



# Wanderings

newsletter of the  
**OUTDOORS CLUB INC.**

<http://www.outdoorsclubny.org>

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The Outdoors Club is a non-profit 501(c) (3) volunteer-run organization open to all pleasant adults 18 and over which engages in hiking, biking, wilderness trekking, canoeing, mountaineering, snowshoeing and skiing, nature and educational city walking tours of varying difficulty. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. Leaders may refuse to take anyone who lacks ability or is not properly dressed or equipped. These precautions are for your safety, and the wellbeing of the group. Your participation is voluntary and at your own risk. Remember to bring lunch and water on all full day activities. Telephone the leader or Lenny if unsure what to wear or bring with you on an activity. **Nonmembers pay one-day membership dues of \$3.**

**CHECK THE MAILING LABEL ON YOUR SCHEDULE FOR EXPIRATION DATE! RENEWAL NOTICES WILL NO LONGER BE SENT. It takes 4-6 weeks to process your mailed renewal.** However, it takes **only a few days to process PayPal payments** (see website for link to PayPal).

Some leaders will be asking members for proof of membership, **so please carry your membership card or schedule on activities** (the expiration date is on the top line of your mailing label).

**Need to confirm** has been underlined in the outing write-up. Please be sure to confirm that the outing will take place. We have also underlined any special instructions from leaders.

**INQUIRIES, COMPLAINTS AND SUGGESTIONS** – Mail to the post office box, call Lenny Morgenstern at 917-842-9490 or send an e-mail to [hbmnyee@yahoo.com](mailto:hbmnyee@yahoo.com).

**TRANSPORTATION.** Please pay attention to the hikes and outings that require advance registration. Remember that our schedule is printed months in advance, so it is a good idea to check transportation information the week of the trip. As you know, the subway system is constantly being repaired and improved, routes may change or be unavailable, especially on weekends. Dial 511 for all MTA services. Here are some useful transportation phone numbers: New York City Travel info: 212-330-1234 and 718-243-7777; Long Island Railroad: 516-822-5477 or 718-217-5477; Metro North: 212-532-4900. You can also log onto: [www.mta.nyc.ny.us](http://www.mta.nyc.ny.us).

Please remember winter walking may involve icy paths and extreme cold. Please dress appropriately to avoid frostbite and falls – wear hiking boots, face protection, a hat, gloves, use a cane, layer clothing, bring a hot beverage.

Don't hibernate! Come and join us often on walks and hikes. You'll have a wonderful time with fun companions.

Happy Holidays!

Stephanie, Dorothy, Carol and Helen

**11/1 FRI, BALDWIN, LONG ISLAND.** 5 miles. Parks in Freeport and Baldwin; some street walking; easy hike. Bring lunch and water. Meet 11:30 AM at the Baldwin LIRR station (Babylon branch), downstairs in the waiting room—it will take about 1 hour from NYC. Check <http://www.mta.info> or call 718-217-5477 for schedules. We will return to the same station. Hike canceled if raining. Leader: John Socolick. Serious weather-related questions or emergencies only, call 516-359-1591 or send e-mail to [Finch1149@yahoo.com](mailto:Finch1149@yahoo.com). Nonmembers: \$3.

**11/2 SAT, CITY ISLAND, BRONX.** 2+ miles, easy pace (smell the sea air). See historical local buildings of interest on this tiny island with short streets and seafood restaurants. Lunch at the end of the main drag (City Island Avenue). Continuously running bus back to the subway. Meet at 11:00 AM indoors at subway turnstile at Pelham Bay Park stop of the 6 train (last stop). Allow time to use restrooms (at neighborhood take-out) before boarding Bx29 local bus to the first stop on City Island. Bring sunhat and liquids. Call to confirm. Leader: Susan B. (718-275-7654). Joint hike. Nonmembers: \$3.

**11/2 SAT, RUSSIAN 9/11 MEMORIAL CIRCULAR.** 8-9 miles, flat, steady pace. Visit the former Army Terminal, now a cruise ship pier, to see the Memorial, followed by the Harbor Esplanade and Hudson County Park. Bring lunch and water. Meet in the park on the corner of 32nd Street and 6th Avenue for the PATH train to Hoboken and Hudson/Bergen Light Rail to Bayonne. Bring small change. Call leader for departure time on Friday (Nov. 1<sup>st</sup>) evening only. Leader: Ludwig Hendel (718-626-3983). Nonmembers \$3.

**11/2 SAT, TARRYTOWN to HASTINGS.** 6/7 miles fall-foliage hike with drop off points. Easy terrain on the Aqueduct, a favorite of Mr. Glatz. Visit gardens with scenery all along. Bring lunch/plenty water. SNEAKERS OK. NO SMOKING ON HIKE. Take IRT 1 train to last stop, 242<sup>nd</sup> Street and meet downstairs by Van Cortlandt Park. Bus W1 departs at 11:00 a.m to Lyndhurst Stop. Fare: bring MetroCard. Leader: Rolande Chapeau. Members only.

**11/3 SUN, BRIDGEBAGGING THE GOWANUS CANAL AND ON TO RED HOOK.** 8-12 essentially flat miles at a moderately brisk pace, mainly on city streets and some park paths. Walk over all five pedestrian accessible bridges crossing the Gowanus Canal, then walk through Red Hook connecting interesting things with some focus on industrial sites. Lunch probably from Red Hook Park food vendors or bring your own; also, bring snacks and water. Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain. E-mail (preferred) or phone leader a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or [dystopicnj@gmail.com](mailto:dystopicnj@gmail.com)). Joint hike. Nonmembers: \$3.

**11/3 SUN, CENTRAL PARK RESERVOIR WALK.** We will walk around the reservoir and uptown on the FDR Drive. Bring lunch and water. Meet 11:00 AM at the northeast corner of East 68th Street and Lexington Avenue (by the 6 train stop). Call to ensure that walk is on. Leader: Ellen Juro (212-861-4267). Nonmembers: \$3.

**11/3 SUN, ROCKEFELLER PRESERVE.** A leisurely stroll along some of the pleasant carriage paths and intimate wooded lanes with panoramic vistas which characterize this beautiful state park preserve. (Please note: this is a stroll, not a "hike", and is obviously not designed for those looking for aerobic exercise.) Lunch at Stone Barns Center; buy it there or bring your own. Take the 9:20 AM MetroNorth Hudson Line train from Grand Central, arriving in Philipse Manor at 10:12 AM. This train may also be boarded 9:40 AM at the Marble Hill station, one block from the 225th Street stop on the 1 train. Sit in the first or second open car of the train. Drivers can park (free) just above the train station. Back in time for the 4:10 PM train to NYC. Call or email to be sure that the walk will take place, if you have any questions, or if you would like or can offer a ride from NYC. Sorry, but no children, no pets, and no smoking. Leader: Bob Susser (212-666-4371 or [rsusser@aol.com](mailto:rsusser@aol.com)). Nonmembers: \$3.

**11/9 SAT, SOUTH SHORE LONG ISLAND,** 4 short easy hikes, a nature center and a mansion. Join Seatuck Environmental Association at their two nature centers: Scully Estate (Suffolk County Environmental Center) and the South Shore Nature Center. After a lunch break, we can go to the South Shore Nature Center for another walk. Since this is a Suffolk County park, there may be a fee (under \$5) but we will pay the reduced "member" rate. Bring lunch, liquids, and shoes/boots that might get muddy. Rain or snow cancels. The center is located about 1-2 miles from the Islip LIRR train station (Babylon branch). Take either LIRR or E/J subway trains to Sutphin Boulevard-Archer Avenue and meet Babylon train leaving Jamaica at 9:41 AM (arrives Islip at 10:30 AM). If you need a lift from the Islip station, please call me several days before at my home at 516-931-2073. For reservations and directions, please call SEA at 631-581-6908 or register online at [www.seatuck.org](http://www.seatuck.org). Leader: Joanne (cell 516-503-3069 only if lost). Nonmembers: \$3.

**11/9 SAT, BROOKLYN BOTANIC GARDENS,** 1-2 miles, very slow easy pace with rest stops. We will slowly walk around the gardens to see the fall leaves, and then take a bus (bring Metrocard) to Greenpoint for a late lunch. Admission free before noon. Take #2 or #3 subway to

Eastern Parkway stop (right after turnstiles, right after steps). Meet outside the Eastern Parkway entrance to gardens at 11:40 AM. Bad weather cancels. Leader: Helen Mangione-Yee 212-348-5344 call to confirm day of walk only 8-9 AM. Nonmembers: \$3.

11/10 SUN, EAST SIDE WALK. 4-5 miles, moderate pace. Walk along East River walkway to Houston Street. Stop at Bereket on Houston Street for the best lentil soup in Manhattan at end of walk. Bring water. Rain or snow cancels. Meet at 11:00 AM in front of the Barnes and Noble on 86th Street just east of Lexington Avenue (4 5 6 trains to 86th Street). Please call or e-mail to confirm that walk is on. Leader: Ed Leibowitz (cell phone 201-850-9649 only on day of walk between 10:00 and 11:00 AM; at all other times, please call 201-332-1709 or send e-mail to eleibow@verizon.net). Nonmembers: \$3.

11/10 SUN, MARINE PARK. 5-mile afternoon easy hike on newly refurbished beautiful trails. Great views of the bay with waterfowls. Bring snacks/water. **NO SMOKING ON HIKE**. Take IRT # 2 train (BE IN THE 1<sup>ST</sup> CAR) to Flatbush Brooklyn College, last stop. Get off on the right side by elevator and meet PROMPTLY at 1:20 p.m. by bus pole B41 (on Flatbush Av.) for a short ride to the King Plaza (last stop) near the park. Leader: Rolande Chapeau. Members only.

11/16 SAT, BATT-BEAR TRAIL, state line to Nyack. 7 miles. Autumn colors on the Long Path, extending through Tallman Mountain, and the Old Erie RR bed. One steeper descent enroute to an optional dinner in Nyack. Return by nearby bus stop. Bring lunch and water. Meet at PABT South Wing by the Commuter Statues before 8:45 AM. Bus departure at 9:15 AM. (Bus 9A, Gate 220, or at 9:40 AM from the GWBBT, platform 20). Leader: Marvin Malater (call 718-376-3608 for status or information). Joint hike. Nonmembers: \$3.

11/16 SAT, OSCAWANA PRESERVE, THE MC ANDREWS ESTATE/GRAFF SANCTUARY. 7-8 mile hike with some ups and downs. Waterfall, cascades, the preserve and 100 acres of ruins Grand Estate many once own by notable figures such as Crugers Family a tobacco Baron and now open to the public on new beautiful well marked blazers in the big tree forest. Bring lunch/water. **HIKING BOOTS RECOMMENDED. NO SMOKING ON HIKE**. Take the Hudson Line train from GCT (42<sup>nd</sup> St) to Croton-Harmon at 9:53 a.m. OR from Marble Hill at 10:12. Then we'll take a short scenic bus ride W14 to Maiden Lane Stop. Fare: O/W \$9.75/Srs.\$6.50 (less from Marble Hill), Metrocard for bus. Leader: Rolande Chapeau. Members only.

11/17 SUN, CROTON AQUEDUCT. About 5 miles, slow pace. Completed in 1842, the Croton Aqueduct once carried water to New York City through an underground pipe. It is no longer used, but the right of way in Westchester County makes an easy, flat hiking trail. Take the 11:20 AM MetroNorth Hudson Line train from Grand Central, arriving at 12:02 PM at Dobbs Ferry (check schedules for exact time); meet leaders at Dobbs Ferry Station. Return train to Grand Central from Yonkers. Rain cancels. Leaders: Ken King (631-991-8170, cell day of hike 516-238-7694, nhochike@optonline.net) and Phyllis Spisto (516-547-0497). Joint hike with NHOC. Nonmembers: \$3.

11/17 SUN, MARINE PARK. 3 miles, easy pace. See Marine Park, nature trails, Lott house, and optional early dinner. Take Q train to Kings Highway; sit in first car (from Manhattan) and use Quentin Road exit. Meet at 1:00 PM downstairs inside station. Bring MetroCard for B100 bus. Bad weather cancels! Leader: Alan Hecht (718-252-2161). Nonmembers: \$3.

11/20 WED, LINCOLN CENTER CONCERT HIKE. 3-5 miles some ups and downs. See Upper West Side sights, Riverside Park, and a chamber music concert at Alice Tully Hall. Meet leader at 10:00 AM at Verdi Square on 72nd Street just north of the 1 2 3 subway station. Join us for lunch at a local Chinese restaurant or bring your own to eat nearby. The free concert will be at 1:00 PM. We will check out the Performing Arts Library, see a garden, a church and wind up at Columbus Circle. Drop out whenever you are tired. Rain may change instructions, Leader: Bettye Soffer. Call 718-720-1593 from 7-9 PM to register and confirm walk and for more information. On day of hike, call cell phone 718-612-6284. Joint hike with other clubs. Nonmembers: \$3.

11/20 WED, LOST BROOK PRESERVE CIRCULAR. Moderate-paced hike of about 8 miles. Bring lunch and something to drink. Meet at 8:50 AM near the ticket windows at the George Washington Bridge Bus Terminal in Upper Manhattan. Buy a one-way ticket to the Clinton Avenue stop on Route 9W (Tenafly). Call to confirm. Leader: Oliver Wayne (201-840-4145). Members only.

11/23 SAT, WALK ACROSS NEW JERSEY PART VIII: CRANFORD TO SUMMIT. 8-12 miles at a moderately brisk pace with some substantial ups and downs, including some trails which may be rocky. Eighth in a series of about a dozen hikes crossing the Garden State. Walk through various parks and along streets from Cranford to the

Watchung Reservation, cross the Watchung Reservation, then continue along streets and parks to Summit. Bring lunch, snacks, and water. Awful or dangerous weather cancels. Contact leader after 7:00 AM morning of hike if uncertain. E-mail (preferred) or phone leader a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint hike. Nonmembers: \$3.

11/23 SAT, CHELSEA. Easy walk. Visit architectural sights, and art galleries. Bring lunch/water. Meet: 11:30 AM NW corner 23<sup>rd</sup> Street & 8<sup>th</sup> Avenue. Bad weather cancels! Call to confirm that hike is on before 10:00 P.M. on Friday evening Nov. 22<sup>nd</sup> only. Leaders: Joan Mendelson and her dog Archie (973)230-0761. Nonmembers: \$3.

11/24 SUN, BOSCOBEL HOUSE AND GARDENS, COLD SPRING. Walk in town and have lunch/brunch in town or bring lunch and eat it outside. This is a lovely town on the water with many antique shops. Excursion ticket (\$35.25/seniors \$27) includes ticket for the train, shuttle to Boscobel House, and admission to the house, gardens, and art gallery. If you want only to visit the town and walk, you can just purchase the train ticket to Cold Spring. Bad weather cancels. Meet at 9:00 AM at GCT under the information clock for 9:43 AM Hudson Line train. Calls only on day of walk after 8:00 AM. Leader: Sarina Meones (212-924-8412, SarinaM@msn.com). Nonmembers: \$3.

11/24 SUN, GREAT NECK TO KINGS POINT MERCHANT ACADEMY. 7 miles. Walk through the land of "The Great Gatsby," the original "West Egg" of the novel. See where the 1% lives, then on to the Kings Point Merchant Marine Academy located on Long Island Sound. Tour this 82-acre campus that has the former mansion of Walter P. Chrysler (previously owned by Henri Bendel) and houses the American Merchant Marine Museum in another mansion. Bring photo ID for admission to the Marine Academy, and a Metrocard for the bus back to the train station. Bring water and lunch as well. Take the 9:18 AM Port Washington LIRR train from Penn Station, arriving in Great Neck at 9:55 AM. Meet leader at Great Neck RR station. Fare: O/W \$8.00/senior \$5.50. Leader: Bill Wrublewski (cell 646-369-0279 or summer.time101@verizon.net). Nonmembers: \$3.

11/24 SUN, MUSEUM OF CHINESE IN AMERICA. Not a hike, but a 1-2 hour visit to this Chinatown museum (admission: \$5-10). Afterwards, if the weather is good we'll take a leisurely stroll down several streets where I will point out "people's history" sites of interest and a stop to see a holy temple, ending with an optional late afternoon lunch (\$5.50). Call leader to RSVP and to get meeting time and place no later than Thursday before. RSVPs will not be taken after Thursday as I need to arrange with restaurant. Leader: Clara Diaz (212-677-3175). Nonmembers: \$3.

11/28 THU, FLUSHING BAY PROMENADE. 5-6 miles, flat and easy. Walk through Corona to lovely promenade along the Bay with its magnificent views of the Harbor. Continue through Flushing Meadows Corona Park. Surprise on the way! Bring snacks/water. Sneakers OK. NO SMOKING ON WALK. Take the #7 Flushing Line to 111<sup>th</sup> St Station and meet downstairs west corner of 111 St/Roosevelt Ave. at Noon. Fare: MetroCard. Leader: Rolande Chapeau. If rain we'll go for lunch. Members only!

11/30 SAT, HARLEM AT THE TURN OF TWO CENTURIES – THROUGH THE LENS OF ITS PUBLIC SCHOOLS. Eight or so miles at a brisk pace with numerous dropping-off points. Meet 10:00 a.m. This walk will look at grand public schools that Charles B. J. Snyder provided Harlem, when it was home to prominent citizens and had the lowest percentage of immigrants of any neighborhood in the city. Then the decade of the 1920s transformed it and its schools with the departure of 110,000 whites and the arrival 80,000 African-Americans. In the 1960s and 1970s more than half of Harlem's historic schools were demolished or abandoned and those that remained were the victims of deferred maintenance. Is the 21<sup>st</sup> century seeing another transformation back to the old privilege and prestige but with a new inclusiveness? Bring lunch and water. Email jean.arrington@gmail.com for the meeting place the week of the hike, or call. Leader: Jean Arrington, 646-290-4119. Nonmembers: \$3.

12/1 SAT, ARCHITECTURAL WALKING TOUR OF NORTH WILLIAMSBURG. We will walk in Williamsburg about 2-3 miles, at a moderate pace, for about 2 hours, then there will be an optional inexpensive BBQ lunch/dinner. Bad weather cancels Take L train to Bedford Avenue and exit at Driggs Avenue (front of train if coming from Manhattan). Meet at 11:00 AM on the street in front of Crif Dogs at Driggs Avenue and North 7th Street. Calls only on day of walk after 9:00 AM. Leaders: Sarina Meones (212-924-8412, SarinaM@msn.com) & Mary Durkee (609-915-1949). Nonmembers: \$3.

12/4 WED, CALL BOB WARD TO REGISTER FOR NYBG TRAIN SHOW 718-471-7036 (after 8:00 PM).

**12/7 SAT, CHINATOWN.** 3 miles, easy pace (smell the food). Learn some history and changes in the expanding place called Chinatown. See landmarks, and ancient graveyard, architecture specific to area, then have snack/supper there after hike. Meet at 2:00 PM at NE corner of Canal Street and Broadway (closest trains are the 6, N, Q, and R to Canal Street). Bring liquids and dress for season. Call to confirm. Leader: Susan B. (718-275-7654). Joint hike. Nonmembers: \$3.

**12/7 SAT, EDWARD HOPPER ART CENTER, NYACK.** We will walk around Nyack, which is a lovely town full of antique shops, and have lunch there. Then, we will visit the house Edward Hopper lived in; there is an easy/moderate scenic walk/hike near his home. Bad weather cancels. Excursion ticket (\$22.25/seniors \$16) includes ticket for the train, Tappan Zee express bus to Nyack, and entrance to the house. Meet at GCT at 9:45 AM to take the 10:20 AM Hudson Line train to Tarrytown. Calls only on day of walk after 8:00 AM. Leaders: Sarina Meones (212-924-8412, SarinaM@msn.com) & Mary Durkee (609-915-1949). Nonmembers: \$3.

**12/7 SAT, RIVERSIDE PARK.** A leisurely stroll in Riverside Park and along the Hudson from 116th Street to 66th Street, followed by some lunch at the new Ollie's at 67th Street and Freedom Place. Meet at 11:00 AM inside the 116th Street station on the 1 train line, but outside the turnstiles. Call or email beforehand to be sure that the walk is on, and if you have any questions. Leader: Bob Susser (212-666-4371 or rsusser@aol.com). Nonmembers: \$3.

**12/7 SAT, SUNKEN MEADOW STATE PARK CIRCULAR.** 8 miles, moderate pace, some ups and downs. Hike on hills and beach overlooking Long Island Sound past former state hospital ruins (now parkland). Bring lunch and water. Meet at Penn Station, LIRR level by ticket windows; purchase a round-trip ticket to Kings Park (Port Jefferson line). Call leader for departure time on Friday (Dec. 6<sup>th</sup>) evening only. Leader: Ludwig Hendel (718-626-3983). Nonmembers \$3.

**12/8 SUN, STATEN ISLAND TOWN & WOODS.** 4-5 miles. Take the Yellow Trail from Richmond Road and Spring Street to top of Todt Hill and then wander through residential areas with interesting homes and holiday decorations. If time and weather permit, we will reenter the woods and continue to High Rock Park. Take the 10:30 AM Staten Island Ferry from Manhattan and then the S74/S76 bus to meet leader at Spring Street (two Metrocard fares). Allow for transportation delays, or you may miss the boat. Bring lunch and beverage; hiking boots recommended. Leader: Bettye Soffer. Call 718-720-1593 from 7-9 PM to register and confirm walk and for more information. On day of hike, call cell phone 718-612-6284. Joint hike. Nonmembers: \$3.

**12/8 SUN, EAST VILLAGE.** Easy walk. Visit architectural sights, eat in East Village. Meet: 11:30 AM at Starbuck's Astor Place and Lafayette. Bad weather cancels! Call to confirm that hike is on before 10:00 P.M. on Saturday evening December 7th only. Leaders: Joan Mendelson and her dog Archie (973)230-0761. Nonmembers: \$3.

**12/11 WED, BRONX BOTANICAL GARDENS.** About 2 miles. Join us for our annual pilgrimage to the Bronx Botanical Gardens to see the Holiday Train Exhibit with its ever-changing sets. For information and to register, please call leader Bob Ward at 718-471-7036 (after 8:00 PM) at least one week in advance. Nonmembers: \$3.

**12/11 WED, POCANTICO TRAILS.** 11-12 miles, mostly moderate pace. Bring lunch and something to drink. Take the 9:20 AM Hudson Line train at Grand Central station to Philipse Manor (get round-trip ticket). Leader boards train at Riverdale at 9:45 AM. Call to confirm. Leader: Oliver Wayne (201-840-4145). Members only.

**12/14 SAT, BRONX RESORTS.** Approx. 6-7 miles, moderate steady pace. Take the 6 train to Westchester Square. Meet at 10:40 AM at the corner of East Tremont and Westchester Avenues. We will take a bus and then walk along the water to Ft. Schuyler where we'll eat the lunches we have brought. Afterwards, we'll continue along the water until we reach Pelham Bay Park, enjoying the views and interesting communities. Leader: Robert Halasz (212-866-3563, cell 917-482-9757). Nonmembers: \$3.

**12/14 SAT, PIERMONT TO NYACK.** 9 miles, moderate-to-brisk pace via a Tallman Mountain Loop and northward trek on the Old Erie RR bed. Terrain: level-to-mild hills, with one steeper descent; especially cheerful in light snow. The trails culminate in an optional dinner in Nyack. Bring lunch and water. Meet before 8:45 AM at PABT South Wing by the Commuter Statues in the ticketing area. Departure at 9:15 AM outward to Piermont, NY, O/W bus 9A, gate 220, arriving at Piermont at 10:17 A.M. Call leader for hike status, schedule or info. Leader: Marvin Malater (718-376-3608 for status or information). Joint hike. Nonmembers: \$3.

**12/14 SAT, PROGRESSIVE-ERA PUBLIC SCHOOLS AND OPERA.** Meet: 10:00 a.m. We'll have a short, brisk walk looking at public schools in Williamsburg designed by the legendary Charles B. J. Snyder, ending at the Grand

Street High School for the 1:00 Metropolitan Opera Simulcast of Verdi's *Falstaff*. Bring or pick up lunch. Email [jean.arrington@gmail.com](mailto:jean.arrington@gmail.com) for the meeting place the week of the hike, or call, 646-290-4119. Nonmembers: \$3.

12/15 SUN, VAN CORTLANDT PARK on the JOHN MUIR TRAIL. 7-8 mile hike with some ups and downs. Beautiful scenery. We'll also cover other trails. Bring lunch/hot drink. **HIKING BOOTS RECOMMENDED. NO SMOKING ON HIKE.** Take #1 train to Van Cortlandt 242<sup>nd</sup> St, last stop and meet by park side **PROMPTLY** at 10:45 a.m. Leader: Rolande Chapeau. All weather, if snow, we go! Members only!

12/21 SAT, AFTERNOON STROLL IN CENTRAL PARK. 4-5 miles, easy walk, moderate/easy pace. Bring water. Meet: 2:00 PM at Time Warner Building lobby at Columbus Circle. Leader: Ray Lin (212) 865-1950 No calls after 10 PM, email: [RJLIN@yahoo.com](mailto:RJLIN@yahoo.com) (prefer). Nonmembers: \$3.

12/22 SUN, HARLEM WALK. From the Museum of the City of New York (pay what you want) to the Studio Museum (free on Sundays) walking past the Morris Park Historic District. 4 miles, easy pace, rest stops. Arrive early and visit the Museum (opens 10am) on your own. Meet noon (after bathrooms) inside 5<sup>th</sup> Avenue entrance of the Museum of the City of NY (1220 Fifth Av at 103 St). Take #6 subway to 103<sup>rd</sup> Street. Pizza stop for lunch but you can bring lunch/beverage & eat in park. Inclement weather cancels. Leader: Helen Yee 212-348-5344 call morning of walk to confirm 8:30-9:30 am only. Nonmembers: \$3.

12/25 WED, HUDSON RIVER PROMENADE to BATTERY PARK. Easy 6-7 miles or less. Walk along the beautiful river. We will pass through various little parks and enjoy gorgeous views of N.J. Bring snacks/hot drink. Sneakers OK. **NO SMOKING ON WALK.** Take E or C or # 1 train or cross-town M23 bus to 23<sup>rd</sup> St and meet outside by Vitamin Shoppe at 11:15 AM corner of 8<sup>th</sup> Ave. Leader: Rolande Chapeau. If rain/snow, we'll go for lunch. Members only!

12/28 SAT, HARLEM WALK. Easy, slow pace, rest stops. Meet 1:00 PM in front of the Schomburg Center, 135<sup>th</sup> Street & Lenox Avenue. Take 2/3 subway to 135<sup>th</sup> Street or buses M102 or M7. Walk includes St. Nicholas and the Hamilton Heights Historic Districts and St. Nicholas Park. Will circle and return to Schomburg Center. Eat and use bathrooms before walk. Some ups/downs, several staircases down. Temperature below 20°, rain, snow, icy conditions cancels! Leader: Helen Mangione-Yee call to confirm morning of walk 9-10 AM ONLY 212-348-5344. Nonmembers: \$3.

12/29 SUN, BROOKLYN WALK. 5-6 miles, moderate pace. Meet at 10:00 AM at PATH station at 33rd Street (preferred meeting place) in Manhattan directly in front of the PATH turnstiles in station (same station as B D F N R Q 34th Street subway), or alternately at 86th Street and 4th Avenue in Brooklyn at 11:00 AM. From 33rd Street, we will take the R train to 86th Street and 4th Avenue, then walk to Dyker Heights to see the elaborate Christmas decorations on some of the homes in this area. After Dyker Heights, walk to the new Chinatown in Sunset Park area to have lunch (optional). After lunch, visit the Borough Park (Jewish Orthodox) area of Brooklyn. Return via subway from Borough Park. Rain or snow cancels. Please call or email to confirm that walk is on. Due to ongoing construction issues with the R train, I might have to change this walk. Leader: Ed Leibowitz (cell phone 201-850-9649 only on day of walk between 10:00 and 11:00 AM; at all other times, please call 201-332-1709 or send e-mail to [eleibow@verizon.net](mailto:eleibow@verizon.net)). Joint hike. Nonmembers \$3.

1/1/2014 WED, BRONX PATHWAY to KENSICO DAM PLAZA. 7-8 mile hike, easy flat, drop off available. Hike on the paved pathway along the Aquahung River with scenic views to the handsome Dam. Bring lunch/hot drink. Good Sneakers OK. **NO SMOKING ON HIKE.** From GCT (42<sup>nd</sup> St) board the Harlem Line train to Hartsdale at 10:23 AM. OR from Fordham at 10:40 where the leader boards, arriving at 11:09. Fare: O/W Hartsdale \$8.50/Srs. \$5.50. Leader: Rolande Chapeau. Return from White Plains train or W20 Bus to Bedford Pk D/4 subways. Snow/shine. Members only.

1/4 SAT, CROTON AQUEDUCT. 8-9 miles, moderate pace with some ups and downs. Hike the Historic Aqueduct from Croton/Harmon Hill to Croton Dam, then continue on level trails to Ossining. Bring lunch and water. Be prepared for snow and ice! Meet at GCT info booth for round-trip Hudson Line train to Croton-Harmon. Call leader for departure time on Friday (Jan. 3<sup>rd</sup>) evening only. Leader: Ludwig Hendel (718-626-3983). Nonmembers \$3.

1/4 SAT, HIGHLIGHTS OF CENTRAL PARK. Approx. 2- to 3-mile leisurely walk through some relatively little-known areas of Central Park, including Harlem Meer, The North Woods, The Great Hill, The Ravine, Belvedere Castle, and The Ramble, ending up around 1:00 PM for lunch, either at the Boat Basin Café or some other

convenient restaurant. Take the 2 or 3 train or a northbound Madison Avenue M2, M3, or M4 bus to 110th Street & Lenox Avenue and meet there at the entrance to the park at 10:30 AM. Email during the prior week or call the evening before (anytime), to make sure that the walk is on and if you have any questions. Leader: Bob Susser (212-666-4371 or rsusser@aol.com). Nonmembers: \$3.

1/5 SUN, AMERICAN MUSEUM OF NATURAL HISTORY. This museum is huge, with much more than can be seen in one visit, but our objective is the seasonal butterfly exhibit, with all sorts of live butterflies, after which we will tour whatever strikes our fancy. If the weather is good we might end by walking through Central Park to Columbus Circle. Meet at 12:00 PM in the lower level of the museum, which is entered directly from the subway (C train to 81<sup>st</sup> Street), without climbing stairs to street. Leaders: Ken King (631-991-8170, cell day of hike 516-238-7694, nhochike@optonline.net) and Phyllis Spisto (516-547-0497). Joint hike with NHOC. Nonmembers: \$3.

1/5 SUN, JONES BEACH BOARDWALK, leisurely walk on boardwalk looking for birds. Bad weather cancels! Take 9:10 AM LIRR train Babylon branch train arriving at Wantagh station at 10:06 AM (check schedule or call LIRR at 718-317-5477). Drivers meet train at eastbound platform. Leader: Frank Bamberger (718-457-5159, fbamberger@nyc.rr.com). Nonmembers: \$3.

1/11 SAT, QUEENS WATERFRONT, PART 1. 12-13 miles. Walk the Queens waterfront from Long Island City to Flushing, at least as much of it as we can get to. Pass the Socrates Sculpture Park, the Steinway mansion, and the Lent-Riker-Smith homestead (circa 1654). Many drop-off points. Bring water and lunch, as food and water will not be available where we will take our lunch break. Meet at southwest corner of Vernon Blvd and 50th Avenue at 9:00 AM. Take the 7 train to the Vernon Boulevard-Jackson Avenue station. Check to make sure that the 7 train is running; if it is not, the meeting place will still be the same as the MTA will provide a shuttle bus. Leader: Bill Wrublewski (cell 646-369-0279 or summer.time101@verizon.net). Nonmembers: \$3.

1/12 SUN, CENTRAL PARK AND METROPOLITAN MUSEUM OF ART. We will hike the north end of Central Park, with its waterfalls, ravines, and Harlem Meer and then explore the Metropolitan Museum of Art, either before or after hiking, depending on weather. Meet at 1:00 PM at the Central Park entrance at 90th Street and 5th Avenue. Hike is cancelled if raining, snowing, or wind chill is below 20°F. Leaders: Ken King (631-991-8170, cell day of hike 516-238-7694, nhochike@optonline.net) and Phyllis Spisto (516-547-0497). Joint hike with NHOC. Nonmembers: \$3.

1/12 SUN, LOST BROOK PRESERVE/TENAFLY NATURE CENTER. 7-8 miles, easy hike. A lovely nature preserve close to the city, George Glatz favorite. Bring lunch/hot drink and dress warmly. **NO SMOKING ON HIKE.** Take A train to 175th St Station and meet at GWBBT near ticket windows, Bus C9 (Route 9W) leaves at 10:40 A.M. Fare: O/W \$5.00/Srs. \$2.75 with NJ Blue Coupons. Leader: Rolande Chapeau. Light snow, we go. Members only.

1/15 WED, BLUE MOUNTAIN CIRCULAR. Moderately paced hike of around 10 miles in this hilly park near Peekskill. Bring lunch and something to drink. Take 8:58 AM Hudson Line train at Grand Central Station to Peekskill, arriving around 10:10 AM (get round-trip ticket and check schedule). Leader boards train at Riverdale at 9:21 AM. Call to confirm. Leader: Oliver Wayne (201-840-4145). Members only.

1/18 SAT, ROCKWOOD HALL. Moderately paced walk of around 2-3 miles, mostly along the Old Croton Aqueduct from Scarborough over the former site of Rockwood Hall, one of the largest mansions ever built in the US, of which only the foundations remain. Large interesting trees and fine views over the Hudson. Lunch in the cafeteria of Phelps Hospital (very reasonable). Take the 9:20 AM Metro North Hudson Line train from Grand Central, arriving in Scarborough at 10:16 AM. This train may also be boarded at 9:40 AM at the Marble Hill station. Sorry, but no pets and no smoking. Email during the prior week or call the evening before (anytime), to make sure that the walk is on and if you have any questions. Leader: Bob Susser (212-666-4371 or rsusser@aol.com). Nonmembers: \$3.

1/19 SUN, SOUTH BRONX WALK (MELROSE/MORRISANIA NEIGHBORHOODS). City walk, about 4-5 miles, rest stops, easy pace, ups/downs. Take 2, 4, 5 subway or Bx19, B1, Bx2 bus to 149th Street & Grand Concourse. New walk to see new "green" buildings, and landmarked historic districts/buildings. Meet after lunch 12:45 PM at the post office corner of 149th St. & Grand Concourse. Use bathrooms before walk either at McDonalds or Lincoln Medical Center. Walk ends at a Peruvian restaurant. Rain, ice, any snow, temperatures below 20 cancels! Leader: Helen Mangione-Yee call to confirm morning of walk ONLY 9-10 AM 212-348-5344. Nonmembers: \$3.

**1/25 SAT, SNYDER AND NAUGHTON PUBLIC SCHOOLS: A WALK IN BUSHWICK.** Five or so miles at a brisk pace with numerous dropping-off points. Meet: 10:00 a.m. While New York and Brooklyn were still independent cities, each had as Superintendent of School Buildings an outstanding architect, each of whom has left the city numerous landmarked schools. We'll look at those in Bushwick, designed by James W. Naughton until the Consolidation and his death in 1898 and then by Charles B. J. Snyder until his retirement in the 1920s. Bring lunch and water. Email [jean.arrington@gmail.com](mailto:jean.arrington@gmail.com) for the meeting place the week of the hike, or call. Leader: Jean Arrington, 646-290-4119. Nonmembers: \$3

**1/26 SUN, CROTON POINT PARK.** 7 miles, circular hike, easy. Hike the trails with great views of the Hudson Valley. We'll cover the new promenade, the Model Airfield, Nature Ctr., and the Mound. We may see the owls and eagles. Bring lunch/hot drink. Sneakers OK. NO SMOKING ON HIKE. From GCT (42nd St.) take the Hudson Line train at 10:20 AM to Croton Harmon OR from Marble Hill (near 225th St. Sta., subway #1) at 10:40, arriving at 11:28 (TIME CHANGES, CHECK SCHEDULE). Fare: O/W \$9.75/Srs. \$6.50. (less from Marble Hill). Leader: Rolande Chapeau. (You may park in the park (free) and join us on the bridge). Fresh snow, we go. Members only.

**2/1 SAT, THE HELLGATE FERRY ROAD ASTORIA TO NEWTOWN (ELMHURST).** 8-12 miles at a moderately brisk pace on city streets and occasional park paths. Starting on Roosevelt Island, cross bridge to Astoria, then walk more or less along modern streets approximating the alignment of the old road from the East River to Newtown (now Elmhurst). Bring lunch, snacks and water. Awful or dangerous weather cancels; contact leader after 7:00 AM morning of hike if uncertain. E-mail (preferred) or phone leader a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or [dystopicnj@gmail.com](mailto:dystopicnj@gmail.com)). Nonmembers: \$3.

**2/2 SUN, PELHAM BAY PARK.** 7 miles, easy circular hike to Twin Island, Hunter Island and other trails. Variety of winter ducks and may be the owls, scenic harbor. Bring lunch/hot drink. Dress warmly. HIKING BOOTS RECOMMENDED. NO SMOKING ON HIKE. Take # 6 train to last stop, Pelham Bay Station and meet by token booth at 10:30 AM. From Flushing, Bus Q50 on hour or ½-hr to Pelham Bay Station, also Bus Q44 to # 6 train. Fare: MetroCard. Leader: Rolande Chapeau. If snow we go! Cars may park near station. Members only.

**2/8 SAT, DELAWARE & RARITAN CANAL: NEW BRUNSWICK TO BOUND BROOK,** 8-9 miles, flat, moderate pace. Hike the Old Canal Towpath along the Raritan River and Johnson Park, past locks and dams. Bring lunch and water. Be prepared for snow and ice! Meet at Penn Station, NJ Transit ticket area and buy a one-way ticket on the Northeast Corridor line to New Brunswick. Call leader for departure time on Friday (Feb. 7<sup>th</sup>) evening only. Leader: Ludwig Hendel (718-626-3983). Nonmembers \$3.

**2/8 SAT, LITERARY BROOKLYN II.** Approx. 3-4 miles, urban walk. Many prominent writers have lived in Brooklyn Heights at one time or another, including Hart Crane, Thomas Wolfe, Norman Mailer, W.H. Auden, Carson McCullers, and Richard Wright. We will stop and look at where they lived (where possible) and listen to readings of passages that dwell on their surroundings. After lunch, we will continue to Clinton Hill, look at the building where Marianne Moore lived for 37 years, and listen to a reading of her poem in praise of the Brooklyn Dodgers. Meet at 11:00 AM outside the Clark Street stop on the 2 and 3 trains. Leader: Robert Halasz (212-866-3563, cell 917-482-9757). Nonmembers: \$3.

**2/8 SAT, PROGRESSIVE-ERA PUBLIC SCHOOLS AND OPERA.** Meet: 10:00 a.m. We'll have a short, brisk walk looking at Upper East Side public schools designed by the legendary Charles B. J. Snyder, ending at Snyder's Julia Richman High School for the 1:00 Metropolitan Opera Simulcast of Dvorak's *Rusalka*. Bring or pick up lunch. Email [jean.arrington@gmail.com](mailto:jean.arrington@gmail.com) for the meeting place the week of the hike, or call, 646-290-4119. Nonmembers: \$3.

**2/9 SUN, RIVERSIDE PARK.** A leisurely stroll in Riverside Park and along the Hudson from 116th Street to 66th Street, followed by some lunch at the new Ollie's at 67th Street and Freedom Place. Meet at 11:00 AM inside the 116th Street station on the 1 train line, but outside the turnstiles. Call or email beforehand to be sure that the walk is on, and if you have any questions. Leader: Bob Susser (212-666-4371 or [rsusser@aol.com](mailto:rsusser@aol.com)). Nonmembers: \$3.

**2/12 WED, KINGSTON, NJ CIRCULAR.** About 8 miles at a moderate pace. Bring lunch and something to drink. We will meet at the commuters statues Port Authority bus station (go in through the 40th Street entrance). We will return to there from Kingston, NJ. Call to confirm and for meeting time. Leader: Oliver Wayne (201-840-4145). Members only.

**2/15 SAT, (rain date: 2/22 SAT), THE WHITE TRAIL on the Greenbelt, S.I. 8 miles + on fairly good trails. Starting from Willow Brook Lake we'll continue through the end to Hylan Blvd. Bring lunch/hot drink. HIKING BOOTS RECOMMENDED. NO SMOKING ON HIKE. Take any train to downtown and meet in Ferry Terminal on Manhattan side to take 10:30 a.m. ferry. We'll ride the Bus 62 to Willow Brook Pk. Fare: Metrocard. Leader: Rolande Chapeau. If snow we go! Members only.**

**2/16 SUN, BEDFORD-STUYVESANT. City walk, 3-4 miles, easy pace, rest stops. We'll explore this lovely neighborhood and see the many beautiful brownstones, churches and schools some in the Stuyvesant Heights Historic District. Meet 1 PM (Be Prompt!) at Nostrand & Fulton Avenues (look for McDonald's and meet inside, use bathrooms before walk). Take A subway to Nostrand Avenue in Brooklyn. Bring hot beverage. Heavy rain, snow, ice cancels! Leader: Helen Yee 212-348-5344 call morning of walk 9-10 AM only to confirm. Nonmembers: \$3.**

**2/22 SAT, BRONX BOTANICAL GARDEN. Around 2 miles at a very relaxed pace. . No flowers, but plenty of snow-clad trees (maybe) in this winter wonderland. Take the 10:23 AM Harlem Line train from Grand Central, arriving at the Botanical Garden station at 10:42 AM. Fare: O/W \$4 with "City Ticket". Alternatively, take the 4 or D trains to Bedford Park Boulevard and then the Bx26 bus east to the Mosholu Gate entrance or the 2 train to Allerton Avenue and then the Bx26 bus west to the entrance. Meet just inside the Mosholu Gate at 10:45 AM. Admission to the Garden is free on Saturdays until 11:00 AM (but visiting the conservatory [optional] is \$20/\$18 seniors unless you're a member). Lunch in the cafeteria. Sorry, but no pets and no smoking. Email during the prior week or call the evening before (anytime) to make sure that the walk is on, and if you have any questions. Leader: Bob Susser (212-666-4371 or rsusser@aol.com). Nonmembers: \$3.**

**2/22 SAT, BYRAM RIVER GORGE. 6 moderately paced miles. Hike in a green hemlock gorge. Maybe there will be white snow, a blue sky, and a yellow sun. No smoking on trip. Meet at 8:30 AM at GCT upper-level information booth. Fare: R/T \$22/seniors \$13.50, 1/2 to and from the Bronx. Leader: Mayer Wiesen (516-671-2095, before 10:30 PM). Joint hike with other clubs. Nonmembers: \$3.**

**2/22 SAT, THE NEW JERSEY "GOLD COAST." 8-12 essentially flat miles at a moderately brisk pace along park paths and city streets. Walk from Weehawken to Jersey City, mostly along the Hudson River Waterfront Walkway with its spectacular Manhattan views. Bring lunch, water, and snacks. Awful or dangerous weather cancels; contact leader after 7:00 AM morning of hike if uncertain. E-mail (preferred) or phone leader a week before the hike for meeting time and place. Leader: Craig Nunn (551-206-6823 or dystopicnj@gmail.com). Joint hike. Nonmembers: \$3.**

**2/23 SUN, GLEN ISLAND TO THE BRONX. Approx. 4-5 miles, , easy, slow pace, rest stops. Bring snacks/water. We'll walk around Glen Island in New Rochelle, and through Pelham back to the Bronx. Bring snacks & water. Heavy rain, any ice, snow, temperatures below 20 CANCELS! Meet 11 AM at IRT #6 Pelham Bay station token booth (last stop in Bronx) to catch W45 Bee-Line bus to New Rochelle. Bring MetroCard. Walk ends in the Bronx near Bx16 bus with an optional early dinner at IHOP. Leader: Helen Mangione-Yee 212-348-5344, must call to confirm morning of walk 8-9 AM only. Nonmembers: \$3.**

**Check one box**

- INDIVIDUAL (18 and older)...  1 yr. \$12.....  2 yrs. \$18
- FAMILY (one address).....  1 yr. \$20.....  2 yrs. \$28
- SR's (65/older).....  1 yr. \$10.....  2 yrs. \$14
- CONTRIBUTING.....  1 yr. \$30.....  2 yrs. \$50

**MEMBERSHIP**

**APPLICATION**

**DO NOT STAPLE OR SCOTCH TAPE**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ I AM interested in finding out about leadership: Yes \_\_\_\_\_

E- mail Address: \_\_\_\_\_ Mail to: The Outdoors Club (Lenox Hill Station address below)

The Outdoors Club Inc. is a non-profit 501(c) (3) volunteer organization. The leaders of these activities are volunteers, and are not paid professional guides or leaders. Participant is voluntarily participating with knowledge of the risks. Individual participants are expected to engage in activities suitable to their ability, experience and physical condition. All hikers assume the responsibilities and risks of hiking and release the Club, its officers, leaders or substitute leaders from any liability whatsoever for any loss, damage to personal property, and injury however caused of any kind, nature and description.

\_\_\_\_\_  
Signature (**YOU MUST SIGN**) - **ALL FAMILY MEMBERS MUST SIGN**

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THE OUTDOORS CLUB INC.  
LENOX HILL STATION  
P. O. BOX 227  
NEW YORK, NY 10021-0014



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