: \$3

8/14 SUN, CENTRAL PARK TREE IDENTIFICATION WALK (NORTHERN PART). A relaxed stroll to identify some of the approximately 140 species of trees in Central Park, as described in the book *New York City Trees* by Ned Barnard. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. This walk will necessarily proceed at a snail's pace, with many stops to look at trees. Meet 10 A.M. inside the Dana Discovery Center (bathrooms!), a short distance east inside the entrance to the park at 110th Street and Lenox Avenue. Email or call me if it looks like it might rain; otherwise, just show up. We'll have lunch underneath the wisteria at the pergola in the Conservatory Gardens, so bring lunch and beverage. Bob Susser, rsusser@aol.com, 212-666-4371. Members only.

8/14 SUN, GREENBURGH NATURE CENTER to HARTSDALE. 6-7 miles easy hike with drop off point available. Interesting place with a manor, orchard, gardens, outdoor animals display, woody area with nature trails. Bring lunch/plenty water. NO SMOKING ON HIKE. Take D or #4 train to Bedford Park and meet at Bedford Pk Blvd., front of #4 train exit by bus stop W20. Bus leaves at 11:00 AM. Fare: Metrocard. Return by train from Hartsdale \$7.75/Srs. \$5.00 OR Bus W20 back to subways. Leader: Rolande Chapeau. Members only.

8/17 WED, FIRE ISLAND LIGHTHOUSE CIRCULAR. 5-6 miles. Hike on beach and boardwalk, moderate pace. Hike to the lighthouse; chance to climb it. Bring lunch/water and swimsuit. Meet at Penn Station LIRR ticket area 9 A.M. RT to Babylon and bus to beach. Must call for hike status Tues. evening August 16th ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only

8/18 THURS, RONKONKOMA TO BAYARD CUTTING ARBORETUM. 7 miles at a moderate pace on the Long Island Green Belt. Terrain is almost all flat, but boots are best because the trail can be muddy in places. We'll walk through Connetquot State Park, look at the fish hatcheries there, and end up at Bayard Cutting Arboretum, where we can get tea/coffee. Meet at Penn Station/34th Street in the LIRR ticketing area, 9 A.M. at the latest, to take the 9:15 A.M. train to Ronkonkoma. arriving at Ronkonkoma at 10:37 (check schedule for any changes). Return from the Great River LIRR station. Round-trip fare: \$26.50/\$18 seniors. Rain cancels. Leader: Pat Belanoff, 212-568-2052 or email padaulton@gmail.com. Call after Tuesday, but no calls after 9:30 P.M. Joint hike. Members only.

8/20 SAT, CARL SCHURZ PARK CONSERVANCY TO STRAND SMOKEHOUSE. Around 6-8 miles, moderately brisk and lively pace, mostly on paved street starting from the Carl Schurz Park Conservancy, walking to promenades of the East River and 59th Street Queensboro (Ed Koch) Bridge, passing through LaGuardia Community College. Briefly talk about the formation of Sunnyside, Sunnyside Gardens, Northern Boulevard, and Astoria. Finally, we will walk about 12 blocks on Broadway, passing many small stores, to reach the locally well-known Strand Smokehouse for locally brewed beer and smoked fish or meat for an optional lunch. Meet 10:00 A.M. at 86th Street and East End Avenue, on the right side of the Carl Schurz Park Conservancy. Take #4, #5, or #6 train to 86th Street and walk east to reach East End Avenue. Bring lunch and water and dress according to the weather. Call to confirm. Leader: Youn, 718-392-4645 no later than 9:30 P.M. the week of the walk. Members only.

8/20 SAT, NIGHT HIKE. Approx. 10 miles. We will do a night walk in Harriman State Park at a slow pace (you can't go fast in the dark!) and treat this like a day hike in the dark with frequent stops and rests. This is an easy old road in the park. In the morning, we'll go into town and have breakfast at a diner, take the train back, and sleep at home. If not sure what to bring, e-mail me at nyhiker50@verizon.net for information, but don't forget the flashlight and extra batteries. This will be an enjoyable night in the woods for those who can overcome their fear of the dark. Fare depends on whether we leave from Penn Station or Hoboken. E-mail for details anytime before the hike. Leader Mike Puder. Joint hike but members only.

8/20 SAT, ROCKAWAY PARK BEACH HIKE AND SWIM. 5-6 miles, moderate pace, about 4-5 hours on boardwalk. Finish between 3:00 and 4:00 P.M. Walk along boardwalk from Beach 90th Street to end of boardwalk near 5th Street. After lunch, walk back to subway station at Beach 44th Street, where walk will end. Drop-off points with access to subway along walk route. Bring lunch, water, and bathing suit. Meet at 11:00 A.M. at subway station at Beach 90th Street. Take JFK A Train to Broad Channel; change for S train at Broad Channel and exit S train at Beach 90th Street. Meet outside subway station. I might change starting location of this walk in Rockaway Beach. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709, Email: eleibow@verizon.net; cell phone 201-850-9649 only on day of walk after 10:00 A.M. Nonmembers: \$3. Joint walk.

8/21 SUN, MOTT HAVEN/PORT MORRIS. City streets, about 6 miles. Some parts of this South Bronx area are of historic interest; others struggle to rise from poverty, while parts adjoining the Harlem River are becoming ripe for gentrification. Meet 11 A.M. at 125th Street and First Avenue for the walk across the Willis Avenue Bridge from Manhattan to the Bronx. Take any subway train that stops at 125th Street; then take the BX15 or M100 bus east to Second Avenue and walk to First Avenue. Leader: Robert Halasz (home 212-866-3563, cell 917-482-9757, or rjhalasz@gmail.com). Nonmembers: \$3.

8/21 SUN, WATERFRONT PARKS OF NEW JERSEY'S CHEMICAL COAST. 8-12 miles at a moderately brisk pace on park paths and city streets. Connect a series of parks along the Arthur Kill, Carteret Pond and the Rahway River in the New Jersey municipalities of Carteret and Rahway. Great views of NYC (Staten Island) and tank farms, etc. Bring lunch, snacks, and water. E-mail (preferred) or phone leader no earlier than a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint hike. Awful or dangerous weather cancels. Contact leader after 7:00 A.M. morning of hike if uncertain. Nonmembers: \$3.

8/27 SAT, FORT TRYON PARK, WITH A VISIT TO THE CLOISTERS. About 1 mile at a leisurely pace. Take the A train to 190th Street and then the elevator up to Fort Washington Avenue, or take the M4 bus directly to 190th Street and Fort Washington Avenue. Meet at 11 A.M. just inside the subway entrance there. We'll go through Linden Terrace (the highest point in Fort Tryon Park and the second-highest natural elevation in Manhattan, with great views of the Hudson and the city). After lunch (bring lunch and beverage, or buy it in the Cloisters cafe) we'll visit the Cloisters (restrooms!) where we can take a look at the famous Unicorn Tapestries and anything else. Admission is pay-what-you-wish (\$1 is fine). Please email or call me to make sure that the hike is on and if you have any questions. Bob Susser 212-666-4371, rsusser@aol.com. Members only

8/27 SAT, HIDDEN IN PLAIN SIGHT: SNYDER SCHOOLS ON STATEN ISLAND. About 10 miles. In honor of this back-to-school time of year, we'll look at Progressive-Era public schools designed by Charles B. J. Snyder and other interesting sights on Staten Island—where the schools are few and far between, so we'll keep up a brisk pace. Meet at 9:45 A.M. so we can leave promptly at 10:00. Email jean.arrington@gmail.com for the meeting place the week of the walk, or call leader Jean Arrington at 646-290-4119. Nonmembers: \$3.

8/28 SUN, BAYARD CUTTING ARBORETUM FREE CONCERT. 3 to 4 miles, slow, easy, flat. Must contact leader before Sunday. Take a leisurely walk and around the beautiful gardens, ponds, and Connetquot River. Followed by a free outdoor concert featuring Easy Street Band—dance to familiar rock hits on a beautiful summer afternoon as Easy Street performs its mix of classic rock covers. Rain cancels. From Penn Station, take the 9:15 A.M. LIRR train to Great River. Fare \$26.50 round trip/seniors \$18. Leader will meet group at Great River train station at 10:33 A.M. Check mta.info/lirr for current train schedule. Leader Quyen (Quinn) Pham 631-234-5486, Email: qwpham@yahoo.com. Joint hike. Members only

8/28 SUN, GREEN-WOOD CEMETERY'S 240TH ANNIVERSARY OF THE BATTLE OF BROOKLYN. Take the R train or drive and meet leader Eric W. (stnonradio@yahoo.com) at 11:40 A.M. at the Gothic arch of Green-Wood Cemetery (500 25th Street, Sunset Park—it's where the monk parrots nest). We will visit the "Life in Revolutionary New York" living display, watch a reenactment of the battle, march in the Battle of Brooklyn Parade, and then walk up Battle Hill for the commemorative ceremony. Bring water, sunscreen, and lunch. Some hilly parts; may be a hot and sunny day. Rain cancels, since being outdoors in the rain is not so much fun. Preregister by email by Saturday evening, August 27th, stnonradio@yahoo.com. Members only.

9/3 SAT, HUDSON RIVER GREENWAY: COLUMBUS CIRCLE TO BATTERY. 6 miles of West Side esplanades at a moderate pace. At finish, optional beer and pizza at a venue near the Staten Island Ferry. Meet 10:00 A.M. at the Time Warner Building Atrium at Columbus Circle. A/B/C/D/#1 to 59th Street. Bring lunch and water. Leader: Marvin Malater, 718-376-3608 call for status or information. Nonmembers: \$3.

9/4 SUN, CENTRAL PARK TREE IDENTIFICATION WALK (SOUTHERN PART). Relaxed stroll partly along the southern Central Park "tree trail" described in the book *New York City Trees* by Ned Barnard, passing through the Mall, with its row of large shady elms, as well as the Conservatory Water, Cedar Hill, Belvedere Castle, and the Ramble, and ending at the Boathouse around 1 P.M. for lunch (bring your own or buy it there). Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. Of course, it should be anticipated that the walk will proceed at a snail's pace, with many stops to look at and identify trees. Meet 10 A.M. inside the entrance of the Time Warner building on 59th & Broadway. Email or call me if it looks like it's going to rain or if you have any questions; otherwise, just show up. Bob Susser, 212-666-4371; rsusser@aol.com. Members only.

9/5 MON, SOUTH COUNTY TRAILWAY from VAN CORTLANDT to ODELL. 8.5 miles, easy hike to Tibbetts Brook Park, where we'll have lunch. We'll continue flat to Odell and visit the newly restored Untermyer Gardens. Nice sceneries on the way. Bring lunch/plenty water. NO SMOKING ON HIKE. Take IRT Subway #1 to 242nd St, Van Cortlandt Park, last stop and meet by the park side at 10:30 AM. Fare: Bring MetroCard. Return with W2 Bus. Leader: Rolande Chapeau. Members only.

9/10 SAT, NORTH OF LINCOLN CENTER. 4+ miles, level, at a relaxed pace. Look at the architecture and learn of some of the famous people who have made the Upper West Side their home. Meet at Verdi Square, Broadway 72nd to 73rd streets at 11:00 A.M. (take #1, #2, or #3 train). Bring lunch, water. Awful or dangerous weather cancels. Call to confirm. Leader: Richard Sklar, 718-782-7732. Members and friends only.

9/11 SUN, BROOKLYN BRIDGE PARK AND DUMBO. A slow-paced 3-mile walk. We will visit this ever-expanding parkland along the Brooklyn waterfront. Meet leader Ken King (631-991-8170) outside the turnstiles of the Clark Street subway station at 12:01 P.M. Bring lunch and beverage. Joint walk. Members only.

9/15 THURS, VAN CORTLANDT PARK. 5 miles at a moderate pace. Exact trails will depend on the weather. Meet at 10:30 A.M. at the end of the #1 train (242nd Street). Please match your footwear to weather conditions; hiking boots are probably best. Bring lunch and water. Hike will end where it began. Leader: Pat Belanoff, 212-568-2052. Call after Tuesday, but not after 9:30 P.M., or email padaulton@gmail.com, but you must check to make sure hike is on. Joint hike. Members only.

9/17 SAT, DUMBO, BROOKLYN BRIDGE PARK, BROOKLYN HEIGHTS PROMENADE. 2.5 miles, city walk, one hill, easy pace. Village area with cute little galleries, stores, bakeries, waterside parks, carousel, New York City skyline. Meet 1 P.M., after lunch, at F train York Street station (York and Jay streets, Brooklyn), outside station. Leader: Susan B., 718-275-7654. Call to confirm; joint walk; members and friends only (nonmembers, \$3).

9/17 SAT, HIGHLAND PARK and RESERVOIR to FOREST PARK. 7-8 miles easy hike with some hills, drop offs available. Beautiful restoration around the reservoir, wood trails and some architecture. Bring lunch/plenty water. Sneakers OK. NO SMOKING ON HIKE. Take any train to 14th St and change to L Train, also A, C, or J trains to Broadway Junction (Eastern Pkwy) Stop and meet at 10:40 AM down inside the turnstile (do not get out). Fare: Metrocard. Leader: Rolande Chapeau. Members only.

9/17 SAT, PHILADELPHIA. 9-10 miles, moderate pace, mostly level on pavement. From Camden, cross Ben Franklin Bridge to Philadelphia for a circular hike between the Delaware and Schuylkill Rivers. Various historical and architectural sights. Will utilize light rail and PATCO. Bring lunch/water. Rain cancels. Very late return. Meet at Penn Station NJ Transit ticket windows at 8:55 AM for 9:14 train to Trenton. R/T \$38.10/Srs \$18.20. Leader: Joel Pomerantz, 212-691-3844 call before 10 PM. Members only.

9/18 SUN, BAY RIDGE TO CONEY ISLAND. 5-6 miles, moderate pace on flat terrain. Finish between 3:00 and 4:00 P.M. Walk along Narrows to Coney Island, taking in beautiful views of the bay area along the Narrows. Walk from subway station to pathway along the Narrows to Surf and Stillwell Ave and end by Nathan's in Coney Island. (Subway station at end of walk is across the street from Nathan's.) Bring lunch and water or purchase lunch at Caesar's Bay Bazaar. Meet 11:00 A.M. outside the last stop of R subway line, 95 Street and 4 Avenue in Bay Ridge. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709, Email: eleibow@verizon.net; cell phone 201-850-9649 only on day of walk after 10:00 A.M. Nonmembers: \$3. Joint walk.

9/24 SAT, NEW JERSEY SHORE WALK. Allenhurst to Manasquan. 9 miles, flat, moderate to brisk pace on boardwalk and beach. Pass Asbury Park, Ocean Grove, Spring Lake, and other towns. Bring lunch/water. Meet at Penn. Station NJ Transit ticket area at 8:40 A.M. for 9:07 A.M. departure R.T. to Manasquan. Must call for hike status Friday evening Sept. 23 ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only.

9/25 SUN, FORT LEE HISTORIC PARK VIA GEORGE WASHINGTON BRIDGE FOOTPATHS (BOTH WAYS). Our walk, of about 3 miles at a slow but steady pace, should be interesting, up and down the Hudson River. Trip cancelled if forecast calls for high winds. Meet leaders Bob Ward (718-471-7036; call after 8:00 P.M.) and Ken King (631-991-8170) at 12:01 P.M. on the NE corner of 178th Street and Fort Washington Avenue. Bring lunch & beverage. Members only. Joint walk.

9/25 SUN, QUEENS' WATERFRONT, PART 2. 15 miles. Meet at Main Street station of the #7 train at 9:00 A.M., northeast corner (by AT&T store). Walk the Queens waterfront from Flushing to Bayside. Walk through Flushing, College Point, Malba, Whitestone, Fort Totten, and Bayside. Moderate pace. Some drop-off points. Important: Bring water and lunch; there is no place to obtain food or water where we will be having lunch. Leader: Bill Wrublewski Cell: 646-369-0279 Email: summer.time101@verizon.net. Nonmembers: \$3.

10/1 SAT, HEMPSTEAD LAKE STATE PARK. Circular 6 easy miles, flat around the lakes. Lovely place, very impressive in every season, BUT special around fall foliage. Bring lunch/plenty water. Light boots or good sneakers. NO SMOKING ON HIKE. From Penn Station, lower level, board the LIRR Babylon Line train to Rockville Centre at 10:45 AM, from Flatbush at 10:45 and from Jamaica at 11:08 arriving at 11:24 (Time changes, take closest time). Meet inside station. Fare: O/W \$9:50/Srs. \$6.50. Leader: Rolande Chapeau. (Cars may park by Station). Members only.

10/2 SUN, RED HOOK, BROOKLYN. About 4 miles, level, moderately paced. Last spring's walk was abridged by dramatic weather (strong winds, choppy waters, etc.)—let's try it again! A quick walk down from Brooklyn Heights through its charming Willowtown area and then a bit of Brooklyn Bridge Park, after which we begin our leisurely walk to and through the distinctive cityscape of Red Hook, enjoying its vistas, industrial relics, art spaces, and other attractions. Take #2 or #3 to Clark Street in Brooklyn Heights and meet just outside station on Clark Street. Meeting time: 1 P.M., after lunch. Bring water and snacks. Call to confirm during week before, up to 11 A.M. on day of walk. Leader: Devra Zetlan (212-662-8922). Nonmembers: \$3.

10/8 SAT, BROOKLYN BOTANIC GARDEN. 2 miles, easy, slow pace. Meet 11:30 A.M. in front of the BBG Eastern Parkway entrance. Take IRT #2 or #3 train to Eastern Parkway/Brooklyn Museum stop (right at token booth, right after stairs). Bring water. We'll take a bus ride (bring MetroCard) for an early lunch. Rain cancels. Leader: Helen Yee, 212-348-5344; call to confirm Friday (10/7) evening 8-9 P.M. only. Nonmembers: \$3.

10/8 SAT, LAMONT-DOHERTY EARTH OBSERVATORY. Open House Science Fair. Science lectures (Columbia professors), films, tent exhibitions, and about 2 miles of long path trails. Meet PABT, south wing, at the commuter statues, before 8:45 A.M. Bus departs at 9:15 (Bus 9A, gate 220) or GWBBT at 9:40 A.M. arriving state-line L-DEO at 10:03. Bring lunch and water. Free transportation to 120th Street and Amsterdam Avenue, starting midafternoon each half hour. Leader: Marvin Malater, 718-376-3608 call for hike status or information. Nonmembers: \$3.

10/9 SUN, HUDSON RIVER NORTH. 3 miles and a slow, steady pace. Meet Leaders Ken King (631-991-8170) and Bob Ward (718-471-7036; call after 8:00 P.M.) outside the turnstiles of the 116th Street station (#1 train) at noon for a walk along Riverside Drive, to visit three gravesites, across the top of the 125th Street sewer plant, and then along the river to see the Little Red Lighthouse. Bring lunch and beverage. Joint walk. Members only.

10/13, THURS, FORT TRYON TO WAVE HILL. 6 miles at a moderate pace, with a few gradual ups and downs. Meet at 10 A.M. at the entrance to Fort Tryon Park, at the end of Fort Washington Ave. Take the M4 bus to the entrance to Fort Tryon Park, or the A train to 190th street and the elevator up. Return via bus to the #1 train. We'll walk through Fort Tryon and Inwood Hill parks and on to Wave Hill. Wave Hill admission \$8/\$4 for seniors. We'll be on paved walks much of the time except for well-maintained woodland trails in Inwood Hill and later in the Bronx in Riverdale Park. Hiking boots are recommended, as the trail can be muddy. Bring water and lunch or buy lunch at Wave Hill. Leader: Pat Belanoff, 212-568-2052. Rain cancels. Call after Monday, but not after 9:30 P.M., or email padaulton@gmail.com, but you must check to make sure hike is on. You can also call up to 9 A.M. morning of hike. Joint hike. Members only.

10/15 SAT, KINGSTON TO PRINCETON WOODS. 8 miles, flat, moderately brisk pace. Hike the D & R Canal Towpath along Carnegie Lake into the scenic Princeton Woods, passing Princeton-Battlefield Park. Bring lunch and water. Meet at PABT at the commuter statues at 9:10 A.M. for a 9:30 A.M. departure, O.W. to Kingston. Must call for hike status Friday evening Oct. 14th ONLY. Leader: Ludwig Hendel, 718-626-3983. Members only.

10/15 SAT, WEST SIDE RIVER WALK, ART AND DINNER. 5 miles. River vistas from 14th Street to 57th Street along the Hudson River. At 57th Street, a tour of some selected art galleries and a finish at Parnell's for an optional early dinner. Excellent fare and generous servings, inclusive of a choice of drink for about \$21, including tip. Meet at the northwest corner of 8th Avenue at 14th Street (A/C/E trains) at 10 A.M. Bring a light lunch/snack and water. Leaders: Marvin Malater, 718-376-3608 and Joani Auerbach. Joint hike. Nonmembers: \$3.

10/16 SUN, FLAT ROCK BROOK. Bronx to New Jersey, 10 miles, moderate pace with some ups and downs. South on OC aqueduct to Hall of Fame, cross High Bridge, upper Manhattan, then GW bridge to NJ North on LP, then various trails in Flat Rock Brook Nature Center. Bring lunch/water. Rain cancels. Take #4 train to Bedford Park Blvd. in the Bronx. Meet on sidewalk in front of station at 10:30 A.M. (alternatively, take D to Bedford Park Blvd. and walk 2 blocks west). MetroCard plus \$3.50/seniors \$1.55. Leader: Joel Pomerantz, 212-691-3844, call evenings before 10 P.M. Joint hike. Nonmembers: \$3.

10/16 SUN, GOWANUS CANAL. About 4-5 miles, walking on streets. Explore Brooklyn's own Venice, its vistas and occasional aromas. Learn about its unusual history and view examples of its ongoing gentrification even as the area seeks to emerge from more than a century of environmental damage. Possible stops at artists' open studios. Meet 11 A.M. outside Union Street subway stop (R train)—NOT Union Square, Manhattan! Leader: Robert Halasz (home 212-866-3563, cell 917-482-9757, or rjhalasz@gmail.com). Nonmembers, \$3.

10/16 SUN, KEW GARDENS AND FOREST HILLS (rescheduled from day of blizzard). 5 miles, easy pace, some hills. Starting with a stroll through Maple Grove Cemetery (on National Registry of Historic Places) through Kew Gardens with a loop in Forest Park (if not too muddy), then into the private streets of Forest Hills Gardens and ending at the tennis stadium (former home of the U.S. Open). Meet at 1:00 P.M. at Queens Blvd. & 80th Rd. (Kew Gardens stop on the E & F trains). Exit near front of train. Meet at top of stairs marked "South Side of Queens Blvd & 80th Rd." Awful or dangerous weather cancels. Call to confirm. Leader: Richard Sklar, 718-782-7732. Members and friends only.

10/22 SAT, CRANBERRY LAKE PARK. 7 moderate miles. This is a Westchester woods walk above Valhalla. See the Kensico Reservoir and Cranberry Lake. Enjoy the boardwalks and colorful leaves. Meet at 9:30 A.M. at Grand Central Terminal by the upper-level information booth. R/T is \$20.50/seniors half the fare if coming from and to the Bronx. Leader: Mayer Wiesen 516-671-2095. Call to confirm evenings to 10:30 P.M. Joint hike. Members only.

10/22 SAT, GREEN-WOOD CEMETERY. 2-3 miles, easy pace, some hills. Historic landmark, beautiful gates, many famous residents (such as Leonard Bernstein) and infamous ones (such as Johnny Torrio); also Civil War heroes. R train to 25th St. and 4th Ave., Brooklyn, where we meet at 1 P.M., after lunch. There are many trains that connect in Brooklyn with the R train—get a subway map at a subway booth. Leader: Susan B., 718-275-7654. Call to confirm. No fee for cemetery admission, but conducted tours cost small fee. Joint walk, members and friends only (nonmembers, \$3).

10/23 SUN, FORT TRYON AND INWOOD HILL PARKS. About 3 miles at a slow, steady pace. Meet leader Bob Ward (718-471-7036; call after 8:00 P.M.) in front of the 190th St-Overlook Terrace subway station (A train) at noon for a walk through 2 of the 3 major parks of northern Manhattan with three bonus sights added for good measure. Bring lunch and beverage. Members only.

10/23 SUN, ROCKEFELLER PRESERVE. 12 to 13 miles at a moderate pace. Walk from Philipse Manor through Sleepy Hollow Cemetery to the Rockefeller Preserve. Walk on former carriage roads alongside brooks and the Pocantico River. Important: Bring lunch and water. Meet at Grand Central Station at 9:00 A.M. by the information booth to take the 9:20 train to Philipse Manor, arriving at 10:16. Check schedule for possible changes. Fare, round-trip from Grand Central: \$20.50/\$13.50 seniors 65 and older. Round-trip from Marble Hill \$10.50/\$5 seniors 65 and older. Rain cancels. Leader: Bill Wrublewski: Cell: 646-369-0279. Email: summer.time101@verizon.net. Nonmembers: \$3.

10/29 SAT, HISTORIC GRAVESEND. 3 miles, easy walk. See historic houses and old roads. History of area. Optional early dinner. Meet at 3:00 P.M. at HSBC Bank, 481 Kings Highway, Brooklyn. Take F train to Kings Highway station. Leader: Alan Hecht, 718-252-2161. Nonmembers: \$3.

10/30 SUN, KINGSTON CIRCULAR. 6 to 9 miles, relatively flat walking. We hike trails in the vicinity of Kingston, NJ. This is not a D & R Canal hike. Meet 8:30 at commuter statues at PABT. We take a bus to Kingston, NJ, and come back around 5 P.M. Wear hiking boots; bring lunch and something to drink. Leader: Oliver Wayne, 201-840-4145. Members only.

Check one box

- INDIVIDUAL (18 and older)... 1 yr. \$12..... 2 yrs. \$18
- FAMILY (one address)..... 1 yr. \$20..... 2 yrs. \$28
- SR's (65/older)..... 1 yr. \$10..... 2 yrs. \$14
- CONTRIBUTING..... 1 yr. \$30..... 2 yrs. \$50

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APPLICATION

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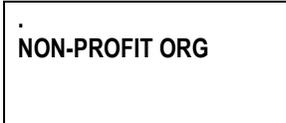
E- mail Address: _____ Mail to: The Outdoors Club (Lenox Hill Station address below)

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Signature (YOU MUST SIGN) - ALL FAMILY MEMBERS MUST SIGN

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