



Wanderings

newsletter of the
OUTDOORS CLUB INC.

<http://www.outdoorsclubny.org>

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The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety, and the wellbeing of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. **Nonmembers pay one-day membership dues of \$3.**

CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE! RENEWAL NOTICES WILL NO LONGER BE SENT. **It takes 4-6 weeks to process your renewal.** Some leaders will be asking members for proof of membership, so **please carry your membership card or schedule on activities** (the expiration date is on the top line of your mailing label). PayPal payments are usually processed in a week.

ELECTIONS: In November we will be electing officers for the position of president, vice-president and secretary. Helen Mangione-Yee, will not be running for re-election for the president position. If you would like to run for president or against an officer presently in office, please e-mail your resume and three references to hbmanjee@yahoo.com by September 1st.

VOLUNTEERS: The Club cannot function without volunteers. We need you to lead outings. Please contact Helen at hbmanjee@yahoo.com or 212-348-5344 if you would be able to help.

NEED TO CONFIRM has been **underlined** in the outing write-up. Please be sure to confirm that the outing will take place. We have also underlined any special instructions from leaders.

TRANSPORTATION. Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip. Here are some useful transportation phone numbers: New York City Travel info: 212-330-1234 and 718-243-7777; Long Island Railroad: 516-822-5477 or 719-217-5477; Metro North: 212-532-4900. You can also log onto: www.mta.nyc.ny.us.

SUMMER TIME and the weather may be hot. Please bring **plenty of water**, sunscreen, bug spray, head protection. Prevent Lyme disease and poison ivy by walking in the center of trails, and avoiding overhanging grass and bush. Use insecticide that repels ticks and mosquitoes. Other safeguards include wearing long-sleeved shirts, hats, pants tucked into socks, and shoes or sneakers that leave no part of the feet exposed. Light colored clothing makes it easier to detect ticks. Check yourself for ticks and don't overlook anything that at first glance may appear to be a speck but is in fact a tick the size of a poppy seed. It is also advisable to wash all clothes and shower immediately after spending a day outdoors.

INQUIRIES, COMPLAINTS AND SUGGESTIONS – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to hbmanjee@yahoo.com

Many thanks to all our volunteers and hike leaders! We could not do it without you!

Come hike with us. You'll never know how much fun you might have until you try it.

Richard Lefkowitz, Dorothy Szorc, Helen Mangione-Yee and Ray Lin

7/4 SAT, GREENWAY TRAIL along the HUDSON. 7 to 8 miles easy, flat hike, great views of the Hudson River, the Palisades and Fort Washington Park. The New Greenway Trail was created 1 ½ year ago from Dyckman St to 155th St, continuing through Riverbank State Pk, the new restored 125th St River Park and as far as we can hike. Bring lunch/plenty water, sneakers OK. NO SMOKING ON HIKE. Take A train to Dyckman St Stop OR # 1 train to Dyckman St, then walk West to Broadway and meet by the little park at 11:00 a.m. Fare: Metrocard. Leader: Rolande Chapeau. Members only.

7/4 SAT, FARROCKAWAY BEACHWALK. 4-5 miles, easy, no hills. Walk from A train last stop to beach and go swimming and walk on boardwalk. Drop off points available. Meet 11:30 am at A train Mott Ave., last stop. Bring lunch, bathing suit. Cancelled if raining. Leader: John. Serious calls only, 516 359 1591. Email preferred: Finch1149@gmail.com. Joint hike. Nonmembers: \$3

7/5 SUN, KEW GARDENS, 8 miles, moderate pace, mostly on bike route. Meet 10:30 a.m., the Kew Gardens stop on E or F train, in front of Starbucks. Leader: Julia, questions email at walklover1@gmail.com. Nonmembers: \$3.

7/9 THURS, LAMONT OBSERVATORY TO NYACK. 7 miles at a moderate pace. We'll meet by 10:30 to take the 10:40 9A bus from the George Washington Bus Station. Return will be by bus from Nyack with an early out at Piermont. Mostly flat, but we'll be on woods trails where boots are best. We'll walk through the woods, through Piermont, and onto the Rail Trail to Nyack. Bring lunch and water. Rain cancels. Round trip bus fare \$19.50, 1/2 seniors. Leader: Pat Belanoff, 212-568-2052 or padaulton@gmail.com. Call after Monday; no calls after 9:30 PM, or email padaulton@gmail.com, but you must check to make sure hike is on. Joint hike. Members only.

7/10 FRI, BETHLEHEM PA STEEL STACKS. Bus to casino. We will walk around the area and then go to 12:25 pm steel stacks tour. 4 miles. Meet 8:00 am PABT near commuters statue for 8:30 am departure. Bus fare R/T \$30 and Tour \$15. Leader: Yon Lee, 718-638-0010, yonderwalker@gmail.com. Chance of rain, hike is cancelled. Joint hike. Members only.

7/11 SAT, SUNSET WALK—LIBERTY STATE PARK, JERSEY CITY, NJ. 9 miles. Enjoy an evening walk in Liberty Park with its breathtaking views of NY. Always a treat! Bring dinner! LATE RETURN (Park closes at 10 pm). Meet at turnstiles at 32nd St. & 6th Ave Path Station for train to Grove Street at 5 PM. Fare \$1.50 each way. Return to Grove Street Path Station, Jersey City via Light Rail (Light Rail fare \$2.50). Leader: Lynn Albin. Send an E-mail to nyhiker50@verizon.net any time. Members only.

7/11 SAT, HARLEM WALK from the Museum of the City of New York (pay what you want) to Sylvia's for a late lunch or early soul food dinner. We'll walk past the Morris Park Historic District, 2 miles, easy pace, rest stops. Arrive early and visit the Museum (opens 10am) on your own. Meet 1 PM (after bathrooms) inside 5th Avenue entrance of the Museum of the City of NY (1220 Fifth Av at 103 St). Take #6 subway to 103rd Street. Leader: Helen Yee 212-348-5344 call morning of walk to confirm 8:30-9:30 am ONLY. Nonmembers: \$3.

7/12 SUN, EAST RIVER BRIDGES (the Brooklyn and the Manhattan), city walk, approximately four miles, easy....uphill at start of bridge, downhill at end of bridge. Take a leisurely walk across two East River Bridges (the Brooklyn and the Manhattan) with beautiful sights. There is an option/possibility of short shorefront walks near either bridge. Bring snacks or lunch if you wish. Bring water for hydration. Rain cancels walk. Call the leader if interested. Meet at the base of the pedestrian path of the Brooklyn Bridge on the sidewalk, near City Hall, at 10:15 AM. Leader: Marvin Preiss, 212-228-0484, before 9:30 PM. Nonmembers: \$3.

7/12 SUN, GLENWOOD AVENUE TO TARRYTOWN. About 9 relatively flat miles on the Old Croton Aqueduct, starting in Glenwood, NY. We meet at the Glenwood train station at about 9:54 which is when the 9:20 train from Grand Central gets there (check time for this train, my current schedule expires on April 4). Bring lunch and something to drink. If any questions call me, Oliver Wayne at 201.840.4145. We return from Tarrytown where both express and local trains stop. Members only.

7/18 SAT, BOWLING GREEN, WALL ST., SOUTH ST. SEAPORT. 2 miles, city walk. Bowling Green area, the Bull, Trinity Church and graveyard; Wall St.; Pearl St.; to So. St. Seaport area, which historic area soon to be overrun by real estate interests. Bring lunch or eat locally. Meet 11:00 at Bowling Green in front of Museum of American Indian. #4 or #5 to Bowling Green or #1 or R to South Ferry area. Bring sunhat, liquids. L-Susan B.; 718-275-7654. Call to confirm; rain may cancel. Joint walk; members and friends(nonmembers\$3).

7/18 SAT, 3 BEACH WALK. 2– 3 miles from Sheepshead Bay to Brighton. Meet 11:30 a.m. at Sheepshead Bay stop outside station on Sheepshead Bay Ave. Easy walk. Call to confirm. Call before 10 p.m. Joan Mendelson, 973-230-0761. Nonmembers: \$3.

7/18 SAT, BATT-BEAR TRAIL: STATELINE TONYACK. 7 miles on the Long Path, extending through Tall Mountain and the Old Erie RR bed. One steeper descent en route to an optional dinner in Nyack. Return by nearby bus stop. Meet: PABT South Wing by the Commuter Statues, before 8:45 AM. Bring lunch and water. Bus departure at 9:15 AM (bus 9A, gate 220 or at 9:40 AM from the GWBBT, platform 20). Leader: Marvin Malater 718-376-3608, must call for hike status or information. Joint hike. Nonmembers: \$3.

7/18 SAT, NIGHT HIKE, GARRISON, NY. Moderate Walk, Approx.10 miles. We will do a night walk on the trails around Garrison, NY at a slow pace (You can't go fast in the dark!) and treat this like a day hike in the dark with frequent stops and rests. Easy path in the area. In the morning we'll go into town and have breakfast at a diner, take the train back and sleep at home. Bring at least two good flashlights and extra batteries. This will be an enjoyable night in the woods for those that can overcome their fear of the dark. Meet at Grand Central Terminal in the Stationmaster's office. Fare: \$28.00 RT, seniors less. The meeting time may be around 6 or 7 PM. Trains do not start running back to New York until 5 AM. If not sure what to bring e-mail me at nyhiker50@verizon.net for information, or watch for postings on MeetUp (Need to E-mail me for the time and site). Leader: Mike Puder. Nonmembers: \$3.

7/19 SUN, EAST RIVER PROMENADE. Meet Leader BOB WARD (718-471-7036) in front of the Rusk Institute, 34 St. & First Avenue at 11:00am for a moderately slow but steady paced walk along the East River Promenade from 34 St. to South Ferry. Bring lunch & beverage. Joint with other clubs. Members only.

7/19 SUN, WAGNER COLLEGE/CLOVELAKES PARK. 4-7 flat mile with one hill (drop off available). Beautiful views around the Campus. Bring lunch/plenty water. Sneakers OK. NO SMOKING ON HIKE. Take any train downtown to Staten Island Ferry Terminal and meet at the waiting room to take 10:30 a.m. boat. We'll ride the # 61 or 62 to the stop before Clove Lakes Park. Leader: Rolande Chapeau. Members only.

7/25 SAT, MAIN LIBRARY AND GREENWICH VILLAGE. About 5 miles. City Walk – see Greenwich Village sites. Bring lunch, water, sun hat, sun screen. MEET: 11:00 AM at 5th Avenue and 42nd Street in front of the library. Take F train to 42nd Street or take 4, 5, 6 train to 42nd Street and walk to 5th Avenue. Call to confirm. Leader: Ellen Juro 212- 861-4267. Nonmembers \$3.

7/26 SUN, APPALACHIAN TRAIL PAWLING TO HARLEM VALLEY. 12 miles. We will walk on the A.T. through the Pawling Nature Preserve and continue on to a spectacular viewpoint on Ten Mile Hill. Then we will come down the Ten Mile River camping area and then back on roads to the Harlem Valley-Wingdale Station of Metro North. Pizza, Chinese restaurant, Dunkin Donuts, and diner near end of hike. Meet in Grand Central Station in the comfortable Station Master's office across from Zaro's on street level. This is a challenging and difficult hike with many steep hills to climb and descend; Late return is expected. Fare: \$33.75 RT, seniors less. Bring a working flashlight and some extra food. We go rain or shine. A wonderful day full of knock-out gorgeous views for those who can handle its rigors. Leader: Mike Puder. E-mail me at nyhiker50@verizon.net any time up to 1 day before the hike. You can also watch for postings on MeetUp (need to E-mail me for the site and time). Nonmembers: \$3.

7/26 SUN, PROSPECT PARK. Moderate Pace 3-6 miles Loop (drop off points). Meet 11:30 am (BEFORE LUNCH) at the northeastern entrance to the park, Across Street Grand Army Plaza and Brooklyn Public Library (next to food vendor trucks). We will walk the East and West Drive Loops, around Lake, up to Maryland Monument, past Boathouse. Stop for Lunch at Bluestone Café Lakeside. Directions: Take #2 or #3 Train to Grand Army Plaza – walk to entrance. BRING or BUY LUNCH, WATER, SNACKS. Optional Dinner After. Phyllis Spisto 516-547-0497 cell/text preferred. Joint hike. MEMBERS ONLY.

7/30 THURS, JONES BEACH CIRCULAR, 5 miles, moderately brisk pace, flat. Hike the Beach and Bay and Swim at Jones Beach. Bring lunch, water, swimsuit and sun protection. MEET: Penn Station L.I.R.R. Ticket Window at 9 AM. Buy R.T. ticket to Freeport, Bus to Beach. Must call Leader Wednesday Evening, July 29th, only for information on hike status. Leader: Ludwig Hendel 1-718-626-3983. Members Only.

8/1 SAT, FIELDSTON, RIVERDALE PARK AND POSSIBLY INWOOD PARK. 7 to 10 miles, moderate, some hills. Several drip-off points. Walk through the residential area of Fieldston and the wilderness of Riverdale Park. Then we may go to

Inwood Park. Bring lunch and water. Please call 917-842-9490 any time (24/7) starting Wednesday for the meeting place and time. Leader: Leonard Morgenstern. Nonmembers: \$3.

8/2 SUN, GOVERNORS ISLAND. Meet in the Governors Island Ferry Terminal at the Battery in time to meet the group and catch the 11:30 am ferry. Last year's construction is mostly finished, so we should be able to walk the whole perimeter of the island, enjoying great views and cooling sea breezes. Bring lunch and water; food is available on the island but expensive and hard to find. Leader: Ken King 631-991-8170, nhochike@optonline.net. Co-leader Robert Ward. Members only.

8/6 THURS, BLYDENBURGH COUNTY PARK. 7 miles at a moderate pace, some ups and downs. Take the 9:14 train to Smithtown (change at Hicksville); return will be from the same station. We'll walk around Blydenburgh lake and view the ducks and turtles. Bring lunch and water and wear boots as the trail can be muddy in spots. Bring water and lunch. Fare round trip: \$26.50/18. Rain cancels. Leader: Pat Belanoff, 212 568-2052. Call after Monday, but not after 9:30 PM or email padaulton@gmail.com but you must check to make sure hike is on. Joint hike. Members only.

8/8 SAT, ROCKAWAY BEACH WALK. Meet at 74th and Roosevelt train terminal at information booth. We will take bus 53 to Rockaway. Meet: 11:30 a.m. Bring lunch, subway and bus fare. 2 – 3 miles. Call to confirm before 10 p.m. Joan Mendelson, 973- 230-0761. Nonmembers: \$3.

8/9 SUN, RIVERDALE AND FIELDSTON STROLL. 3 miles. Find out what an F.P.O.A. is. See how the Surfs live better than you do. No smoking on trip. Meet: Broadway and 207 Street, Northeast Corner at 1:30 PM. Metrocard or 2.75 in coins. Leader: Mayer Wiesen 1-516-671-2095 to 10:30 PM. Joint Hike. Nonmembers: \$3.

8/9 SUN, LIBERTY STATE PARK. Leaders: Bob Ward (718-471-7036) and Kenneth King (631-991-8170). MEET LEADERS AT THE LAST STOP ON THE "E" TRAIN, THE WORLD TRADE CENTER STOP, OUTSIDE THE TURNSTYLES AT 11:00. We will take a Hudson River ferry across to Liberty State Park, walk the Hudson River promenade and over to the Bergen-Hudson Light Rail and PATH to 32 St. Forecast of heavy rain cancels. Bring lunch & beverage. Joint walk. Members only.

8/15 SAT, SUNNYSIDE TO ASTORIA. 2 1/2-3 miles, city walk. Historic housing development of Sunnyside Gardens; Astoria Movie Studios; Socrates Sculpture Garden; Isamu Noguchi Museum optional. Meet 1pm in front of Dunkin Donuts on Queens Blvd between 45-46 St.; #7 line to 46 St. and Queens Blvd., north side. Bring sunhat, liquids. L-Susan B.; 718-275-7654; call to confirm; rain may cancel. Joint walk; members and friends (nonmembers \$3).

8/15 SAT, ROCKAWAY PARK BEACH HIKE AND SWIM. 5-6 miles. Moderate pace, about 4-5 hours on boardwalk. Finish between 3:00-4:00 PM. Walk along boardwalk from Beach 90th St. to end of boardwalk near 5th street. After lunch walk back to subway station at Beach 44th street where walk will end. Drop off points with access to subway along walk route. Bring lunch, water, and bathing suit. MEET: 11:00 AM at subway station at Beach 90th street. Take JFK A-Train to Broad Channel, change for S-train at Broad Channel and exit S-train at Beach 90th street. Meet outside subway station. Rain cancels. . Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709, Email: eleibow@verizon.net; Cell phone 201-850-9649 only on day of walk after 10:00 AM. Nonmembers: \$3.

8/15 SAT, CLOSTER DOCK ROAD TO PIERMONT PALISADES. 10 miles at a moderate-to-brisk pace. Mostly level terrain with mild hills and a range of up-and-down rock steps. Hike passes through elements of the Long Path by State-Line, Tallman Mountain State Park, and Piermont. Bring lunch and water. MEET: No later than 8:45 AM at the Port Authority Bus Terminal, South Wing, by the white commuter statues. Bus departs at 9:15 AM, o/w to Closter Dock Road, NJ (bus 9A, gate 220), arriving at 10 AM. Bus also available at GW Bridge at 9:40 AM. Call leader, Marvin Malater, 1-718-376-3608 for hike status and info. Nonmembers:\$3.

8/15 SAT, COLD SPRING. We will hike in the Cold Spring area. This is a slightly challenging day on several trails, especially the Nelsonville Trail. Late return possible. Meet at Grand Central Terminal in the Station Master's office Fare: \$28.00 RT, seniors less. Leader: Mike Puder. E-mail me at nyhiker50@verizon.net any time up to 1 day before the hike for information. You can also watch for postings on MeetUp (need to E-mail me for the site and time). Nonmembers: \$3.

8/16 SUN, RIVERSIDE PARK. a very leisurely stroll of around 2 miles in Riverside Park and along the Hudson. Riverside Park is widely regarded as Manhattan's most spectacular waterfront park, and one of only eight officially designated scenic landmarks in NYC. Meet 10:30 inside the Broadway and 116 station on the #1 subway line, but outside the

turnstiles. If it is not too crowded, we'll plan to have lunch at the Boat Basin Cafe on 79th St., overlooking the park and the river. Otherwise, we'll go on to Ollie's at Freedom Place. Please email or call me to make sure that the walk is on, and if you have any questions. Bob Susser, rsusser@aol.com, 212-666-4371. Members only.

8/20 THURS, FIRE ISLAND LIGHTHOUSE CIRCULAR. 6 miles, moderately brisk pace, flat. Hike the Beach, Bay, Swim at Fire Island and climb the Lighthouse. Bring lunch, water, swimsuit and sun protection. Meet: Penn Station L.I.R.R. Ticket Windows at 9 AM. Buy R.T. ticket to Babylon, Bus to Beach. Must call Wednesday Evening, August 19^h only for information on hike status. LEADER: Ludwig Hendel 1-718-626-3983. Members Only.

8/22 SAT, GREEN-WOOD CEMETARY. Moderate Pace, 3-6 Miles Loop (drop off points). Meet 11:45am (BEFORE LUNCH). Inside Green-Wood, next to Restroom. Directions. Take R train to 25th St station in Brooklyn and walk east (uphill) one block on 25th St. BRING or BUY LUNCH, WATER, SNACKS. Phyllis Spisto 516-547-0497. Joint Walk. MEMBERS ONLY.

8/23 SUN, NEW ROCHELLE PARKS ALONG THE WATER, 4 miles, easy/slow pace, rest stops, drop-off points. We will walk along the water passing by the College of New Rochelle. Bring lunch, water and sunscreen. Too hot & rain may cancel, call. Meet 11 AM at IRT #6 Pelham Bay station token booth (last stop in Bronx) to catch W45 Bee-Line bus (bring MetroCard). Leader: Helen Mangione-Yee 212-348-5344 call to confirm Sat. evening (8/22) 8-9 pm ONLY. Nonmembers: \$3.

8/29 SAT, HIGHLIGHTS OF NORTHERN CENTRAL PARK. We'll start with the Dana Discovery Center (bathrooms!); then we'll go up to the Blockhouse, which was built during the War of 1812, and is the oldest structure standing in the park; then through the North Woods, a forested area which few visitors to the park ever see; then up the Great Hill (nice views, but at 135' above sea level, not quite as high as the name makes it sound); then through the Loch and the Ravine, and finally lunch in the Conservatory Garden (bring lunch and beverage). Meet 10:30 at the benches outside the Dana Discovery Center, just a few steps left after the entrance to the park at 110th St. and Lenox Ave. You get there by taking the No. 2 or 3 subway to 110th St., exiting at the south end of the station. or take a northbound 2, 3, or 4 Madison Ave. bus. Around a mile altogether at a very leisurely pace, with many stops. Please email or call me to make sure that the walk is on, and if you have any questions. Bob Susser, 212-666-4371; rsusser@aol.com. Members only.

8/29 SAT, BROOKLYN'S BEST BLOCKS (PART IV) ALONG THE L TRAIN BEDFORD AVENUE TO BROADWAY JUNCTION. 8-12 essentially flat miles at a moderately brisk pace. Follow the vectors of Brooklyn hipsterfication from its birthplace in Williamsburg to its next frontier in East New York, picking up L Magazine "best" blocks along the way. Bring lunch, snacks and water. E-mail (preferred) or phone leader a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint Hike. Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain. Nonmembers: \$3.

8/30 SUN, SUNSET PARK. The Brooklyn neighborhood south of Greenwood Cemetery, north of Bay Ridge, and west of Borough Park is named for its eponymous park, which, looking westward, offers a magnificent view of the harbor. Once home to a thriving waterfront (under redevelopment), the polyglot neighborhood is now characterized by the city's largest Chinatown, in the eastern part, and a Hispanic area just to its west. Be prepared to walk at least six miles to experience Sunset Park in all its variety, but there are convenient drop-off points. Meet 11 a.m. outside the 59th Street station on the N and R lines in Brooklyn. Leader: Robert Halasz 212-866-3563, cell 917-482-9757, call if weather dubious. Nonmembers: \$3.

9/5 SAT, BROOKLYN SHORELINE. Moderate Pace, 3-6 miles (drop off points). Meet 12N (BEFORE LUNCH). Outside (Downstairs) at SW Corner "D" train station, Bay Parkway Station. Walk the shoreline pathway from Bay Parkway, to the Verrazano-Narrows Bridge, and continue along the shoreline to Owls Neck Park. The southern most point of Brooklyn, with beautiful views of the Lower Harbor, Statue of Liberty, WTC, Fort Wadsworth, Fort Hamilton. BRING or BUY LUNCH, WATER, SNACKS. Optional Dinner After. Phyllis Spisto 516-547-0497 cell/text preferred. Joint hike. MEMBERS ONLY.

9/6 SUN, STATEN ISLAND GREENBELT, 10 Miles. Woods with some hill work at a decent pace but several rest stops. Lunch on Moses Mtn. Blue Trail to Yellow (side to Moses) with some interesting local trails then out on the White Trail to Willobrook Park. Bring loads of water and bug repellent. Yes we have deer in Staten Island with deer ticks. Learn to follow markers. Members will take turns leading. Meet: You will take the S.I. Ferry to meet on the Staten Island side. Contact leader for exact times. LEADER: Brian J Dawson, 718-967-0855 call week before to hear recorded message to confirm leader is not working. Registration is NOT required just call to hear go ahead or email night.hiker.nyc@gmail.com. Members only.

9/6 SUN, WATERFRONT PARKS – NEW ROCHELLE TO LARCHMONT, about 4-5 miles, slow easy pace, rest stops, ups & downs, road walking. We'll walk along the water from Hudson Park to Manor Park. Bring lunch/water. Meet 11 AM at IRT #6 Pelham Bay station token booth (last stop in Bronx) to catch #45 Bee-Line bus to New Rochelle (bring Metrocard). Return via Metro-North or #60 bus to the Bronx. Leader: Helen Mangione-Yee 212-348-5344 call to confirm Saturday evening (9/5) 8-9 pm ONLY. Nonmembers: \$3.

9/7 MON, LIBERTY STATE PARK, N.J. 5-8 miles, flat and easy pace on paths (drop off available). Museums and great views of the harbor. We may continue our walk to Hoboken to see the delightful new shorter promenade along the shore to get there (possibly dinner in a Thai Restaurant). Bring lunch/plenty water. Sneakers O.K. NO SMOKING ON HIKE. Take 4,5,6 to B.B. CityHall Stop OR R Subway to City Hall Stop and meet at 10:00 a.m. in City Hall Park by the big fountain. We'll have to locate the entrance to the Path to get to Grove St Stop in N.J. Fare: Have to find out? But bring change! Leader: Rolande Chapeau. Members only.

9/12 SAT, HUNGARIAN PASTRY SHOP. Central Park north to 110th Street. Return by Riverside Park to 34th Street. Midway a stop at the Hungarian Pastry Shop (111th and Amsterdam Avenue) for an optional coffee/Danish break. Bring lunch and water. MEET: 10 AM at the Time-Warner Building Atrium by Columbus Circle. Take the A, D, #1 train to 59th Street Station. Call LEADER: Marvin Malater 1-718-376-3608 must call for hike status or information. Nonmembers: \$3.

9/12 SAT, LOWER EAST SIDE SNYDER SCHOOLS MARATHON. We'll cover the blocks from 23rd Street south to Chatham Square, looking at 40-plus remarkable turn-of-the-twentieth-century public schools, along with many other interesting sights. MEET at 9:45 a.m. so we can leave promptly at 10:00. Email jean.arrington@gmail.com for the meeting place the week of the walk, or call. Leader: Jean Arrington, 646-290-4119. Nonmembers: \$3.

9/13 SUN, LOWER EAST SIDE TO CHELSEA HIGHLINE, Approx 6 miles. We will meet at Delancey and Essex Streets @ 11:00AM at the SW Corner in front of McDonalds or just inside. Take F subway to Delancey Street. We will walk thru the LES and East Village, then to the West side and from the beginning of the Highline to the end. We may stop along the way for some short food stops both in the LES and East Village. Please bring some cash for food or bring your lunch which you can eat when we get to the Highline which will be about 2PM. Rain cancels. Walk will end about 4PM. Leaders: Sarina & Mary Preferred contact is email. SarinaM@msn.com Tel only on day of the walk: 212-924-8412. Nonmembers: \$3.

9/19 SAT, DUMBO, BROOKLYN BRIDGE PARK, BKLYN. HTS. PROMENADE. 2 1/2 miles, easy pace, city walk. Artist galleries, famous bakery, chocolate store, waterside parks and carousel, view N.Y. skyline. Meet 12:30 pm, after lunch at F train York St. stop (York and Jay St., Dumbo) outside station. Bring liquids, sunhat. Leader-Susan B.; 718-275-7654. Call to confirm; rain may cancel. Joint walk; members and friends only (nonmembers \$3.)

9/19 SAT, VERONA, N.J. Easy walk through beautiful park and arts festival. Meet in Verona, De Camp Bus Lines to Lakewood and Bloomfield Aves. Be at bus stop at 12 p.m., or go from Port Authority and take the #33 De Camp Bus. Bring lunch. Bus fare. Call to confirm before 10 p.m. Joan Mendelson, 973-230-0761. Nonmembers: \$3.

9/19 SAT, HUDSON RIVER SHORE PATH. UPPER NYACK TO HAVERSTRAW. 9-10 Miles, moderately brisk pace, flat with some ups and downs. Follow the Hudson River north past some towering cliffs of Hook Mountain and High Tor to Haverstraw. Return from Haverstraw. Bring lunch and water. MEET: 9 AM at PABT near Commuter Statues. Buy OW. Ticket to Upper Nyack. Must call Friday evening, Sept. 18, only for info on hike status. LEADER: Ludwig Hendel 1-718-626-3983. Members Only.

9/19 SAT, WILHELM VON KNYPHAUSEN 1780 RAID MEMORIAL HIKE PART I - ELIZABETH POINT TO ROSELLE PARK, NJ. First in a series of hikes starting in Elizabeth tracing more or less the 1780 route Hessian commander von Kynphausen took (in part) and might have taken had he been successful (he wasn't) marching through the Hobart Gap to destroy the Continental Army in Morristown. 8-12 essentially flat miles at a moderately brisk pace on city streets and park paths. Bring lunch, snacks and water. E-mail (preferred) or phone leader a week before the hike for meeting time and place. Leader: Craig Nunn (dystopicnj@gmail.com or 551-206-6823) Joint Hike. Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain.

9/20 SUN, HI-LINE CHALLENGE Meet Leaders Bob Ward (718-471-7036) and Ken King (631-991-8170) ON THE SOUTHWEST CORNER OF 14 St. & Seventh Ave. at 12:00 for a steady slow-paced NON-STOP walk on the entire length of the Hi-Line. Do not plan to eat lunch on this walk as it will be over by 2:00pm. Joint with other clubs. Members only.

9/20 SUN, BAYRIDGE TO CONEY ISLAND. 5-6 miles, moderate pace on flat terrain. Finish between 3:00-4:00 PM. Walk along Narrows to Coney Island taking in beautiful views of the bay area along the Narrows. Walk from subway station to pathway along the Narrows to Surf and Stillwell Ave and end by Nathan's in Coney Island. Subway station at end of walk is across the street from Nathan's. Bring lunch and water or purchase lunch at Caesar's Bay Bazaar. Meet 11:00 AM outside the last stop of R Subway Line 95th Street and 4th Ave in Bayridge. Rain cancels. Must call or email to confirm that walk is on. Leader: Edward Leibowitz, 201-332-1709, Email: eleibow@verizon.net ; Cell phone 201-850-9649 only on day of walk after 10:00 AM. Nonmembers: \$3.

9/24 THURS, RONKONKOMA TO BAYARD CUTTING ARBORETUM: on the Long Island Green Belt. 8 miles at a moderate pace. Terrain is almost all flat, but boots are best because the trail can be muddy in places. We'll walk through Connetquot State Park, look at the fish hatcheries there, and end up at Bayard Cutting Arboretum where we can get tea/coffee. Meet at Penn Station/34th St. in the LIRR ticketing area, at the latest 9A.M., to take the 9:14 AM train to Ronkonkoma, arriving at Ronkonkoma 10:37 (check schedule for any changes). Return from the Great River LIRR station. Fare round trip: \$26.50 / \$18 for seniors. Bring lunch and water. Rain cancels. Leader: Pat Belanoff, 212-568-2052. Call after Monday, but no calls after 9:30 PM, or email padaulton@gmail.com but you must check to make sure hike is on. Joint hike. Members only.

9/26 SAT, RIDGEWOOD TO BUSHWICK. Relaxed, steady pace, level. In December Ridgewood got its' 4th historic district. We will walk through all of them and then to the Vander Ende-Onderdunk House (\$3 donation) the oldest Dutch house in NYC. Next, into Bushwick with top-notch graffiti, passing the site of an historic Mafia killing. Look at one or two old breweries before ending at the Montrose Ave stop on the L train. Meet 10:45 for 11AM start at Fresh Pond Rd stop on the M train. Use stairs marked Fresh Pond Rd. Bring lunch, beverage. Call to confirm and for transit update. Leader: Richard Sklar 718-782-7732. Nonmembers: \$3.

9/26 SAT, TURKEY MOUNTAIN PARK. 8 miles, flat except for one steep hill and descent, moderate pace. Climb up to top of the mountain for gorgeous fall foliage views. We'll continue south on the North County Trail way and over the awesome bridge over the reservoir. Bring lunch/plenty water. **HIKING BOOTS RECOMMENDED. NO SMOKING ON HIKE.** Board the Harlem Line from GCT (42nd St) at 9:51 am to Pleasantville, arriv. 10:42 to board W15 Bus at 10:48 to Crown Heights Rd Stop. (Please use the train bathroom, we'll have to catch the bus ON TIME!) Fare: (O/W only) \$10.25/Srs. \$6.75, N.Y. Metrocard for bus. Return by bus to White Plains, train to N.Y. \$8.75/Srs.5.75. OR from W.P. take Bus W60 to #2 subway in the Bronx. Leader: Rolande Chapeau. Members only.

9/27 SUN, HOBOKEN—FALL ARTS AND MUSICAL FESTIVAL. Meet 11:30 at Hoboken waiting room. Take Path or N.J. Transit Bus 126. Eat in Hoboken. Fare \$2.25 (senior) or \$4.50. Call to confirm: Joan Mendelson, 973-230-0761, before 10 p.m. Nonmember: \$3

9/27 SUN, FERRY POINT PARK. 7 miles, moderate pace, mostly level. In St. Raymond's Cemetery visit the graves of Father Duffy and Billie Holiday. Proceed to Ferry Point Park then north on Hutchinson River Parkway Walkway. Take No 6 train to Westchester Sq, East Tremont Avenue, and meet 1 PM after lunch, on sidewalk at the base of exit stairs. Metrocard. LEADER: Joel Pomerantz 1-212-691-3844 eves before 10 PM. Joint hike. Rain Cancels. Nonmembers: \$3.

9/27 SUN, ROCKLAND RAMBLE. 9 miles, moderate steady pace. Ups, downs and rocks. Hiking boots needed. Long Path from Nyack to Piermont. Optional add-on: abandoned railway right-of-way to Sparkill. Bring lunch, water, snacks. No access to eateries at lunchtime. Meet at Port Authority Bus Terminal, South Wing, by the white commuter statues. 8:50 for 9:15 Rockland Coach bus. O/W Nyack Fare: \$9:25/ Seniors \$4:55. Awful or dangerous weather cancels. Leaders: Cricket Giese Parker (212.924.2171). cgiese7@gmail.com and Oliver Wayne (201.840.4145). Joint hike. Members only.

9/27 SUN, QUEENS WATERFRONT, PART 2. Distance: 15 miles. Walk the Queens waterfront from Flushing to Bayside. Walkthrough Flushing, College Point, Malba, Whitestone, Fort Totten, and Bayside. Moderate pace. Some drop-off points. Important: Bring water and lunch. There is no place to obtain food where we will be having lunch. Meet: Main Street station, #7 train, at 9:00 a.m., northeast corner (by AT&T store). Leader: Bill Wrublewski. Cell: 646-369-0279. Email: summer.time101@verizon.net. Nonmembers: \$3.

10/3 SAT, BELMONT LAKE STATE PARK/GREENBELT, Moderate Pace 3-6 miles Loop (drop off points). Belmont Lake State Park, located in West Babylon is a 463-acre day use park bisected by Carll's Creek and Belmont Lake. Meet 12N at

Babylon Train Station Waiting Room. Take 10:25 am arriving at 11:42am or any other Train that arrives by 12N. BRING LUNCH, WATER, SNACKS *Phyllis Spisto 516-547-0497 Cell/Text Preferred*. Joint Walk. Members Only.

10/4 SUN, LITERARY BROOKLYN: WHERE THE TREES GROW, 8 - 10 miles, moderate pace, multiple opportunities to drop off. Explore the neighborhoods that nurtured and were celebrated by three distinguished Brooklyn writers: Williamsburg (Betty Smith, *A Tree Grows in Brooklyn*), Bedford Stuyvesant (Paule Marshall, *Brown Girl, Brownstones*), and Brownsville (Alfred Kazin, *A Walker in the City*). We will begin in Williamsburg and end in Brownsville, visiting homes, schools, churches, synagogues, libraries, and parks as we walk the streets brought vividly to life in these autobiographical novels and memoirs. Readings from the books will mark each stop along the way. Call or email the leader, Joyce Zonana, joyce.zonana@gmail.com, 609-670-1112, for meeting place and time anytime on Saturday (10/3) until 10 pm. Nonmembers: \$3.

10/4 SUN, NEWARK, BRANCHBROOK PARK. Easy walk, 2 to 3 miles. Bring lunch/water or eat later in Newark if desired. Meet 11:30 A.M. in Penn Station Newark waiting room. Take PATH train, NJ Transit train (Penn Sta.) or NJ Transit bus #108 (PABT). Call to confirm. Leader: Joan Mendelson, 973-230-0761. Nonmembers: \$3.

10/8 THURS, ROCKLAND LAKE TO OSSINING, VIA HAVERSTRAW AND THE FERRY. About 6 ½ miles at a moderate (not slow) pace. Mostly flat with a gradual slope down to the river. Meet at the George Washington Bus Station by 9am at the latest to take the 9:10 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There we can get the 4:15 ferry to Ossining and then Metro-North back to the city. Bring lunch and water. Rain cancels. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus \$10.20; half for seniors. Leader Pat Belanoff. Call after Monday, 212 568 2052, but no calls after 9:30 PM, or email padaulton@gmail.com but you must check to make sure hike is on. Joint hike. Members only.

10/10 SAT, WESTSIDERIVER WALK; ART AND DINNER, 5 miles. River vistas from 14th to 57th Streets along the Hudson. At 57th Street, a tour of some selected art galleries and a finish at Parnell's for an optional early dinner. Excellent fare and generous servings, inclusive of a choice of drink for about \$21, including tip. Meet 10 AM at the NW corner of 8th Avenue at 14th street. (A/C/E trains). Bring a light lunch/snack and water. LEADERS: Marvin Malater and Joani Auerback. Phone: Marvin: 1-718-376-3608 call for hike status and information. Joint walk. Nonmembers: \$3.

10/11 SUN, QUEENS COUNTY FARM MUSEUM. Meet leader Bob Ward (718-471-7036) at the entrance to the Queens County Farm Museum, on Little Neck Parkway at 1:00pm. Take Q-45 bus from Kew Gardens-Union Turnpike "E" & "F" train. Allow about a half hour on the bus. Leave bus at Little Neck Parkway. Cross Union Turnpike and walk 3 blocks to the entrance. Bring lunch & beverage. Joint walk. Members only.

10/11 SUN, FLAT ROCK BROOK NATURE CENTER, N.J. 7-8 miles hike, easy to moderate with small hills. Walk over the George Washington Bridge and on to the long path trail to Allison Park, then on to Flat Rock, woody area with a nature center. Very scenic fall foliage. Return by bus (short ride). Bring lunch/plenty water. WEAR HIKING BOOTS. NO SMOKING ON HIKE. Take A train to 175th St, be in the 2nd subway car and walk to GWBB Station waiting room at 10:30 am. info area. Fare: Bring change for N.J. return bus. Leader: Rolande Chapeau. Members only.

10/17 SAT, VERDI'S OTELLO AND THE BRONX. We'll have a short, brisk walk exploring the Jerome Reservoir area of the Bronx, ending at 12:30 at Lehman College for the 1:00 free Metropolitan Opera Simulcast of Otello. MEET at 9:45 a.m. so we can leave promptly at 10:00. Email jean.arrington@gmail.com for the meeting place the week of the walk, or call. Leader: Jean Arrington, 646-290-4119. Nonmembers: \$3.

10/18 SUN, VALHALLA TO TARRYTOWN. 8 miles, moderate pace with some ups and downs. In 2 cemeteries visit graves of Ziegfeld, Billie Burke, Danny Kaye, Cagney, Ruth and others! Cross Grasslands Reservation to Eastview. Abandoned railway around Tarrytown Reservoir. Bring lunch/water and hiking boots. MEET: 9:30 AM Grand Central Station info booth for 9:47 AM train to Valhalla. RT \$19.50/Seniors \$13:00. LEADER: Joel Pomerantz 1-212-691-3844 eves before 10 PM. Rain cancels. Nonmembers: \$3.

10/21 WED, POCANTICO TRAILS. Most of the principal trails at a moderate pace. About 10 total miles. Buy a round trip ticket to Philipse Manor on the 9:20 Hudson Line train from Grand Central Terminal. Bring lunch and something to drink. We arrive at Philipse Manor at 10:13. Leader: Oliver Wayne 201.840.4145. Members only.

10/24 SAT, WESTERLEIGH, STATEN ISLAND. 3 miles, easy pace. Beautiful suburban area where Nat'l Prohibition Party purchased land in 1800's; beautiful historic houses, trees in Fall plumage. Meet inside lobby of S.I. Ferry Bldg., UPSTAIRS IN WAITING AREA, 1 pm, after lunch; to transfer to S.I. ferry (it's free), then at St. George, transfer to S62 bus (Metrocard). Get off at Victory Blvd. and Jewett Ave. Bring liquids and sunhat. Leader: Susan B.; 718-275-7654. Call to confirm; rain may cancel. Joint walk; member and friends only (nonmembers \$3).

10/24 SAT, HEMPSTEAD LAKE STATE PARK. 6 easy mile, flat around the lakes. Lovely place, very impressive in every season. Bring lunch/water. Light boots/good sneakers. NO SMOKING ON HIKE. From Penn Station, lower level, board the LIRR to Babylon Line train at 10:43 a.m., from Flatbush, Brooklyn at 10:43 and from Jamaica at 11:22 arriv. 11:38 (TIME CHANGE (not available), take the closest time around it, when known I will send it through the Internet). Fare: O/W \$9.00/Srs\$6.25. Leader: Rolande Chapeau. Members only. When known,.

10/24 SAT, CRANBERRY LAKE, 7 miles. Moderate with some ups and downs. Enjoy a woods walk on marked trails in a Westchester County Park. See the leaves changing colors. Lunch on picnic benches by a museum. No smoking on trip. Meet: Grand Central Terminal, Upper Level Information Booth at 9:25 am. Cost: R/T \$20.50/seniors less; half from and to The Bronx. Leader: Mayer Wiesen 1-516-671-2095 call to 10:30 pm. Joint Hike. Members only.

10/24 SAT, SANS SOUCI NATURE PRESERVE. 8-9 miles, moderately brisk pace, flat. Explore Sans Souci (French for worry-free) gardens, lakes and trails, a former Cranberry Farm. Bring lunch and water. MEET: 9 AM at Penn. Sta. L.I.R.R. ticket window. Buy R.T. ticket to Sayville. Must call Friday evening Oct 23 only for info on hike status. LEADER: Ludwig Hendel 1-718-626-3983. Members Only

10/25, SUN, HISTORIC GRAVESEND, 3 miles, easy pace and walk. Colonial history, old roads and historic homes. Optional early dinner in area. Take F train to Kings Highway stop or bus B82. Meet at 1:00 PM at HSBC Bank at Kings Highway and McDonald Ave (481 Kings Highway). Leader: Alan B. Hecht (718-252-2161). Nonmembers: \$3.

10/25 SUN, DOODLETOWN. Meet Leaders BOB WARD (718-471-7036) and KEN KING (631-991-8170) near the information booth, North Building. PABT for a ride to Bear Mountain Fare \$13 seniors. We will visit the region's "ghost village" and then walk to the Bear Mountain Inn to take the bus back. Bring, lunch, beverage and some snacks as we are expecting late return. Please call Bob Ward AFTER 8:00pm to register and for other information. Joint walk. Members only.

10/25 SUN, ROCKEFELLER PRESERVE, 12 to 13 miles at a moderate pace. Walk from Philipse Manor through Sleepy Hollow Cemetery to the Rockefeller Preserve. Walk on former carriage roads alongside brooks and the Pocantico River. Important: Bring lunch and water. Meet: Grand Central Station at 9:00 a.m. by the information booth to take the 9:20 train to Philipse Manor, arriving at 10:12. Check schedule for possible changes. Fare round trip from Grand Central: \$19.50/\$13 seniors; from Marble Hill \$10/\$5 seniors. Rain cancels. Leader: Bill Wrublewski: Cell: 646-369-0279. Email: summer.time101@verizon.net. Nonmembers: \$3.

10/29 THURS, PALISADES TO ENGLEWOOD. 7 miles at a moderate pace. We'll meet at the George Washington Bus Station at 9:30, walk across the bridge, around the Fort Lee Historical Park, and then descend to the shore. A gentle slope down, but a steeper walk up; the remainder of the walk is mostly flat. Bring lunch and water. Return will be by bus from Englewood: \$4.20 to George Washington Bus Station.; \$6.10 to Port Authority; half for seniors. Leader: Pat Belanoff, 212-568-2052. Rain cancels. Call after Monday, but not after 9:30 at night, or email padaulton@gmail.com but you must check to make sure hike is on. Joint hike. Members only.

10/29 THURS, TENAFLY NATURE PRESERVE AND LOST BROOK PRESERVE. About 8 miles of walking at a moderate pace in this nearby area. Bring lunch and something to drink. Meet at 9:30 at the improvised waiting area at the George Washington Bus station at 178th Street and Fort Washington Avenue. We get the 9A bus which leaves at 9:40, to the Clinton Ave. stop on Rte. 9W. Questions call me, Oliver Wayne, at 201.840.4145. Members Only.

10/31 SAT, GOWANUS CANAL. About 4-5 miles, walking on streets. Explore Brooklyn's own Venice, its vistas and occasional aromas. Learn about its unusual history and view examples of its ongoing gentrification even as the area seeks to emerge from more than a century of environmental damage. Meet 11 am outside Union St. subway stop (R train). After lunch, we may continue through Carroll Gardens. Leader: Robert Halasz (home 212-866-3563, cell 917-482-9757, or rjhalasz@yahoo.com). Nonmembers: \$3.

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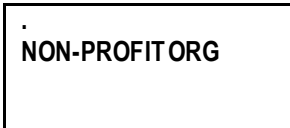
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